

Enrichment Programs

Fall 1 2010 SESSION
Sept 7-October 24



Monday Classes

45-60 minutes \$41 members / \$81 non-members
75 minutes \$45 members / \$85 non-member

Toddlin' Tots A: Little Apples Ages 2 – 3.5 years
This class will introduce your toddler to a preschool environment. The goal of this class is to achieve a smoother parent-child separation transition and help children develop and improve their social skills with their peers.
Thursday.....9:30 - 10:45 am.....05226-41

Toddlin' Tots B: Little Pumpkins Ages 2.6 – 3.9 years
This class provides children the opportunity to improve social skills and fine motor skills in a slightly structured setting. Class includes music, story time, free play, arts & crafts, and snack time.
Thursday.....9:30 - 10:45 am.....05226-42

Toddlin' Tots A: I Love Books! Ages 2 – 3 years
Join us as we dive into worlds of silly adventures, funny rhymes, and make believe. Through dramatic play, crafts, music, and reading books, your child will celebrate their love of books. Who knows, we may discover a room full of budding young authors and illustrators as we create our own stories and picture books.
Friday.....9:30 - 10:45 am.....05226-51

Toddlin' Tots B: Wheels on the Bus, Ages 2 – 3 years
This class provides children the opportunity to improve social skills and fine motor skills in a slightly structured setting. Class includes music, story time, free play, arts and crafts, and snack time. This class is designed for children who easily transition from parent to classroom.
Tuesday.....9:30 - 10:45 am.....05226-21
Wednesday.....11:00 am - 12:15 pm.....05226-32

1,2,3, Count with me! Ages 2.9 – 4 years
This class will explore preschool math concepts such as counting, and recognition of numbers, shapes and patterns. This class includes music, story time, free play, arts and crafts, and snack time. This class is designed for children who easily transition from parent to classroom.
Monday.....11:00 am - 12:15 pm.....05226-13
Thursday.....12:30 - 1:45 pm.....05226-43

Alphabetivities Ages 2.9 – 4 years
Explore a different letter of the alphabet each week. Your child will practice writing each letter, learning the sound of each letter, and make a theme related craft. This class includes music, story time, free play, arts and crafts, and snack time. This class is designed for children who easily transition from parent to classroom.
Tuesday.....11:00 - 12:15 pm.....05226-22

Tuesday through Sunday Classes

45-60 minutes \$47 members / \$95 non-members
75 minutes \$53 members / \$99 non-member

Tumble & Create Ages 3.5-5
Combined fun, gymnastics and art. In this class you will start in the gym learning gymnastics skills and tumbling and be transported to our enrichment room where you will have a snack and create exciting art projects.
Monday.....9:30 - 10:45 am.....05229-15
Wednesday.....9:30 - 10:45 am.....05226-37

Little Linguists : Spanish, Ages 3.9-5
Recent studies indicate that the best time for a child to learn another language is during the first 3 – 7 years of life. Join this fun interactive program as we expose your child to early second language learning. Your child will learn Spanish through songs, games, and hands-on play activities.
Tuesday.....12:30 - 1:15 pm.....05226-46

Music & Me: Honk, Honk, Rattle Rattle, Crash!
Songs and activities about planes, trains, cars, buses and boats will explore music and movement concepts of fast and slow, smooth and bumpy, and focused listening. Basic music theory is introduced through singing, chants, finger plays, musical games, creative movement and instrument play. Combined age classes offer an opportunity for siblings to participate together.

1-2 years with parent
Monday.....10:00 - 10:45 am.....05229-11
3-4 years
Wednesday.....10:00 - 10:45 am.....05229-31
1-4 years
Thursday.....10:00 - 10:45 am.....05229-47

Music & Me: Be in the Band 3.9-5 years
Come explore the wonder of making your own instrument. This fun interactive class is a great way to show off your child's creative side.
Friday.....10:00 - 10:45 am.....05229-61

Fairy Tales & Fantasy Ages 3-5 years
Calling all princes and princesses! This class is designed for your little fantasy lover. Your child will dress up, play games, and make crafts. This class is designed for children who easily transition from parent to classroom.
Friday.....12:30 - 1:45 pm.....05226-53

Little Linguists : Spanish, Ages 3.9-5
Recent studies indicate that the best time for a child to learn another language is during the first 3 – 7 years of life. Join this fun interactive program as we expose your child to early second language learning. Your child will learn Spanish through songs, games, and hands-on play activities.
Tuesday.....12:30 - 1:15 pm.....05226-46

Crafty Kids Ages 3.9 - 5

Join us as we explore a variety of crafting materials. Projects may include paint, pastels, beading, charcoal, clay, foam or wood. Bring your imagination and be dressed for a mess.

Tuesday.....4:00 - 5:00 pm.....05226-26

Cooking around the World, Ages 3.9 - 5

Go on a culinary tour as we explore different parts of the world each week. Each country will be explored through books, games, music and by cooking an ethnic recipe. This class is designed for the children who transition from parent to classroom with out much difficulty.

Monday.....12:30 - 1:45 pm.....05226-74

Friday.....11:00 - 12:15 pm.....05226-55

BRAIN GAMES, CHESS & MORE!

taught by "Q" for youth ages 6-13

Explore your mind with Chess and other fun games.

Monday.....6:00-7:15 pm.....05224-13

Cartoon Drawing

Session B, July 26-August 20

Ages 6-9

Come learn to draw your favorite cartoon characters. This class will explore the basics of character drawings, movement and storyboards.

Wednesday.....5:00 - 6:00 pm.....05226-34

THE BEST KEPT SECRETS!

Did you know that the MetroWest YMCA has THREE Early Childhood Centers?



OCP Center, Framingham Branch
Lillian Renaud (508) 879-4420 x51

Framingham State College /MWY Center
Kayte Gorski (508) 626-4084

*Space available in all centers.
Some Financial Assistance is available
Call for more information*



Halloween Party!

Mark your Calendar for our Biggest Party of the Year!

Friday, October 29, 2010
6:00 - 8:00 pm

Join us at the Framingham YMCA for a fun family evening of music, crafts, swimming and games!

\$10 per family.



Pre-School Open Play

with parent

Times valid for Fall 1 session
April 26-June 27

(Free for Members / non-members \$5 child/\$10 per family per visit)
Open to youth Ages 1-6

OPEN GYM / OPEN SPORTS

Climbing equipment, balance beams, mats and other equipment will be set-up for enjoyment in our gym. No preregistration is required.

Mondays Members Only 9:00 - 10:00am
Tuesday 9:00 - 9:40 am
Thursday 9:00 - 9:40 am
Friday 11:00 -11:40 am

PARENTS MUST ACCOMPANY CHILD DURING ALL OPEN PLAY TIME PROGRAMS

BIRTHDAY PARTIES AT THE METROWEST YMCA!

For information on our Birthday parties, please pick up the information flyer at the Member Service desk or email metrowestframbirthdayparty@gmail.com

Looking for a NEW BIRTHDAY PARTY IDEA? Try one of our Vertical Parties or Rock Climbing Parties in Hopkinton. Contact Cynthia Menard at (508) 435-9345