



FREQUENTLY ASKED QUESTIONS ON HIGHFLIGHT:

Q: What days of the week does the program meet?

A: Program meets two days a week after school from approximately 2:00-6:30PM and on Saturdays from approximately 8:00AM-3:00PM
Tuesday-Thursday- Saturday or Wednesday-Friday-Saturday
(The days of the week depend on which group/town participants are from)

Q: What is the nature of the transportation provided?

A: We do after school pickups from most local schools to the day's activity. Transportation home is provided when available.

Q: How many Participants are in each group?

A: Most High Flight Groups are balanced with 6 males and 6 females.

Q: Would my son/daughter be placed with other participants from our town?

A: The "North" group of High Flight is made up of kids of similar ages from the towns of Hopkinton, Holliston and Ashland. The "South" group is made up of primarily Framingham and Natick area students.

Q: What is the ratio of participants to staff/ Instructors?

A: During the week there are two staff/ instructors: 12 participants. On Saturdays there are a minimum of two staff/ instructors, most often three per group. On Trips there are a minimum of three staff/ instructors with the group.

Q: What are the qualifications of the staff/instructors? How have they been trained in the various activities?

A: All three full time staff/ instructors have degrees in psychology/ counseling or related fields of study. All High Flight instructors are required to have a minimum of wilderness first aid, search and rescue, as well as related technical training in ropes course facilitation and rock-climbing. The Community Outreach Director is a Wilderness First Responder and former wilderness EMT, and has over twelve years in the Search and Rescue/ Mountain Rescue field as a member and trainer.

Q: Have the staff/ instructors been CORI checked?

A: Yes, YMCA policy requires all YMCA employees be CORI, Criminal background check.

For more information or to make a referral, please contact Joe Hattabaugh, Community Outreach Director at (508) 879-4420 x 25.