

## 2009 Pool Schedule

June 6 - September 7

### June Hours

|                |                    |
|----------------|--------------------|
| June 6 & 7     | 10:00 am – 8:00 pm |
| June 13 & 14   | 10:00 am – 8:00 pm |
| June 20 & 21   | 10:00 am – 8:00 pm |
| June 27 & 28   | 10:00 am – 8:00 pm |
| June 29-July 3 | 3:00 pm - 8:00 pm  |

### July Hours

|                 |                   |
|-----------------|-------------------|
| July 4 & 5      | 10:00 am -8:00 pm |
| Monday – Friday | 3:00 pm – 8:00pm  |
| Weekends        | 10:00am – 8:00pm  |

### August Hours

|                 |                  |
|-----------------|------------------|
| Monday – Friday | 3:00pm – 8:00pm  |
| Weekends        | 10:00am – 8:00pm |
| August 31       | Closed           |

Beginning August 16th the pool  
will be closing at 7:00pm

### September Hours

|             |                   |
|-------------|-------------------|
| Sept. 1 & 2 | Closed            |
| Sept. 3 & 4 | 3:00 pm-7:00 pm   |
| Sept 5-7    | 10:00 am- 7:00 pm |

*Pool schedule subject to change, so please check  
posted weekly schedules in the Pool Office.*

Family programs such as potluck picnics and double float nights are planned during the summer months, so please check your registration confirmation package for more details.

### Guest Policy

All guests must be accompanied by a Family Swim Club member at all times. The YMCA reserves the right to limit the number of guest based in daily attendance. Call us for more details regarding cost per guest at 508-435-9345.

**Registration Dates**  
Thursday, March 5  
YMCA Members &  
Returning Swim Club  
Members  
Monday, March 23  
Non-Members

  
**The Family Swim Club**  
MetroWest YMCA Hopkinton  
45 East Street  
Hopkinton, MA 01748  
The World's Largest Y  
Member Since 1852 • 508-435-9345

## MetroWest YMCA Hopkinton



### 2009 Family Swim Club Stay Cool at the Pool!



**MetroWest YMCA Hopkinton**  
45 East Street  
508-435-9345

# Hopkinton Swim Club is like having a swimming pool in your backyard!

Lounge around by the pool, enjoy a picnic lunch, the kids can take swim lessons or just hang around with friends. There is so much happening this year at the Hopkinton Swim Club. Beat the heat and join us for a swim this summer! The bath house has been renovated and includes new showers and changing area.

The perfect summer setting is at the MetroWest YMCA Hopkinton. Nestled in the woods along the Ashland Reservoir, the YMCA Hopkinton Center is a cozy and welcoming facility. Rolling woodland trails, a versatile playground, endless fields, outdoor swimming pools, basketball and tennis courts, picnic areas and one of the largest ropes courses in New England — you've got to hang out at the Y this summer.

- ◆ Two Swimming Pools
- ◆ Swim lessons
- ◆ Tennis Courts
- ◆ Volleyball Courts
- ◆ Basketball Court
- ◆ Ball Fields
- ◆ Pavilions
- ◆ Haynes Lodge
- ◆ Hiking Trails
- ◆ Picnic Area with Tables & Grill
- ◆ Play Area for Children
- ◆ Ropes Course
- ◆ Plenty of Parking
- ◆ Float Night
- ◆ Water Carnival
- ◆ Family Fun Nights

## Swim Team

Youth Ages 6-17

MINNOW SWIM LEVEL LEVEL OR ABOVE:

**25 YARDS WITH ROTARY BREATHING  
FLOAT ON BACK**

**TREAD IN DEEP WATER  
FRONT AND BACK CRAWL**

As a learning team, swimmers work on stroke development, competitive skills and increased strength and endurance.

Practice times, meet schedules and general information will be available at the first team meeting.

The season tentatively runs from  
June 29 - August 3.

Parents Meeting, June 10 7:00 pm at the  
Hopkinton Pool

## Swim Lessons

There will be four sessions of swim lessons this summer beginning June 29th. Classes will run Monday-Thursday with Friday being a make up in case of bad weather. There will be three time slots for lessons. 3:15-3:45, 3:45-4:15 and 4:15-4:45. Registration will be at the main office or the pool office. For more information please call (508) 435-9345.

*\*Your current YMCA family, youth or adult membership give you discounted FSC rates and allows your family to use our facility. Family is defined as up to two adults living in the same household and any number of children who are members of their family. The children must be under the age of 18. If 19-23 old, they must be a full-time student. (This the MetroWest YMCA membership policy.)*

## 2009 Family Swim Club Membership Registration

Family Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Tel: \_\_\_\_\_ Work Tel: \_\_\_\_\_

E-mail: \_\_\_\_\_

Please list **ALL** members of your **IMMEDIATE FAMILY** to be registered:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Please circle membership:

|                              | Full Summer | July Only | Aug Only |
|------------------------------|-------------|-----------|----------|
| ___ YMCA Family Member*      | \$285       | \$170     | \$170    |
| ___ YMCA Youth/Adult Member* | \$385       | \$225     | \$225    |
| ___ General Public           | \$485       | \$275     | \$275    |
| ___ Swim Team - FSC Member   | \$95        | NA        | NA       |
| ___ Swim Team Y Member       | \$140       | NA        | NA       |
| ___ Swim Team Non-Member     | \$195       | NA        | NA       |

### Method of Payment

Full payment is due upon registration. Please note refund and cancellation policy in this brochure, as well as the guideline of an immediately family for our Family Swim Club.

- Check       Credit Card  
 Visa     MC     Discover

CC# \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

### Mail to:

**MetroWest YMCA Hopkinton/Family Swim Club  
45 East Street, Hopkinton, MA 01748**

### Refund & Cancellation Policy

If you cancel your membership prior to the start of the season all but \$100 will be refunded. If canceling after the season begins, all but a prorated fee and \$100 will be refunded.