



We build strong kids, strong families, strong communities.

## 2010 Spring I

February 22<sup>nd</sup> 2010 – April 18<sup>th</sup> 2010

MONDAY			
5:00 - 6:00 AM	Masters Swim Team	2:30 - 3:30 PM	Open Swim/1-2 Lap Lanes
6:00 - 9:00 AM	*3-4 Lap Lanes	3:30 - 5:00 PM	Lessons ONLY
9:00 -10:00 AM	Lessons/1-2 Lap Lanes	5:00 - 5:45 PM	Open Swim /Y Program/1-2 Lap Lanes
10:00 -10:45 AM	Adult Classes Only - No Lap Swim	5:45 - 7:00 PM	Lessons/2-3 Lap Lanes
10:45 -12:00 PM	Adult Classes/1 Lap Lane	7:00 - 8:20 PM	Lessons ONLY
12:00 - 1:00 PM	3-4 Lap Lanes	8:20 - 9:00 PM	Adult Classes/1 Lap Lanes
1:00 - 2:30 PM	Lessons/1-2 Lap Lanes	9:00-9:30 PM	3-4 Lap Lanes
TUESDAY & THURSDAY			
6:00 - 9:00 AM	*3-4 Lap Lanes	1:00 - 2:30 PM	Lessons/1-2 Lap Lanes
9:00 -10:30 AM	Lessons/1-2 Lap Lanes	2:30 - 3:30 PM	Open Swim/1-2 Lap Lanes
10:30 -12:00 PM	Adult Classes/1 Lap Lane	3:30 - 6:00 PM	Swim Team ONLY
12:00 - 1:00 PM	3-4 Lap Lane	6:00 - 7:00 PM	3-4 Lap Lanes
		7:00 - 9:30 PM	Adult Classes/1 Lap Lane
WEDNESDAY			
5:00 - 6:00 AM	Masters Swim Team	1:00 – 2:30 PM	Lessons/1-2 Lap Lanes
6:00 - 9:00 AM	3-4 Lap Lanes	2:30 - 3:30 PM	Open Swim/1-2 Lap Lanes
9:00 -10:00 AM	Lessons/1-2 Lap Lanes	3:30 - 5:00 PM	Lessons ONLY
10:00 -10:45 AM	Adult Classes ONLY– No Lap Swim	5:00 - 5:45 PM	Open Swim/Y Program/1-2 Lap Lanes
10:45 -12:00 PM	Adult Classes/1 Lap Lane	5:45 - 7:00 PM	Lessons/2-3 Lap Lanes
12:00 - 1:00 PM	3-4 Lap Lanes	7:00 - 8:00 PM	Swim Team ONLY
		8:00 - 9:30 PM	Adult Classes/1 Lap Lane
FRIDAY			
5:00 - 6:00 AM	Masters Swim Team	1:00 - 2:00 PM	Lessons/1-2 Lap Lanes
6:00 - 9:00 AM	3-4 Lap Lanes	2:00 - 3:30 PM	Open Swim/1-2 Lap Lanes
9:00 -10:00 AM	Lessons/1-2 Lap Lanes	3:30 - 5:00 PM	Lessons ONLY
10:00 -10:45 AM	Adult Classes ONLY- No Lap Swim	5:00 - 5:45 PM	Open Swim/Y Program /1-2 Lap Lanes
10:45 -12:00 PM	Adult Classes/1 Lap Lane	5:45 - 7:00 PM	3-4 Lap Lanes
12:00 - 1:00 PM	3-4 Lap Lanes	7:00 - 8:20 PM	Open Swim/1-2 Lap Lanes
		8:30 - 9:30 PM	Open Swim/1-2 Lap Lanes
SATURDAY			
7:00 - 8:30 AM	3-4 Lap Lanes	1:45- 3:45 PM	Members ONLY Open Swim/1-2 Lap Lanes
8:30 -1:05 PM	Lessons ONLY	3:45 - 5:00 PM	Open Swim/1-2 Lap Lanes
1:05 - 1:45 PM	3-4 Lap Lanes	5:00 - 7:00 PM	Swim Team ONLY
SUNDAY			
8:00 - 11:00 AM	3-4 Lap Lanes	1:00 - 3:30 PM	Members ONLY Open Swim /1-2 Lap Lanes
11:00 - 1:10 PM	Swim Lessons/1-2 Lap Lanes	3:40 - 5:00 PM	Open Swim/1-2 Lap Lanes

**Note: There may be private swim lessons in a lane during Lap Swim.**

\*Guards may ask participants to leave the pool for a ten minute break every hour during lap and open swim.

\*Swim Caps are required for swimmers of any age that have shoulder length hair or longer. Swim caps may be borrowed at the Member Service Desk.

\*Swim caps, bubbles, and swim goggles may be purchased at the Member Service Desk.

\*The pool schedule can change on an "as needed" basis without notice.