



2019 Winter Gymnasium Schedule 1/2 - 2/17

****Back Half gym schedule is located on the back of this page****



Front Half											
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00 - 6:00am	Adult Open Gym 5:00-9:00am (Full Gym)	Adult Open Gym 5:00-9:30am (Full Gym)	Adult Open Gym 5:00-9:30am (Full Gym)	Adult Open Gym 5:00-9:30am (Full Gym)	Adult Open Gym 5:00-9:30am (Full Gym)	Closed					
6:00-7:00am											
7:00-8:00am						Youth & Family Open Gym 7:00-8:00am	Adult Open Gym 7:00-9:30am				
8:00-9:00am						Ninja Warrior 8:00-1:00pm		Youth & Family Open Gym 9:30-12:00pm			
9:00-10:00am	Pre-School Open Gym (Members Only) 9:15-10:15am	Youth Sports classes 9:30am - 12:00pm	Y-Fit 9:30-10:30am	Y-Fit 9:30-10:30am							
10:00-11:00am	Pre-School Open Gym 10:15-11:45am				Sports Classes 10:30am - 11:15am Open Gym - 12:15pm		Youth Sports classes 9:30am - 12:00pm		Family Classes 10:30-11:15am	Youth & Family Open Gym 11:15 - 12:15pm	
11:00-12:00pm		Adult Open Gym 12:15-2:30pm (Full Gym)	Adult Open Gym 12:15-2:30pm (Full Gym)	Adult Open Gym 12:15-2:30pm (Half Gym)	Adult Open Gym 12:15-2:15pm (Full Gym)	Open Gym 12:00-2:15pm					
12:00-1:00pm	Youth & Family Open Gym 2:30-6:00 pm	Ninja Warrior 12:00pm - 7:00pm					Youth & Family Open Gym 2:30-4:00pm	Youth & Family Open Gym 2:30-3:00pm	Youth & Family Open Gym 2:30-3:45pm	Youth Basketball League 1:00pm - 5:00pm	Youth & Family Open Gym 2:30-5:00pm
1:00-2:00pm			Small Ball & Buzzer Beaters 4:00-6:05pm	Ninja Warrior 3:00pm - 7:00pm	Open Gym 5:00pm - 6:45pm	Open Gym 5:00-6:45pm (Full Gym)					
2:00-3:00pm											
3:00-4:00pm	Pickle ball/ volleyball classes 6:00 PM - 8:00 PM	Adult Pick-Up Volleyball 7:00-9:45 (Full Gym)	Open Gym 6:45pm - 9:45pm	Open Gym 7:00pm - 9:45 pm	Closed for Special Events Below:						
4:00-5:00pm							Catch Ball 8:00 - 9:45 pm	2/1 Valentine's Dance 5:00 PM - 8:00 PM (gym closed)			
5:00-6:00pm	2/1 Valentine's Dance 5:00 PM - 8:00 PM (gym closed)										
6:00-7:00pm		2/1 Valentine's Dance 5:00 PM - 8:00 PM (gym closed)									
7:00-8:00pm	2/1 Valentine's Dance 5:00 PM - 8:00 PM (gym closed)										
8:00-9:00pm		2/1 Valentine's Dance 5:00 PM - 8:00 PM (gym closed)									
9:00-9:45pm	2/1 Valentine's Dance 5:00 PM - 8:00 PM (gym closed)										

Age Key / Open Gym Categories

Youth & Family-Children age 10 and under with parent/guardian and youth ages 11-17

Open Gym - Open to all ages

Adult - Ages 18+



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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Back Half										
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00 - 6:00am	Adult Open Gym 5:00-9:30am (Full Gym)	Adult Open Gym 5:00-8:30am (Full Gym)	Adult Open Gym 5:00-8:30am (Full Gym)	Adult Open Gym 5:00-8:30am (Full Gym)	Adult Open Gym 5:00-9:00am (Full Gym)	Closed				
6:00-7:00am										
7:00-8:00am						Youth & Family Open Gym 7:00-8:00am	Adult Open Gym 7:00-9:30am			
8:00-9:00am	Gymnastics 8:30-12:00pm	Pre-School Open Gym 9:00-9:40am	ELC Gymnastics 9:00-11:00am	Gymnastics 8:00-1:00pm	Youth & Family Open Gym 9:30-12:00am					
9:00-10:00am						Sports Classes 9:30am - 12:00pm	Gymnastics 10:00-12:15pm	Pre-School Open Gym 11:00-11:40am		
10:00-11:00am		Adult Open Gym 12:15-4:30pm (Full Gym)							Adult Open Gym 12:15-2:30pm (Half Gym)	Adult Open Gym 12:15-2:30pm (Full Gym)
11:00-12:00pm	Youth & Family Open Gym 2:30-3:00pm		Youth & Family Open Gym 2:30 - 3:00pm	Youth & Family Open Gym 2:30 - 3:00pm	Youth Basketball League 1:00pm - 5:00pm	Youth & Family Open Gym 2:30-5:00pm				
12:00-1:00pm							Gymnastics 3:00-6:15pm	Gymnastics 3:00-6:15pm		
1:00-2:00pm	Youth & Family Open Gym 2:30-3:00pm	Youth & Family Open Gym 2:30 - 3:00pm	Youth & Family Open Gym 2:30 - 3:00pm	Youth Basketball League 1:00pm - 5:00pm	Youth & Family Open Gym 2:30-5:00pm					
2:00-3:00pm						Gymnastics 4:30-8:00pm			Gymnastics 3:00 - 7:45pm	Gymnastics 3:00-6:15pm
3:00-4:00pm	Gymnastics 3:00-6:15pm	Gymnastics 3:00-6:15pm	Gymnastics 3:00-6:15pm	Open Gym 5:00pm - 6:45pm	Open Gym 5:00-6:45pm (Full Gym)					
4:00-5:00pm							Adult Pick-Up Volleyball 7:45-9:45 (Full Gym)	Open Gym 6:15pm - 9:45pm		
5:00-6:00pm	Open Gym 6:15pm - 9:45pm	Open Gym 6:15-9:45pm (check dates below for special events)	Open Gym 5:00pm - 6:45pm	Open Gym 5:00-6:45pm (Full Gym)						
6:00-7:00pm					Catch Ball 8:00 - 9:45 pm	Open Gym 6:15pm - 9:45pm			Open Gym 6:15-9:45pm (check dates below for special events)	Open Gym 5:00pm - 6:45pm
7:00-8:00pm	Adult Pick-Up Volleyball 7:45-9:45 (Full Gym)	Open Gym 6:15pm - 9:45pm	Open Gym 6:15-9:45pm (check dates below for special events)	Open Gym 5:00pm - 6:45pm			Open Gym 5:00-6:45pm (Full Gym)			
8:00-9:00pm								Open Gym 6:15pm - 9:45pm		
9:00-9:45pm	Open Gym 6:15pm - 9:45pm	Open Gym 6:15-9:45pm (check dates below for special events)	Open Gym 5:00pm - 6:45pm	Open Gym 5:00-6:45pm (Full Gym)						
						<p><i>*The Gymnasium schedule is subject to change at any time*</i> <i>Check with Member Service desk for updates.</i></p>				

Be Caring*Be Respectful*Be Responsible*Be Honest

Please be advised that you are participating in all activities at your own risk and you are fully responsible for yourself, your children, your guests and your belongings. The staff has final say on all disputes.

Thank you, and enjoy your time.