



2019 Winter Gymnasium Schedule 1/2 - 2/17

****Back Half gym schedule is located on the back of this page****



Front Half							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 6:00am	Adult Open Gym 5:00-9:00am (Full Gym)	Adult Open Gym 5:00-9:30am (Full Gym)	Adult Open Gym 5:00-9:30am (Full Gym)	Adult Open Gym 5:00-9:30am (Full Gym)	Adult Open Gym 5:00-9:30am (Full Gym)	Closed	
6:00-7:00am							
7:00-8:00am							
8:00-9:00am	Pre-School Open Gym (Members Only) 9:15-10:15am	Youth Sports classes 9:30am - 12:00pm	Y-Fit 9:30-10:30am	Youth Sports classes 9:30am - 12:00pm	Y-Fit 9:30-10:30am	Youth & Family Open Gym 7:00-8:00am	Adult Open Gym 7:00-9:30am
9:00-10:00am							
10:00-11:00am							
11:00-12:00pm	Pre-School Open Gym 10:15-11:45am	Sports Classes 10:30am - 11:15am Open Gym - 12:15pm	Family Classes 10:30-11:15am	Youth & Family Open Gym 11:15 - 12:15pm	Ninja Warrior 8:00-1:00pm	Youth & Family Open Gym 9:30-12:00pm	
12:00-1:00pm							
1:00-2:00pm							
2:00-3:00pm	Adult Open Gym 12:15-2:30pm (Full Gym)	Ninja Warrior 12:00pm - 7:00pm	Adult Open Gym 12:15-2:30pm (Full Gym)	Adult Open Gym 12:15-2:30pm (Half Gym)	Adult Open Gym 12:15-2:15pm (Full Gym)	Youth Basketball League 1:00pm - 5:00pm	Open Gym 12:00-2:15pm
3:00-4:00pm							
4:00-5:00pm							
5:00-6:00pm	Youth & Family Open Gym 2:30-6:00 pm	Youth & Family Open Gym 2:30-4:00pm	Small Ball & Buzzer Beaters 4:00-6:05pm	Youth & Family Open Gym 2:30-3:00pm	Youth & Family Open Gym 2:30-3:45pm	Youth & Family Open Gym 2:30-5:00pm	
6:00-7:00pm							
7:00-8:00pm							
8:00-9:00pm	Pickle ball/ volleyball classes 6:00 PM - 8:00 PM	Tennis Clinic 6:05 - 6:45	Ninja Warrior 3:00pm - 7:00pm	Open Gym 3:45pm -9:45pm (check dates below for special events)	Open Gym 5:00pm - 6:45pm	Open Gym 5:00-6:45pm (Full Gym)	
9:00-9:45pm							
9:00-9:45pm	Catch Ball 8:00 - 9:45 pm	Adult Pick-Up Volleyball 7:00-9:45 (Full Gym)	Open Gym 6:45pm - 9:45pm	Open Gym 7:00pm - 9:45 pm	Closed for Special Events Below:		
						1/11 - Parent's Night Out 5:30 pm - 9:00pm	

Age Key / Open Gym Categories

Youth & Family-Children age 10 and under with parent/guardian and youth ages 11-17

Open Gym - Open to all ages

Adult - Ages 18+



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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****Front Half gym schedule is located on the back of this page****



Back Half										
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00 - 6:00am	Adult Open Gym 5:00-9:30am (Full Gym)	Adult Open Gym 5:00-8:30am (Full Gym)	Adult Open Gym 5:00-8:30am (Full Gym)	Adult Open Gym 5:00-8:30am (Full Gym)	Adult Open Gym 5:00-9:00am (Full Gym)	Closed				
6:00-7:00am										
7:00-8:00am						Youth & Family Open Gym 7:00-8:00am	Adult Open Gym 7:00-9:30am			
8:00-9:00am	Sports Classes 9:30am - 12:00pm	Gymnastics 8:30-12:00pm	Pre-School Open Gym 9:00-9:40am	Gymnastics 8:30-7:45pm	ELC Gymnastics 9:00-11:00am	Gymnastics 8:00-1:00pm	Youth & Family Open Gym 9:30-12:00am			
9:00-10:00am			Gymnastics 10:00-12:15pm					Pre-School Open Gym 11:00-11:40am		
10:00-11:00am										
11:00-12:00pm	Adult Open Gym 12:15-4:30pm (Full Gym)	Adult Open Gym 12:15-2:30pm (Half Gym)	Adult Open Gym 12:15-2:30pm (Full Gym)	Gymnastics 8:30-7:45pm	Adult Open Gym 12:15-2:15pm (Full Gym)	Youth Basketball League 1:00pm - 5:00pm	Open Gym 12:00-2:15pm			
12:00-1:00pm								Youth & Family Open Gym 2:30-3:00pm	Youth & Family Open Gym 2:30 - 3:00pm	Youth & Family Open Gym 2:30 - 3:00pm
1:00-2:00pm								Gymnastics 3:00 - 7:45pm	Gymnastics 3:00-6:45pm	Gymnastics 3:00-6:15pm
2:00-3:00pm	Gymnastics 4:30-8:00pm	Adult Pick-Up Volleyball 7:45-9:45 (Full Gym)	Open Gym 6:45pm - 9:45pm	Open Gym 7:45pm - 9:45pm	Open Gym 6:15-9:45pm (check dates below for special events)					
3:00-4:00pm						Catch Ball 8:00 - 9:45 pm	Open Gym 6:45pm - 9:45pm			
4:00-5:00pm								Gymnastics 4:30-8:00pm	Adult Pick-Up Volleyball 7:45-9:45 (Full Gym)	Open Gym 6:45pm - 9:45pm
5:00-6:00pm	Gymnastics 4:30-8:00pm	Adult Pick-Up Volleyball 7:45-9:45 (Full Gym)	Open Gym 6:45pm - 9:45pm	Open Gym 7:45pm - 9:45pm	Open Gym 6:15-9:45pm (check dates below for special events)					
6:00-7:00pm						Gymnastics 4:30-8:00pm	Adult Pick-Up Volleyball 7:45-9:45 (Full Gym)			
7:00-8:00pm								Gymnastics 4:30-8:00pm	Adult Pick-Up Volleyball 7:45-9:45 (Full Gym)	Open Gym 6:45pm - 9:45pm
8:00-9:00pm	Gymnastics 4:30-8:00pm	Adult Pick-Up Volleyball 7:45-9:45 (Full Gym)	Open Gym 6:45pm - 9:45pm	Open Gym 7:45pm - 9:45pm	Open Gym 6:15-9:45pm (check dates below for special events)					
9:00-9:45pm						Gymnastics 4:30-8:00pm	Adult Pick-Up Volleyball 7:45-9:45 (Full Gym)			
<p><i>*The Gymnasium schedule is subject to change at any time*</i></p> <p><i>Check with Member Service desk for updates.</i></p>										

Be Caring*Be Respectful*Be Responsible*Be Honest

Please be advised that you are participating in all activities at your own risk and you are fully responsible for yourself, your children, your guests and your belongings. The staff has final say on all disputes.

Thank you, and enjoy your time.