

# Ages & Stages Questionnaire

If you're interested in gaining a snapshot of your child's development, please contact one of the program coordinators, or ask for more information at one of our playgroups! You are an active partner in your child's learning and development. By completing ASQ-3 questionnaires, you are making sure your child is off to the best possible start!

## What is it?

ASQ-3 is a set of questionnaires about children's development. It has been used for more than 20 years to make sure children are developing well. It is called a screener because it looks at how children are doing in important areas, such as speech, physical ability, social skills, and problem-solving skills. ASQ-3 can help identify your child's strengths as well as any areas where your child may need support.

## How do I complete it?

The questionnaire takes about 10-15 minutes to complete, and can be filled out in paper form or online. Here's how it works:

- You will answer each question "yes," "sometimes," or "not yet," based on what your child is able to do now. Your answers help show your child's strengths and areas where he or she may need practice.
- To answer each question, you can try fun and simple activities with your child. These activities encourage your child to play, move around, and practice day-to-day skills.
- After you complete the questionnaire, one of the program coordinators will share the results with you.

## What happens next?

If your child is developing without concerns, there is nothing more you will need to do. You may try the next ASQ-3 age level as your child grows and learns new skills. There are 21 questionnaires that you can use with children from 1 month to 5 1/2 years old. If your child has trouble with some skills, we will help you with next steps. Finding delays or problems as early as possible supports young children's healthy development.



helping families **advocate**, **belong**, and **connect**



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