Dear Friends of the MetroWest YMCA,

Where Cause Meets Community...That is the true spirit of our YMCA, as we work to meet the ever-changing needs of our community. We are blessed to have a caring, passionate and committed team of volunteers, staff, donors and partners. These cause-driven leaders work diligently to help us be there when children and families need us most. 2016 was an exciting year for our YMCA, as our impact on the 8 communities we are privileged to serve, continued to grow.

Highlights included:

- The opening of our new School’s Out Site in Natick
- Our first BAA Boston Marathon Charity Team of 15 runners, raising critical Funds for children and families in need
- Providing $1,137,549 dollars in financial assistance and subsidized programs to low-income families in our community

As cause-driven leaders, we work to tell our powerful Y story and live the impact of our YMCA mission every day. From our diabetes prevention work and life-changing LIVESTRONG® at the YMCA program; to our High Flight program for at-risk teens and our high quality early education and School’s Out initiatives, we are meeting the emerging needs of the MetroWest region.

We are grateful for your involvement and for your thoughtful gifts of time, talent and treasure. Thank you for being a special part of our Y family and for making a difference!

Emmett Price III
Chair, Board of Directors

Richard A. MacPherson
President & CEO

MISSION STATEMENT

The MetroWest YMCA is dedicated to providing programs and services that build healthy spirit, mind, and body for all.
COMMITTED TO OUR CAUSE
BOARD OF DIRECTORS & AUCTION SPONSORS
We greatly appreciate the many community donors, volunteers and partners who have supported our Y’s work in 2016.

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Gloria Lee  Alyssa MacPherson  David Miles  Donna Kilcoyne Orthoefer  Scott Provost  Beth Reynolds  Jay Robie  Aimee Siers  Frank Tiano  Pat Walker  Tom Weierman  Stephen Williams

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Anne Madara, Vice Chair
Mark Miller, Treasurer
Joya Casey, Clerk
Richard A. MacPherson, President & CEO

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Faith Easter  Adrian Haugabrook  George Huime  Helen Lemoine  Burt Marmer  Scott Richardson  Pennye Williams
Henry Connors  Sharon Correia  JB Dowd  Louise Donahue  Janet Drummey
Kerry Morgan  Rev. Emmett Price, III  Daniel Romano  Graham Ruggie  Denise Schepici  Mark Urlage

METROWEST YMCA
AUCTION
HELPING KIDS IN NEED
The 11th Annual MetroWest YMCA Charity Auction was a great success! Our heartfelt gratitude goes to the sponsors, auction item donors, and the many event attendees who purchased items. More than $60,000 was raised for financial assistance for kids and families in need.

Presenting Sponsors
ADI Contracting
Fletcher Tilton PC
Herb Connolly Auto Group
MetroWest Medical Center

Platinum Sponsors
Middlesex Savings Bank
Rubicon Builders

Gold Sponsors
AAFCPAs
Boston Private
Fitts Insurance Agency, Inc.
Reliant Medical Group/Southboro Medical Group
Samet & Company PC

Silver Sponsors
Consigni Construction Co., Inc.
Gray Equity Management, LLC
Interactive Fitness

Bronze Sponsors
Aimee Siers, Realtor, Century 21
Decision Insight, Inc.
Framed in Time
Real Hopkinton Housewives

Save The Date!
12th Annual METROWEST YMCA Auction
Thursday November 2, 2017
BETTER TOGETHER

Working together with like-minded organizations and stakeholders, the MetroWest YMCA is able to reach more people in a more impactful way.

A Place to Turn
Advocates, Inc
Ashland Decisions at Every Turn
Ashland Public Schools
Ashland Public Library
Ashland Police Department
Ashland Sporting Association
Ashland Youth & Family Services
Aspirations
BAA
Century Health Systems
Christa McAuliffe Charter School
Corporate Volunteers from UWTC
Criterion Early Intervention
Early Childhood Alliance of Ashland & Framingham
Edward M Kennedy Health Center
EEC - Department of Early Education & Care
Family Promise MetroWest
Framingham Basketball
Framingham Board of Health
Framingham Community Connections
Framingham Housing Authority
Framingham Public Schools
Framingham Public Library
Framingham Rotary Club
Framingham State University
Friends of Ashland Public Library
Guidance and School Adjustment Counselors from service area school districts and the Middlesex DA’s Office.
Holliston Youth & Family Services
Hopkinton Parks & Rec.
Hopkinton Public Schools
Hopkinton Police Department
Hopkinton Youth & Family Services Dept
Jewish Family Services
Joint Ventures
Keefe Tech School District
Latino Health Insurance Program
Leadership MetroWest
Loven’ Spoonfuls
MassBay Community College
MetroWest Prevention and Wellness Partnership
MetroWest Medical Center
Michael Lisnow Respite Center
Natick VNA
Natick Public Schools
SMOC
Southborough Medical
Special Olympics Massachusetts
Tufts Floating Hospital for Children
United Way of Tri-County
Violence Prevention Roundtable
Wayside Youth & Family Support Network

Before their climb, campers receive words of encouragement from State Representative Carolyn Dykema.

Joining together on Advocacy Day 2016

Senator Spilka listens and laughs before lunch on Project Bread Day 2016.
YOUTH DEVELOPMENT

2,054 youth became active, honed their skills and learned important life lessons through instructional and competitive sports programs, gymnastics and dance and enrichment programs.

2,329 children made memories that last a lifetime - swimming, hiking and making friends at our summer camps in Hopkinton and Framingham.

857 children enrolled in MetroWest YMCA Early Learning Centers and School’s Out before and after-school programs, developing their academic, social and emotional needs outside of school and home.

2,596 children and youth learned life-long water safety skills, became comfortable in water and gained confidence through swimming lessons.

1,942 teens participated in weekly Y Teen Nights and afterschool activities, which provide a fun, safe, character building alternative for Friday & Saturday evenings.

HEALTHY LIVING

1,230 seniors participated in the MetroWest YMCA’s therapeutic swimming, strength training and specially designed senior fitness and aquatics programs.

774 people participated in Chronic Disease Prevention and Intervention Programs: YMCA Diabetes Prevention Program, Matter of Balance, Moving for Better Balance, Enhance Fitness, Parkinson’s Disease Wellness, and Tuft’s Teen Weight Management Program.

45 Cancer Survivors were supported through LIVESTRONG® at the YMCA.

5,362 program attendees explored new interests in the outdoor education programs, taking on team-building challenges that increased self-esteem and developed interpersonal skills at our MetroWest YMCA Family Outdoor Center in Hopkinton.

SOCIAL RESPONSIBILITY

481 Families with 847 children participated in Play, Learn, and Grow Together groups and our Early Childhood Community Fair through the Family and Community Engagement Grant, which promotes and supports the healthy growth and development of young children birth through age 8 by strengthening families and advocating for high quality learning experiences.

400 volunteers generously donated their time in program support and instructor roles, policy making and fundraising.

1 in 8 people in our programs received financial assistance.

More than $1,000,000 was provided in direct financial assistance and subsidized programs to 2,750 children, teens, families and seniors.
YOUR GIFT MATTERS
2016 Annual Campaign Donations

We are privileged and honored to recognize these outstanding METROWEST YMCA 2016 SUPPORTERS of the Annual Campaign which helps to fund our financial assistance program. We thank you.

BENEFACtor’S CLUB
Ashland Sporting Association
Heather & Christopher Connolly, Jr.
The Benevity Community Impact Fund
Bea & Woolsey Conover
Middlesex Savings Bank
John C. & Eunice B. Morrison
Charitable Foundation
United Way of New England
Stephen Williams
Stingray Swimteam Parents
YMCA of the USA

GOLD PARTNER
Ashland Lions Club
Pamela Bathen
Thomas R. Black
Martin Bowen
Bryan Brown
David Byrne
Joy & Rick Casey
Robert Cohen
Joanna Connolly
Loren Dean
Nancy Devine
EF Institute for Cultural Exchange
Janae Englert
Kaia Goldstein
Mark Greene
James Hennessy
Michael Herbert
IBM Employee Services Center
Jeffrey Isen
Anette Jenkins
Amy Keith
Francis Marchilena
Susan Marciszyn
Elaine & Burton Marmer
Tim McDonald
Kit McDonald
Pam McDonough
Sean McGourty
Middlesex Savings Charitable Foundation
Robert Murchison
Xiu Pan
Linda Pesner
Daniel & Mary Romano
Jon & Maureen Simons
Suzanne Spencer
Samantha Stafford
The Hennessy Foundation
United Technologies
Walter Webb Family Foundation
Jack Warner
Eric Warner
Alex Wong
Alex & Judy Wong
Mary Young

SILVER PARTNER
Alicia Abad
Michael Abboud
Margaret Angelini
Peter Barbieri
Eric Bloomstein
Marsha Bornstein
Maureen Condon
Paul Costa
Allen Cymerman
Rachael Darian
Lisa Drouin
Sally Elwell
Donna Gemme
Scott Umbel & Dayton Godon
Mark Uralge
Josée Vachon & Javier Cevallos
Antonette Jalious
Heidi Kaufman
Wyatt Larsen
Nancy Lauter
Carolyn Lister
Guanglin Liu
J. Anthony Lloyd
Jeanne McAllister
Noreen McClosey
Dana Neshe
Esther Newberg
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Christine Richards
Kathie Roche
Aimee E. Siers
Amy Sowsy
Norman Stein
Sally E. Swetzter
The Real Hopkinton Housewives
Tom-E-Tees
United Way of Tri-County
Celeste Warner
Whitehall Learning Group
Kimberly Williams
David Wood
Amy Wood
Scott Worthington

2016 MAJOR PROGRAM FUNDERS
Demoulas Foundation
Framingham Rotary Club
Framingham Union Aid Association
MetroWest Health Foundation
MetroWest Prevention and Wellness Partnership
Pete Donahue Scholarship Fund - Lauter Family
Reliant Medical Group
Sudbury Foundation
The 200 Foundation
TJX Foundation
Town of Ashland Selectmen Grant
YMCA Massachusetts State Alliance
Youth at Risk Grant
YMCA of the USA

SPECIAL THANKS!
Thank you to the BAA and the members of the MetroWest YMCA Boston Marathon Team: Michael Bordonaro, Kevin Cuomo, Paul Fleming, Rich Green, Charla Greene, Will Hennessy, Keisra Johnson, Jeff Lassaline, Camila Lyrio, Lauren Marciszyn, Liz Mason, Tim McDonald, Duane Novotni, Allison Sowsy and Jess Yarmosky who raised more than $100,000 in 2016!

THANK YOU FOR MAKING A DIFFERENCE!
The MetroWest YMCA is a 501 (C) 3 charitable organization.

IMPECT BY THE NUMBERS

Financial Statements

STATEMENT OF ACTIVITY
YEAR ENDED DECEMBER 31, 2016

<table>
<thead>
<tr>
<th>SUPPORT AND REVENUE:</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Fees</td>
<td>$6,071,590</td>
</tr>
<tr>
<td>Membership Dues</td>
<td>2,916,954</td>
</tr>
<tr>
<td>Contracts and Grants</td>
<td>832,726</td>
</tr>
<tr>
<td>Contributions and United Way Allocations</td>
<td>609,182</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>83,803</td>
</tr>
<tr>
<td><strong>Total Support And Revenue</strong></td>
<td><strong>10,514,255</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EXPENSES:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth Development</td>
<td>6,541,570</td>
</tr>
<tr>
<td>Healthy Living</td>
<td>1,816,954</td>
</tr>
<tr>
<td>Social Responsibility</td>
<td>271,753</td>
</tr>
<tr>
<td>General and Administrative</td>
<td>986,852</td>
</tr>
<tr>
<td>Fundraising</td>
<td>229,910</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>9,847,039</strong></td>
</tr>
<tr>
<td>Changes In Net Assets From Operations</td>
<td><strong>667,216</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NON-OPERATING ACTIVITIES:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Investment return, net of fees</td>
<td>94,932</td>
</tr>
<tr>
<td><strong>Total Non-Operating Activities</strong></td>
<td><strong>94,932</strong></td>
</tr>
<tr>
<td>Changes In Net Assets</td>
<td>762,148</td>
</tr>
</tbody>
</table>

| NET ASSETS, beginning of year               | 8,899,618      |
| NET ASSETS, end of year                     | **$9,661,766** |

<table>
<thead>
<tr>
<th>STATEMENT OF FINANCIAL POSITION AS OF DECEMBER 31, 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>CURRENT ASSETS:</td>
</tr>
<tr>
<td>Cash and Cash Equivalents</td>
</tr>
<tr>
<td>Accounts Receivable, Net of Allowance for Uncollectibles</td>
</tr>
<tr>
<td>Prepaid Expenses and Other</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>INVESTMENTS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1,068,591</strong></td>
<td></td>
</tr>
</tbody>
</table>

| PROPERTY AND EQUIPMENT, net                            | 10,156,508     |
| **Total Assets**                                        | **$13,607,753**|

<table>
<thead>
<tr>
<th>LIABILITIES</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Portion of Bond Payable</td>
<td>$108,694</td>
</tr>
<tr>
<td>Accounts Payable</td>
<td>192,263</td>
</tr>
<tr>
<td>Accrued Expenses and Other</td>
<td>152,082</td>
</tr>
<tr>
<td>Deferred Revenue</td>
<td>532,772</td>
</tr>
<tr>
<td><strong>Total Current Liabilities</strong></td>
<td><strong>985,811</strong></td>
</tr>
</tbody>
</table>

| BOND PAYABLE, Net of Current Portion                    | 2,960,176      |
| **Total Liabilities**                                   | **3,945,987**  |

<table>
<thead>
<tr>
<th>NET ASSETS:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted:</td>
<td></td>
</tr>
<tr>
<td>Operating</td>
<td>1,861,983</td>
</tr>
<tr>
<td>Property and Equipment</td>
<td>7,087,638</td>
</tr>
<tr>
<td>Board Designated</td>
<td>549,882</td>
</tr>
<tr>
<td><strong>Total Unrestricted</strong></td>
<td><strong>9,499,503</strong></td>
</tr>
<tr>
<td>Temporarily Restricted</td>
<td>102,263</td>
</tr>
<tr>
<td>Permanently Restricted</td>
<td>60,000</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>9,661,766</strong></td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$13,607,753</strong></td>
</tr>
</tbody>
</table>

Financial Assistance
2016 Distribution Total: $1,137,549
One out of eight people at the Y receives financial assistance.
METROWEST YMCA BRANCH LOCATIONS

Framingham Branch
280 Old Connecticut Path
Framingham, MA 01701
508-879-4420

Family Outdoor Center
45 East Street
Hopkinton, MA 01748
508-435-9345

Clearbrook Family Swim Club
120 Parker Road
Framingham, MA 01702
508-405-0350

www.metrowestymca.org

The MetroWest YMCA is a 501 (C) 3 charitable organization.