



MetroWest YMCA April Break Kids Morning Out Movement & Swim

**Grades K-5 9:00-12:00 Wednesday, April 21 and Friday, April 23
\$64 Family Memberships / \$80 Youth Memberships / \$128 Non-Members**

Approximate Schedule (subject to change)

8:45-9:00	Drop Off
9:00-9:45	Group Games/Ice Breakers
9:45-10:00	Snack provided by the YMCA
10:00-11:00	Outdoor Adventures
11:00-12:00	Swimming
12:15-12:30	Pick Up – Grab N' Go lunch provided at pick up for each participant

We can only sign your child out to an adult listed on his/her/their registration form. Please make sure the adult brings a photo ID for sign out. If someone other than a person listed is planning to pick up your child please reach out to Jen to inform them of this change.

What to bring for a morning at the Y:

- **Bathing suit, towel and any swim accessories needed**
- **Change of clothes**
- **Wear clothes that can get dirty with paint and craft supplies**
- **Outdoor activity attire**
- **Water bottle – While our water fountains are turned off, we are able to fill water bottles**
- **Extra face coverings**

Any questions or concerns, please reach out to Jen Hyman at x281 or jhyman@metrowestymca.org.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MetroWest YMCA April Break Kids Morning Out

Grades K-5 9:00 AM – 12:00 PM

Wednesday, April 21st and Friday, April 23rd

Child's Name _____ Date of Birth _____

Parent/Guardian's Name _____ Date of Birth _____

Address/Town/State/Zip Code _____

Daytime Phone _____ Evening Phone _____

List any email addresses we should send communications to: _____

Emergency Contacts – Name and phone number for each (must have I.D. to pick up your child)

1) _____ 2) _____ 3) _____

The following people are authorized to pick up my child:

1) _____ 2) _____ 3) _____

*ANY ALLERGIES _____

*Please contact Jen and Cody for additional documentation if medications need to be administered during our program.

Mandatory YMCA Waiver I understand that the MetroWest YMCA assumes no responsibility for injuries or illnesses which may sustain as a result of my physical condition or resulting from my participation in any athletic activities, sports programs, and the use of any equipment, exercise or other activities. I expressly acknowledge on behalf of myself and my heirs that I assume the risk for any and all injuries and illnesses which may result from participation in these activities. I hereby release and discharge the MetroWest YMCA, its agents, servants, and employees from any and all claims for injury, illness, death, loss or damage which I may suffer as a result of my participation in these activities. I understand that the MetroWest YMCA is not responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities on YMCA premises. **I acknowledge the WAIVER set forth above.**

Signature of Parent/Guardian _____

Date _____