



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

METROWEST YMCA

AQUATICS PART TIME JOBS

SWIM TEAM COACH

At the MetroWest YMCA, our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you! Competitive pay and benefits! **Pay up to \$19.00 per hour!** Equal Opportunity Employer.

POSITION SUMMARY: Under the direction of the Head Swim Coach, the **part time Swim Team Coach** will be responsible for implementing and supervising all team practices. The Swim Team Coach will attend coaches' meetings, parent meetings, and scheduled swim meets.

ESSENTIAL FUNCTIONS:

- Coaches participants in accordance with YMCA guidelines and conducts practice drills as created by Head Coach and/or Aquatics Director.
- Builds effective, authentic relationships with swimmers and parents. Encourages parental involvement and identifies potential volunteers.
- Engages in positive behaviors that make swimmers and families feel welcome, connected and confident in their choice to be part of the Stingrays Swim Team.
- Maintains accurate records as required by the YMCA (i.e. attendance, progress reports, etc.) and/or the state health department code.
- Attends staff meetings and trainings as scheduled.
- Coaches in the water and/or from the pool deck as necessary depending on skill or level. Gives feedback and corrections for each swimmer throughout the entire practice and maintains a safe environment at all times.
- Follows all YMCA policies, rules, regulation and procedures, including emergency and safety procedures. Completes incident and accident reports as necessary.
- Sets up and puts away team equipment. Keeps equipment organized during practice time and reports damaged equipment to Head Coach or Aquatics Director.
- Performs other duties as assigned.

QUALIFICATIONS:

- USA Swimming certifications Levels I, II, and III

- Swim Coaches Safety Certification
- YMCA Competitive Swim Level 1 & 2 Certification or ability to obtain certification within 90 days of employment
- Lifeguard, CPR/AED, First Aid certification from American Red Cross or equivalent

WORK ENVIRONMENT & PHYSICAL DEMANDS:

- Ability to stand, walk, talk, see and hear, reach with hands and arms and stoop and kneel.
- Ability to instruct and observe participants in proper stroke techniques.
- Ability to lift equipment, and to lift a small to average size child.

SWIM INSTRUCTORS

At the MetroWest YMCA, our cause defines us. We know that lasting personal and social change comes about when we all work together. That's why, at the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive. Equal Opportunity Employer. Free MetroWest YMCA membership and paid sick time benefits! **Pay \$14.00 - \$18.00 per hour!**

The MetroWest YMCA has various **part-time year round shifts** available for **certified and experienced Swim Instructors!** Training is also available for candidates that have experience working with youth. Swim Instructors maintain a supportive, positive atmosphere that welcomes and respects all individuals and provides direct leadership, instruction, and motivation for students in swim classes. **Mondays through Fridays from 4:00pm - 6:00pm; Saturdays from 9:00am - 12:00pm; Sundays 11:00am - 12:30pm.** Instructs swimming lessons in accordance with YMCA guidelines, having prepared lesson plans, and supports members and program participants in achieving their goals. Develops and maintains positive relationships with volunteers, members, program participants, and colleagues at all levels of the organization; helps participants and families connect with each other and the YMCA; and encourages parent or caregiver involvement. Maintains records as required such as attendance and progress reports. Follows all YMCA policies, rules, regulations, and procedures, including emergency and safety procedures. Completes incident and accident reports as necessary. Organizes and puts away needed class equipment. Reports damaged equipment. Trains and supervises class aides as assigned.

QUALIFICATIONS:

YMCA Swim Instructor certification or equivalent, CPR for the Professional Rescuer, AED, Basic First Aid and Emergency Oxygen certifications required Must be able to demonstrate Swim Instructor skills in accordance with YMCA standards. Ability to instruct and observe participants in proper stroke techniques. Ability to lift equipment, and to lift a small to average size child. Be at least 16 years of age.

LIFEGUARD

The MetroWest YMCA is a nonprofit organization with the goal of strengthening the foundations of our community. We do this through programs that help build a healthy mind, body and spirit for all, and our programs are built around our three focus areas: Youth Development, Healthy Living, and Social Responsibility. The Y is open to all, and we pride ourselves on the diversity of our members and employees. As an employer, the Y seeks to recruit energetic professionals, encourage work-life balance, and provide opportunities for growth and development. We are looking for friendly,

professional, and energetic individuals who enjoy working with people and have a desire to provide outstanding service! Equal Opportunity Employer.

Lifeguards are needed part time year-round at the MetroWest YMCA and must be 16 years or older with current YMCA or American Red Cross Lifeguard Certification, CPR for the Professional Rescuer, and First Aid. **Lifeguards needed for the following: Mondays to Fridays, 4:00 - 9:30pm, Saturdays and Sundays, 8:00am - 5:00pm.** Bilingual applicants are encouraged to apply. **Pay \$14.00 - \$18.00 per hour!**

Lifeguards are responsible for maintaining safe swimming conditions in the pool, deck, and surrounding areas. Creates a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures. Maintains effective, positive relationships with the members, participants and other staff. Maintains active surveillance of the pool area. Is proactive in injury prevention. Knows, understands, and consistently applies safety rules, policies and guidelines for aquatic area. Maintains accurate records as required by the YMCA and/or the state Health Department code. Performs equipment checks and ensures appropriate equipment is available as needed. Checks the pool for hazardous conditions when arriving and during shift. Cleans pool deck area when not guarding, as required, and takes appropriate action. Requires ability and desire to interact with and provide service to people of all ethnic backgrounds, ages, and lifestyles.

- Ability to stand, walk, talk, see and hear, reach with hands and arms and stoop and kneel.
- Ability to lift equipment, and to lift a small to average size child.

Qualified and interested applicants please submit a cover letter and resume to Employment@metrowestymca.org or apply online.

TO APPLY, CLICK HERE TO FILL OUT THE APPLICATION. THEN, SAVE YOUR APPLICATION AND EMAIL IT TO EMPLOYMENT@METROWESTYMCA.ORG