



# COUNSELOR IN TRAINING APPLICATION CHECKLIST

It is our expectation that the CIT Candidate will complete the following documents him or herself. Please check off EACH item prior to submitting your application.

## STEP ONE

- Both pages of the application are complete.** Please print as clearly as possible or submit a typed version of the questions and answers. Use additional paper if necessary.
  - Mandatory Training Week (June 21-25)
  - Indicate 4+ weeks of availability between July 5 – August 27
  
- Reference Check.** Once we have received your completed application, you will receive an email from **Checkster** requesting contact information for two (2) adults you have known for at least one (1) year. Please do not ignore this email as your application is not complete until your references have been received.

## STEP TWO

1. Please return your completed application to:  
Leadership Program Director  
Hopkinton Family Outdoor Center  
45 East Street, Hopkinton, MA 01748  
--OR--
2. Scan and email to:  
Cody Ross  
[cross@metrowestymca.org](mailto:cross@metrowestymca.org) (Hopkinton)  
Emmett Prescott  
[eprescott@metrowestymca.org](mailto:eprescott@metrowestymca.org) (Camp OCP)  
Ashleigh O'Halloran  
[AOHalloran@metrowestymca.org](mailto:AOHalloran@metrowestymca.org) (STEAM Camp)  
Jen Hyman  
[jhyman@metrowestymca.org](mailto:jhyman@metrowestymca.org) (Clearbrook/Ninjatastics)

You will be contacted within two weeks by one of our staff. Candidates will be notified of further details including the acceptance process, interviews, schedules and training during the next few steps.



# METROWEST YMCA DAY CAMPS

## COUNSELOR IN TRAINING

Dear Counselor in Training Candidate,

Before you begin completing your application be sure to read this letter.

At the MetroWest YMCA Day Camp, we take the Counselor in Training Program very seriously. We believe the future of our camp lies within you. We will train you and give you the tools necessary to become a great counselor. You will be the one who determines how these tools are used. Whether you have been a camper before or this is your first experience with us, we believe you have the potential to be a great asset to camp.

Please understand from the moment you accept this position, you will need to be a positive role model at camp, at the YMCA, and in public. As a CIT, you are a representative of the YMCA. Campers of all ages will now be looking to you for comfort, direction, and guidance.

Throughout the program, you will be working with the In-Training Corps Director on team building, activity planning, role modeling, problem solving, and supervision. CITs who demonstrate strong character, the Y values of Caring, Honesty, Respect, and Responsibility during training week, will be invited to return for the second half of the program. The other part of your CIT experience will be working within an assigned group of campers and staff. This will give you the chance to implement the skills you learned from the planning time with your CIT Director and peers.

Acceptance to the program is based off of this application, your letters of recommendation, and an interview with one of our team members. **Please Note:** Applications that are answered by parents/guardians will **not** be accepted.

Thank you for your interest in becoming a MetroWest YMCA Day Camp CIT.

Sincerely,

MetroWest YMCA Staff



# METROWEST YMCA DAY CAMP CIT APPLICATION

<b>Candidate's Name:</b>		DOB:	2021-2022 Grade:
Home Address:			
Home Phone:		Cell Phone:	
Email:		School:	
Parent/Guardian(s):			
Parent Phone:		Parent Email:	
<p>All CITs are <i>required</i> to be present at our In-Training Corps Training. School is the only accepted excuse for unavailability.</p> <p><b>Training Acknowledgement</b></p> <p><input type="checkbox"/> I understand that I must be present at the In-Training Corps Training the week of June 21-25. <i>If you unable to attend this week, contact the program director to inquire if alternate arrangements can be made.</i></p> <p><b>Anticipated Sessions</b> (<i>this is only tentative and may be modified later</i>)</p> <p><input type="checkbox"/> Week 3 (7/5-9)    <input type="checkbox"/> Week 4 (7/12-16)    <input type="checkbox"/> Week 5 (7/19-23)    <input type="checkbox"/> Week 6 (7/26-30)  <input type="checkbox"/> Week 7 (8/2-6)    <input type="checkbox"/> Week 8 (8/9-13)    <input type="checkbox"/> Week9 (8/16-20)    <input type="checkbox"/> Week 10 (8/23-27)</p> <p><b>What location are you requesting:</b></p> <p style="text-align: center;">Hopkinton                  Camp OCP                  Clearbrook/Ninjastastics                  STEAM</p>			

*We have a limited number of CIT openings. We accept the strongest candidates who are the most qualified and that demonstrate a desire to learn and grow as both counselors and leaders in our community. CIT positions do not guarantee a position as a Cadet or staff in following years.*

1. There are a lot of things you could do this coming summer. Why pick this? Whose idea was it? Why do you want to be a CIT?
  
2. What would you like to get out of the program as a CIT?

3. Please give an example of something that you are proud of, maybe something challenging, that you were able to do because of hard work and being responsible?
  
4. Please give an example of how you handle situations that become stressful?
  
5. How do you think being a CIT is different from being a camper?
  
6. Please list any clubs, groups, organizations, jobs, sports or activities that you have participated in.
  
7. Please list any experience you may have working/volunteering with ages 3-11?
  
8. If you have participated in camp or any other camp experience what specific fond memory do you have? To the opposite what specific memory do you have that is the least fond?
  
9. Part of a successful CIT's make up is being enthusiastic about summer camp and its activities. Do you consider yourself this type of person? If so, explain.
  
10. Is there any other information that you would like to add that would help us make our decision?

I have read and answered the questions above and feel that my participation as a CIT will enhance the program for campers, staff and fellow CIT's.

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Candidate's Signature

Date

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Parent/Guardian Signature

Date