

Monday

Tuesday

Wednesday

Thursday

Friday



NO CAMP

4

WG Goldfish, honeydew melon, cheese stick, yogurt ranch dip, pepper slices

5

Chickpea caprese pesto salad & orange slices

6

WG cinnamon Chex, popcorn, raisins, celery, sunbutter & cheese cubes

7

Cheese & black bean quesadilla, mixed vegetables, & apple slices

1

Turkey burger on WG bun, mixed vegetables & watermelon slice

8

Sunbutter & jelly on WG bread, cherry tomatoes & pear

11

WG muffin, carrot sticks, yogurt parfait with berries & granola

12

Arroz con pollo bowl with corn pico de gallo & pineapple

13

WG Sunchips, Cheese stick, orange slices, snap peas & hummus

14

Grilled chicken sandwich with LTO, carrots & apple slices

15

Ham and cheese on WG bun, banana, & green beans

18

Peach salsa, WG tortilla chips, cheese stick, cucumber slices & hummus

19

Veggie pasta salad, cheese cubes, apple

20

WG soft pretzel, cheese sauce, baby carrots, honeydew

21

BBQ pulled chicken on WG bun with coleslaw & watermelon slice

22

Turkey, cheese, shredded lettuce on WG sub roll, orange slices

25

WG teddy grahams, strawberry yogurt, cucumber slices, cantaloupe, & cheese stick

26

Chicken lo mein with veggies and an apple

27

WG wheat thins, cheese cubes, salami, grapes & carrots

28

Cheese & black bean quesadilla, mixed vegetables & apple slices

29