

# DANCE YOUTH DEVELOPMENT

## Spring 2 Session April 22-June 16 2019 8 Week session

**Preschool Dance class prices**  
\$62 family members / \$65 youth&teen / \$122 non-members

**School Age Dance class prices**  
\$64 family members / \$67 youth&teen / \$128 non-members

### PRE-SCHOOL DANCE CLASSES

#### Plié Pre Ballet, Ages 3-4

An introduction to ballet with beginning development of ballet concepts including turn out, coordination, spatial awareness, and listening skills. Students will begin positions of the feet and introductory movement vocabulary.  
Saturday.....9:45-10:15am.....9179

#### Shakers Jazz/Hip Hop Combo, Ages 3-5

Let your little one be introduced to the basics of jazz and hip hop dance. In this class your child will be introduced to basic jazz and hip hop steps. This is a fast moving class with an emphasis on fun!  
Saturday.....10:15 - 10:45am.....9172

#### Passe Combo Ballet/Jazz, Ages 3-5

This class is designed to give your child the opportunity to learn the basics of ballet and jazz dance. The class will be half ballet and then switch to Jazz dance the second half of class.  
Friday.....5:00-5:30pm.....9170  
Saturday.....11:00-11:30am.....9173

### SCHOOL AGE DANCE CLASSES

#### Tendu Ballet, Ages 5-7

A beginner level ballet class with further concentration on proper body alignment, balance, and coordination. Basic ballet steps such as first through fifth position, plié, tendu, chasé, and arabesque will be introduced.  
Thursday.....5:00-6:00pm.....9168  
Saturday.....11:30am-12:30pm.....9174

#### Movers Hip-Hop, Ages 6-8

Hip hop is a high-energy class that will really get your child moving and having fun! Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Class includes upper and lower body conditioning as well as a rigorous warm-up to help prepare students for movement combinations.  
Saturday.....12:30-1:30pm.....9175

#### All Arounds Introduction to Dance, Ages 7+

This Class will introduce your child to different types of dance including but not limited to; jazz, ballet, hip-hop, and musical theater. This is a great class for the beginner dancer that wants to try out more than one style of dance.  
Thursday.....4:00-5:00pm.....9169

#### Jazz / Pom / Hip Hop Ages 6+

This class is designed to learn the basic style and techniques of jazz and hip hop with a twist of cheer and pom styled music and routines.  
Friday.....4:00-5:00 pm.....9176

# BIRTHDAY PARTIES

We'll partner with you to make it a HAPPY, FUN, and SPECIAL occasion for your child. We make it EASY, AFFORDABLE and MEMORABLE for you to host a party. Our parties are designed for all ages and we offer several theme party options to meet the diverse interests of our birthday party hosts.

Please visit our website and fill out the birthday party request form @ [metrowestymca.org/birthdayparties](http://metrowestymca.org/birthdayparties)



### NOT-YOUR-TYPICAL PARTY

We partner with you to make it a happy, fun, and special occasion for your child or family member celebration. We make it easy, affordable and memorable for you to host a party. Our parties are designed for all ages and we offer several theme party options to meet the diverse interests of our birthday party hosts. For our standard party you will have the party room or pavilion for one hour and an additional hour of fun indoor or outdoor games led by a YMCA staff person. **\$300\***

### ARCHERY PARTY

This party is right on target for you! Parties include all the equipment needed as well as a USA Archery certified instructor. Your party will include up to 90 minutes of archery and up to 60 minutes of family/party time. Indoor and outdoor spaces are available to allow us to plan for weather. **\$350\***

### VERTICAL CLIMBING PARTY

Any of our climbing elements could be used in a party like this! Zap line to climbing tower, indoor or outdoor. Our instructors are lead trained and verified. Harnesses and helmets are provided for all climbers. In addition of up to 90 minutes of climb-time, you will have up to 60 minutes of family/party time. Up to 15 guests (10 recommended) may climb in 90 minutes. Additional staff at an increased cost may be required for numbers beyond 15 or for specialty considerations. **\$400\***

### SLIME PARTY

1/2 Hour for set up + 2 hours of Party Time!  
Slime making will be led by YMCA staff for 1 hour, followed by 1 hour in a party room. Come learn how to make your own slime! We will provide all slime making equipment for up to 15 party guests. Additional costs will be incurred at \$10/person beyond fifteen to cover the cost of additional supplies.  
**\$350 for up to 15 participants\***

*\*For participants ages 6 and under, one adult attending the party must participate in behavior management of party-goers for every 5 children attending.*

**All of the above Birthday Parties are held at the Family Outdoor Center. Birthday parties are NOT available at the Framingham Branch. Please call 508-435-9345 x104 for more info.**