

**March 2020 MetroWest YMCA
Emergency Child Care Program Menu
Whole or 1% milk & water are served with every meal.
The USDA is an equal opportunity provider.**

Monday	Tuesday	Wednesday	Thursday	Friday
No program	<p style="text-align: right;">24</p> <p>Breakfast: WG Crispix & peaches</p> <p>Lunch: WG penne, turkey meatballs, sauce, baby carrots & clementine</p> <p>Snack: Cheese stick & sliced bell pepper w/ WG triscuits</p>	<p style="text-align: right;">25</p> <p>Breakfast: WG Cheerios & pineapple</p> <p>Lunch: Grilled cheese on WG bread, tomato soup & sliced pear</p> <p>Snack: WG Rice cake & apple slices</p>	<p style="text-align: right;">26</p> <p>Breakfast: WG Kix & pears</p> <p>Lunch: Chicken nuggets, WG noodles, steamed broccoli & orange slices</p> <p>Snack: Strawberry slushie & WG wheat thins</p>	<p style="text-align: right;">27</p> <p>Breakfast: WG Bagel, cream cheese & tropical fruit</p> <p>Lunch: Pizza! WG flatbread, cheese, sauce, mixed veggies & banana</p> <p>Snack: Fresh fruit salad & WG Goldfish</p>
<p style="text-align: right;">30</p> <p>Breakfast: Chex & pears</p> <p>Lunch: Turkey & cheese sandwich on WG bread, carrots & pineapple cup</p> <p>Snack: Fruit salad & WG crackers</p>	<p style="text-align: right;">31</p> <p>Breakfast: Kix & peaches</p> <p>Lunch: Quesadilla on WG tortilla w/ cheese. Black bean salsa & orange slices.</p> <p>Snack: Yogurt, berries & granola</p>			



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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**