

## QUALITY COUNTS

**Our Early Childhood Programs bear these hallmarks of quality:**

- Individualized developmentally appropriate curriculum based on the *Massachusetts Early Childhood Program Standards for 3 and 4 Year Olds* and the *Guidelines for Preschool Learning experiences based on the Massachusetts Curriculum Frameworks*
- Clear and attainable goals and objectives for children and educators
- All classrooms have lead teachers with either a Master's or Bachelor's degree
- Professional development and training for educators to support the attainment of certification or degrees as well as ongoing professional growth
- All staff are First Aid and CPR certified
- Educator to child ratios below state requirements
- Low staff turnover, which supports continuity of learning and important relationship building with children
- Nutritious breakfast and afternoon snacks
- Physical activities to build strong bodies
- Family participation, support and education
- Resource and referrals
- Transition to kindergarten support
- Systematic evaluation and monitoring to improve practices
- Opportunities to participate in other MetroWest YMCA activities such as swim and gymnastic classes



**Early childhood years are a wondrous time of growth and exploration.**



**METROWEST YMCA  
EARLY LEARNING CENTER**

280 Old Connecticut Path  
Framingham MA 01701  
(508) 879-4420 [metrowestymca.org](http://metrowestymca.org)

**METROWEST YMCA  
EARLY LEARNING  
CENTER**



## EARLY CHILDHOOD EDUCATION

MetroWest YMCA Early Learning Center provides high quality early education and care to children ages 15 months through 5 years old. Part-week and full-week programs are available for preschool and pre-kindergarten classrooms. Only full-week care is available in the toddler room.

Our classes are designed to make children feel safe and comfortable while learning, exploring, socializing and having fun. The YMCA offers a full-day/full-year schedule to accommodate the work day, school vacations and the summer break, because families deserve affordable and flexible programs.

Activities at the YMCA are designed to put learning in the context of play and to celebrate the joys of learning and growing. They include gross motor and language activities, sensory experiences, creative expression, learning through hands-on exploration and acquisition of skills that support social & emotional development and independence. Our curriculum addresses each child's developmental needs and interests and emphasizes the YMCA character values of caring, honesty, respect, and responsibility. This individualized instruction will help your child grow and succeed.

Our educators are multilingual, diverse and trained to be culturally sensitive. We look forward to working with you and your family.

*Within its available resources, the MetroWest YMCA will provide partial financial assistance through our ASSIST program and will be awarded to those who can demonstrate their inability to pay the full fee. Funds are secured by volunteers during the YMCA's Annual Campaign. Visit member services or download an application online.*

### The MetroWest YMCA can help your child prepare for the future.

Call the Early Learning Center Director at 508-879-4420 x51 for more information.

#### Toddlers Ages 15 months to 2 years, 9 month (33 months)

Only full time care available for toddlers

#### Preschool and Pre-K

Ages 2 years, 9 months to 5 years

Full-week and part-week care available for preschool and pre-kindergarten

#### Hours of Operation

Monday - Friday

(year-round)

7:30 am to 6:00 pm

#### Location

MetroWest YMCA, Framingham Branch

280 Old Connecticut Path

Framingham, MA 01701

508-879-4420 x51



### SAMPLE ACTIVITY DAY SCHEDULE – Times will vary from classroom to classroom

7:30am	9:15am	11am	12:30pm	3pm	4:30pm	6pm
Arrival & choice play	Circle time	Outdoor play	Stories & reading	Healthy snack	Projects & choice play	Departure
Healthy snack	Learning concepts & projects	Lunch	Rest / quiet time	Outdoor play	Stories & reading	
9am	9:45am	12pm	1pm	3:30pm	5:30pm	