

EQUIPMENT ORIENTATION

TURF/FUNCTIONAL TRAINING SPACE

FREE
DROP IN



Learn about the new equipment in this NEW space during one of our free, drop-in orientation times during the week of February 3-9. No sign-up needed, just show up!

Monday (2/3) at 8:30 am AND 6:00 pm

Tuesday (2/4) 5:30 pm

Wednesday (2/5) 9:30 am AND 5:00 pm

Thursday (2/6) 12:00 pm AND 7:30 pm

Friday (2/7) 6:00 am

Sunday (2/9) 8:30 am



Starting February 10th we will have weekly, free, drop-in orientation times for the functional training and turf area on Mondays at 6:00 pm and Sundays at 8:30 am.