SUMMER CAMPS
FRAMINGHAM & NATICK

2020

METROWEST YMCA SUMMER CAMPS
FRAMINGHAM & NATICK
280 Old Connecticut Path, Framingham, MA
120 Parker Rd, Framingham, MA
East School, 90 Oak Street, Natick, MA

June 22 – August 28, 2020
For children ages 3–15
We are looking forward to the arrival of summer and excited for the camp season to begin. Thank you for choosing the MetroWest YMCA for your child’s camp experience this year.

**Exciting Updates for Summer 2020**

- Camp OCP is back at the Framingham Branch.
- New theatre and drama camp at the East School in Natick, called Oak Street Productions.
- My First Summer will be back at the Framingham Branch and will offer full day and half day options and swimming lessons
- Exciting updates for Gymnastics – Excited to welcome gymnastics campers to our first year in our brand new gymnasium with air conditioning and easy access to the fields out back. Swimming and water play is twice a week.

We are excited to have your camper join us, and are looking forward to a summer filled with fun and friendships!

<table>
<thead>
<tr>
<th>CAMP</th>
<th>AGES / GRADES</th>
<th>LOCATION</th>
<th>TIME</th>
<th>AM/PM CARE (Optional)</th>
<th>SWIM / TIME / WATER PLAY</th>
<th>SESSION DURATION</th>
<th>FIELD TRIPS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAMP OCP</td>
<td>Entering grades 1-6</td>
<td>MetroWest YMCA, Framingham</td>
<td>7:30am-6:00pm</td>
<td>Included</td>
<td>Yes</td>
<td>One week sessions</td>
<td>Yes</td>
</tr>
<tr>
<td>GYMNASTICS CAMP</td>
<td>Entering grades 1-8</td>
<td>MetroWest YMCA, Framingham</td>
<td>9:00am-4:00pm</td>
<td>Yes</td>
<td>Yes</td>
<td>Two week sessions</td>
<td>No</td>
</tr>
<tr>
<td>CAMP CLEARBROOK</td>
<td>Entering grades 1-4</td>
<td>Clearbrook Swim Club, Framingham</td>
<td>9:00am-12:30pm</td>
<td>No</td>
<td>Yes</td>
<td>One week sessions</td>
<td>Yes</td>
</tr>
<tr>
<td>MY FIRST SUMMER CAMP</td>
<td>3,4,5 years old &amp; potty trained</td>
<td>MetroWest YMCA, Framingham</td>
<td>9:00am-12:30pm</td>
<td>Yes, PM only</td>
<td>Yes</td>
<td>One week sessions</td>
<td>Yes</td>
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<tr>
<td>Y STEM CAMP, NATICK</td>
<td>Entering grades 1-6</td>
<td>East School, 90 Oak St Natick</td>
<td>9:00am-4:00pm</td>
<td>No</td>
<td>No</td>
<td>One week sessions</td>
<td>No</td>
</tr>
<tr>
<td>OAK STREET PRODUCTIONS</td>
<td>Entering grades 2-6</td>
<td>East School, 90 Oak St Natick</td>
<td>9:00am-4:00pm</td>
<td>Yes</td>
<td>No</td>
<td>Three week sessions</td>
<td>No</td>
</tr>
<tr>
<td>TEENS LIT at OCP</td>
<td>Entering grades 7-8</td>
<td>MetroWest YMCA, Framingham</td>
<td>9:00am-4:00pm</td>
<td>No</td>
<td>Yes</td>
<td>One-week sessions</td>
<td>Yes</td>
</tr>
<tr>
<td>TEENS LIT at Y STEM</td>
<td>Entering grades 7-8</td>
<td>East School, 90 Oak St Natick</td>
<td>9:00am-4:00pm</td>
<td>No</td>
<td>No</td>
<td>One week sessions</td>
<td>No</td>
</tr>
<tr>
<td>TEENS CIT at OCP</td>
<td>Entering grades 9-10</td>
<td>MetroWest YMCA, Framingham</td>
<td>9:00am-4:00pm</td>
<td>No</td>
<td>Yes</td>
<td>One training week &amp; additional 1-week sessions</td>
<td>Yes</td>
</tr>
<tr>
<td>TEENS CIT at Y STEM</td>
<td>Entering grades 9-10</td>
<td>East School, 90 Oak St Natick</td>
<td>9:00am-4:00pm</td>
<td>No</td>
<td>No</td>
<td>One training week &amp; additional 1-week sessions</td>
<td>No</td>
</tr>
<tr>
<td>TEENS CIT GYMNASTICS</td>
<td>Entering grades 9-10</td>
<td>MetroWest YMCA, Framingham</td>
<td>9:00am-4:00pm</td>
<td>No</td>
<td>Yes</td>
<td>One training week, two week sessions</td>
<td>No</td>
</tr>
<tr>
<td>TEENS CIT at Oak Street Productions</td>
<td>Entering grades 9-10</td>
<td>East School, 90 Oak St Natick</td>
<td>9:00am-4:00pm</td>
<td>No</td>
<td>No</td>
<td>One training week, 3 week sessions</td>
<td>No</td>
</tr>
</tbody>
</table>
METROWEST YMCA MEMBERSHIP

In an effort to keep rate increases down and to add more value to those who have Y-Memberships, the MetroWest YMCA has gone to a new-tiered pricing structure for the summer camp 2020 season. Please read more about the different membership options and benefits below.

MEMBERSHIPS & CAMP FEES

Family Members: (Best Value!) If you have a family membership through the Framingham Branch you will receive the family rate on all camps and priority registration dates. All MetroWest YMCA Family Members also have full access to the Family Outdoor Center’s Family Membership including the Swim Club.

Youth/Teen Memberships: Youth Memberships will pay the youth rate for summer camps. Your child will also receive member rates for all programs at both the Framingham and Family Outdoor Center Branches. FOC Family Swim Club and FOC Member benefits are not included.

Non-Members: You do not need to have a membership to participate in YMCA camps and programs. Non-members are welcome to register for specific programs, like camps or youth sports. There is no monthly fee for this type of account, and you do not have access to any YMCA facility except for during the programs you might register.

Camp Fees: To receive the member rate for camp sessions, your child must have an active membership with the MetroWest YMCA at the Framingham Branch from the time of registration through the end of the month their children are participating in camp. Memberships that are cancelled prior to this date will be charged the non-member rate.

FINANCIAL ASSISTANCE

We recognize that families have different abilities to pay. In order to keep camps and programs accessible to all, the Y is now giving families the option to choose a membership that best reflects the rate they wish to pay for summer camp.

If you feel you still need help affording summer camp, the MetroWest YMCA can help. Within its available resources, the MetroWest YMCA will provide summer camp and membership regardless of a family’s ability to pay. Partial financial assistance through our ASSIST program will be awarded to those who can demonstrate their inability to pay the full fee. Funds are secured by volunteers during the YMCA’s Annual Campaign. Visit member services or download an application online.

HEALTH AND SAFETY

Health Forms: Massachusetts State Law requires each camper to have a physical examination and current record of immunization signed by his/her physician within 18 months of arrival at camp.

Safety: As leaders and role models, our staff are dedicated to providing a safe and fun-filled experience. There will be at least two people on site at all times who are CPR and first aid certified. Our staff camper ratio is 1:5 (younger campers) and 1:10 (older campers).

Pool Regulations: On the first day of each session, the children will be swim-tested and their swimming level will be recorded by their counselor and the lifeguard. If the lifeguard decides that your child needs a flotation device, they must wear it in the pool at all times.

CONTACT US!

EDUCATION SUMMER CAMP DIRECTORS

Camp OCP
Susan Lynch and Emmett Prescott
slynch@metrowestymca.org
eprescott@metrowestymca.org

Y STEM CAMP
Patrick Rosendale, PRosendale@metrowestymca.org

Oak Street Productions
Ashleigh O’Halloran, AOHalloran@metrowestymca.org

Director of Family Services and Camp Registrar
Kathleen Glennon, KGlennon@metrowestymca.org

Executive Director of Education
Heidi Kaufman, HKaufman@metrowestymca.org

FRAMINGHAM BRANCH CAMP DIRECTORS

My First Summer Camp
Jen Hyman, JHyman@metrowestymca.org

Gymnastics Camp
Cody Ross, cross@metrowestymca.org

Camp Clearbrook
Cody Ross, cross@metrowestymca.org

Business Manager & Camp Registrar
Arlete Wilson, awilson@metrowestymca.org

Branch Executive Director, Framingham
Lisa Mandozzi, LMandozzi@metrowestymca.org

The MetroWest YMCA Camp programs comply with the regulations of the MA Department of Public Health and is licensed by the local Board of Health. Parents may call the camp to request copies of background checks, health care, and discipline policies, as well as procedures for filing grievances. All staff and volunteers, ages 17 and older are subject to SORI and CORI checks by the Commonwealth of Massachusetts.
CAMP OCP

Who: All children who are entering 1st - 6th grade are welcome! Students entering grade 7 and up should look at our teen programs.

What: Camp OCP focuses on using age appropriate curriculum to further the development of skills. Enrichment activities focus on skills pertaining to STEM, ELA, art, global awareness, and Social-Emotional Learning. Physical education activities are geared to encourage good sportsmanship, teambuilding and collaboration among peers. All activities are directly linked to the weekly themes. Optional lunches will be provided through the Summer Food Program.

Where: Inside and outside space at the MetroWest YMCA Framingham Branch, 280 Old Connecticut Path, Framingham

When: June 22 - August 28, 2020
Weekly session run Monday – Friday from 7:30am – 6:00pm.
Drop-off is from 7:30-9:00am.
Pick-up is from 4:30-6:00pm.

In the event that snow days extend the school year beyond June 22, the first week of camp will be prorated to reflect the amount of days your child’s school is not in session.

Why: Camp OCP emphasizes preventing summer learning loss and helping children retain and develop the skills they’ve worked on at school during the year. This means that months of gains in reading and math don’t disappear, and children can pick up ahead of where they finished, instead of needing to relearn information. In addition to academic retention, Camp OCP is committed to providing a nurturing environment in which every child can develop relationships, conflict resolution skills, community belongingness, and most importantly, fun experiences. Your child’s camp experience is geared to set the foundation to become happy and successful adults.

Contact: Susan Lynch slynch@metrowestymca.org
Emmett Prescott eprescott@metrowestymca.org
508-435-9345

YOUR CHILD’S CAMP OCP EXPERIENCE

• Summer learning through hands-on enrichment activities including:
  - STEM (Science, Technology, Engineering, Math)
  - ELA (English Language Arts)
  - Art education

• 21st century skill development including decision making & problem solving

• Building social skills, creating friendships, and teambuilding

• Focus on global awareness and social-emotional skills

• Swimming / water play

• Weekly theme-based field trips

• Reading daily & weekly trips to library

• Before & after camp care included

• Traditional camp activities such as: sing-a-longs, sports, arts and crafts, & gaga-ball

SESSION DATES & THEMES

<table>
<thead>
<tr>
<th>SESSION</th>
<th>DATES</th>
<th>THEME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>6/22-6/26</td>
<td>Let the Summer Begin</td>
</tr>
<tr>
<td>Session 2</td>
<td>6/29-7/3</td>
<td>Celebration Nations</td>
</tr>
<tr>
<td>Session 3</td>
<td>7/6-7/10</td>
<td>New England Adventurers</td>
</tr>
<tr>
<td>Session 4</td>
<td>7/13-7/17</td>
<td>Superheroes</td>
</tr>
<tr>
<td>Session 5</td>
<td>7/20-7/24</td>
<td>Space is the Place</td>
</tr>
<tr>
<td>Session 6</td>
<td>7/27-7/31</td>
<td>Myths and Legends</td>
</tr>
<tr>
<td>Session 7</td>
<td>8/3-8/7</td>
<td>Mad Science</td>
</tr>
<tr>
<td>Session 8</td>
<td>8/10-8/14</td>
<td>Witches and Wizards</td>
</tr>
<tr>
<td>Session 9</td>
<td>8/17-8/21</td>
<td>Creativity INK</td>
</tr>
<tr>
<td>Session 10</td>
<td>8/24-8/28</td>
<td>OCP’s Got Talent</td>
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</tbody>
</table>

CAMP OCP SAMPLE DAY

<table>
<thead>
<tr>
<th>TIME</th>
<th>ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-8:30am</td>
<td>Drop-off and structured free play</td>
</tr>
<tr>
<td>8:30-9:00am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>9:00am</td>
<td>Welcome meeting</td>
</tr>
<tr>
<td>Morning rotations</td>
<td>1. Swim lessons</td>
</tr>
<tr>
<td></td>
<td>2. Field games</td>
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<tr>
<td></td>
<td>3. ELA enrichment activity</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>Afternoon rotations</td>
<td>1. Water play, open swim</td>
</tr>
<tr>
<td></td>
<td>2. Physical activity</td>
</tr>
<tr>
<td></td>
<td>3. STEM enrichment activity</td>
</tr>
<tr>
<td>3:00pm</td>
<td>Snack</td>
</tr>
<tr>
<td></td>
<td>Creative arts activity</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Closing meeting</td>
</tr>
<tr>
<td>4:30 - 6:00pm</td>
<td>Pick-up &amp; structured free play</td>
</tr>
</tbody>
</table>
Y STEM CAMP

At Y STEM, children will explore the natural world, create new inventions, all the while innovating and making new friends at summer camp!

Who: Children entering Grades 1-6 who are excited to explore, thrive, and create in a world of STEM!

New this year! Y STEM will be offering LIT & CIT programs for teens!

What: STEM stands for Science Technology, Engineering, and Math. Children who enjoy hands on activities, wonder how the world works, and ready to create will enjoy this camp experience! Perfect for children excited about engineering, coding, experimenting, discovery, and making new friends. Traditional camp activities are also woven in throughout the day, too!

Where: East School, 90 Oak Street, Natick

When:
• One week sessions from June 22-August 28 (10 weeks).
• Camp runs Monday-Friday and begins at 9:00am and ends 4:00pm
• Drop off time from 8:30am- 9:00am and pick-up from 4:00pm-4:30pm.
• Before & after care: 7:00-8:30am & 4:30-6:00pm (optional)

In the event that snow days extend the school year beyond June 22, the first week of camp will be prorated to reflect the amount of days your child’s school is not in session.

Why: Camp Y-STEM is active, collaborative, meaningful, and teaches the life skill of problem solving for all children. This program allows children to make a connection between activities they enjoy and professions in the ever growing STEM fields, all while building on 21st century skills. Every week is unique and offers a plethora of challenges and opportunities for your child. Let's create together!

Contact: Patrick Rosendale
prosendale@metrowestymca.org
508-435-9345 x121

Register online or in person at the Metrowest YMCA

SESSION DATES & THEMES

<table>
<thead>
<tr>
<th>SESSION</th>
<th>DATES</th>
<th>THEME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>6/22 - 6/26</td>
<td>Makers &amp; Shakers</td>
</tr>
<tr>
<td>Session 2</td>
<td>6/29 - 7/3</td>
<td>Move to the Music</td>
</tr>
<tr>
<td>Session 3</td>
<td>7/6 - 7/10</td>
<td>Transportation Sensation</td>
</tr>
<tr>
<td>Session 4</td>
<td>7/13 - 7/17</td>
<td>Y SPY: CSI Edition</td>
</tr>
<tr>
<td>Session 5</td>
<td>7/20 - 7/24</td>
<td>Slime Mology</td>
</tr>
<tr>
<td>Session 6</td>
<td>7/27 - 7/31</td>
<td>Digging Up the Past!</td>
</tr>
<tr>
<td>Session 7</td>
<td>8/3 - 8/7</td>
<td>Robotics</td>
</tr>
<tr>
<td>Session 8</td>
<td>8/10 - 8/14</td>
<td>Marvelous Marvels</td>
</tr>
<tr>
<td>Session 9</td>
<td>8/17 - 8/21</td>
<td>Superhero Science</td>
</tr>
<tr>
<td>Session 10</td>
<td>8/24 - 8/28</td>
<td>Creature Features</td>
</tr>
</tbody>
</table>

Learn more about LIT & CIT Camps for Teens on page 8.

Y STEM CAMP SAMPLE DAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-9:00am</td>
<td>Drop off, free play</td>
</tr>
<tr>
<td>9:00-9:45am</td>
<td>All camp meeting &amp; snack</td>
</tr>
<tr>
<td>9:45am-12:00pm</td>
<td>Morning rotation: STEM activity, sports games, art or team-building activities</td>
</tr>
<tr>
<td>12-12:40pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:40-1:00pm</td>
<td>Read &amp; share</td>
</tr>
<tr>
<td>1:00-3:00pm</td>
<td>Afternoon rotations: STEM activity, nature or technology activities</td>
</tr>
<tr>
<td>3:00-4:00pm</td>
<td>Snack and choice of activity</td>
</tr>
<tr>
<td>4:00-4:30pm</td>
<td>Closing &amp; pick up</td>
</tr>
</tbody>
</table>
OAK STREET PRODUCTIONS

Who: Children entering grades 2 through 6 with an interest in drama, theater, performance or looking for a new creative outlet!

What: (Cue announcement music) We are happy to announce our first year of offering a theater camp dedicated to dramatic arts, summer learning, and fun! Campers will audition, rehearse, improvise, design, and finish with a final performance at the end of each session. All children enrolled will be guaranteed a role in the final production of the session. Campers will not only be participating as cast members but as costume & set designers, stage technicians, directors, producers, and choreographers! While campers will be working towards a final performance, they will be engaged with theater games, daily challenges, and creative arts with a dash of traditional camp elements thrown in for good measure. Come join us as we light the lights, set the stage, and put on the show of a lifetime!

Where: East School, 90 Oak Street, Natick

When: 9:00am-4:00pm

Session 1 6/29-7/17 (3 week session)
Fantasy and Fairy tales
Performance: Honk Jr.

Session 2 7/20-8/7 (3 week session)
Rock On!
Performance: School House Rock Jr.

Session 3 8/10-8/28 (3 week session)
Oh the Places You’ll Go!
Performance: Seussical the Musical Jr.

Before and after care available 7:00am-9:00am and 4:00pm-6:00pm.

Why: Children will have the opportunity to be engaged in the process of putting on a theatrical production. Our campers will build self-confidence and social emotional learning. The workshops are designed to foster summer learning and the development of 21st century skills.

Contact: Ashleigh O’Halloran
AOHalloran@metrowestymca.org
(508) 435-9345 x293

Register online or in person at the Metrowest YMCA. Learn more about our CIT program for teens at Oak Street Productions on page 9.

GYMNASTICS CAMP DETAILS

Who: Youth who are entering Grades 1-8. All level gymnasts from beginner to advanced are welcome.

What: Two-week themed sessions that incorporate the gymnastics skills and drills learned into an end of session gymnastics show. We spend mornings doing gymnastics and afternoons enjoying water games as well as practicing our gymnastics show routines in our newly renovated and air conditioned gymnasium! Optional lunches will be provided through the Summer Food Program. Gymnastics Camp is all about having fun so when we aren’t practicing our new skills we are playing games, making crafts, singing camp songs and more! So get your leotard, comfortable gym clothes, bathing suit, sunscreen and lots of water and get ready to have some fun!!

Where: Metrowest YMCA, Framingham Branch
280 Old Connecticut Path, Framingham

When: June 29- August 28, 2 week sessions
Monday-Friday 9:00am-4:00pm
Before & after care 7:00-9:00am & 4:00-6:00pm

Why: Our Gymnastics Camp is focused on skill development, strength building, enhancing coordination but most importantly to instill self confidence in every one of our campers. We want every participant to grow this summer by making new friends, having unique experiences, learning new skills, and gaining confidence within themselves. Your camper will complete their camp session feeling proud of the new gymnastics skills they’ve achieved and the new friendships they’ve created. Join us for a positive summer of learning and FUN!

Contact: Cody Ross
cross@metrowestymca.org
(508) 879-4420 x262

GYMNASTICS CAMP SAMPLE DAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-9:00am</td>
<td>Drop off &amp; optional breakfast</td>
</tr>
<tr>
<td>9:00-9:15am</td>
<td>Camp welcome meeting</td>
</tr>
<tr>
<td>9:15-9:30am</td>
<td>Gymnastics warm-up</td>
</tr>
<tr>
<td>9:30-12:00pm</td>
<td>Gymnastics rotations</td>
</tr>
<tr>
<td>12:00-12:45pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:45-3:45pm</td>
<td>Swim/water games/crafts/more gymnastics</td>
</tr>
<tr>
<td>3:45-4:00pm</td>
<td>Camp closing meeting</td>
</tr>
<tr>
<td>4:00-4:30pm</td>
<td>Pick up</td>
</tr>
</tbody>
</table>

Learn more about CIT Gymnastics Camp for Teens on page 9.
CAMP CLEARBROOK
Half Day Camp

Who: Children entering grades 1-4.

What: Camp Clearbrook is a half day program at beautiful Clearbrook Swim Club that provides youth with a well rounded camp curriculum. Activities include swim lessons (every day), tennis + golf lessons, arts and crafts, and a number of traditional camp games. This is a great program for kids who like to swim and the half day component works well for new campers. Families can register for 2, 3, or 5 days of camp per week depending on their needs!

Where: Clearbrook Family Swim Club,
120 Parker Road, Framingham
(Owned and operated by the MetroWest YMCA.) Plenty of outdoor space and indoor space is available during inclement weather.

When: One Week Sessions: June 29-August 28, 2020
Monday- Friday, 9:00am – 12:30pm
2, 3, & 5 day options

Why: While learning new skills and being active, campers will gain self-confidence, self-esteem and a sense of achievement and belonging. They will learn about teamwork, good sportsmanship while having the opportunity to make new friends.

Contact: Cody Ross
cross@metrowestymca.org
(508) 879-4420 x262

MY FIRST SUMMER CAMP
Half Day & Full Day options

Who: This camp is for 3-5 year olds who have not attended camp in the past. It is perfect for the first time camp experience or a great way to transition into a new preschooler for the fall. The camp environment features a small group setting with a camper to counselor ratio of 5:1. Campers must be fully potty trained and be able to use the bathroom independently to participate in this camp.

What: One week themed sessions that incorporate sports, games, crafts, story time, swim lessons, water play and the Choose To Be Nice program. Campers must bring a reusable water bottle and snacks in their backpacks.

Where: Metrowest YMCA, Framingham Branch
280 Old Connecticut Path, Framingham

When: June 29 – August 28 Monday-Friday 9:00-4:00 with 2, 3, and 5 day options and ½ day and full day options. Half day enrollments will be from 9:00am-12:30pm and full day from 9:00am-3:30pm. *NEW* PM Care option from 4-6pm

Why: While these campers are young, they can benefit greatly from attending camp. Building positive relationships, developing good sportsmanship, increasing self-esteem, and the opportunity to create long lasting camp memories are some reasons to sign up for camp. There will be some family events throughout the summer to give the parents a chance to meet, see who their child spends their time with and get some family time in.

Contact: Jen Hyman
JHyman@metrowestymca.org
(508) 879-4420 x281

CAMP CLEARBROOK
SAMPLE DAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
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<tbody>
<tr>
<td>8:30-9:00am</td>
<td>Drop off and free play</td>
</tr>
<tr>
<td>9:00am</td>
<td>Morning meeting &amp; opening activity</td>
</tr>
<tr>
<td>Morning Rotation</td>
<td>Enrichment / Sports activities</td>
</tr>
<tr>
<td></td>
<td>Camp group time</td>
</tr>
<tr>
<td>11:15-11:45am</td>
<td>Swim lessons / free swim</td>
</tr>
<tr>
<td>12-12:30pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:30-1:00pm</td>
<td>Free play &amp; pick up</td>
</tr>
</tbody>
</table>

MY FIRST SUMMER CAMP
SAMPLE DAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-9:00am</td>
<td>Drop off and free play</td>
</tr>
<tr>
<td></td>
<td>Optional breakfast</td>
</tr>
<tr>
<td>9:00-9:30am</td>
<td>All camp welcome song &amp; opening</td>
</tr>
<tr>
<td>9:30-10:30am</td>
<td>Choose To Be Nice Activity / Crafts</td>
</tr>
<tr>
<td>10:30-11:30am</td>
<td>Water Play / Swimming</td>
</tr>
<tr>
<td>11:30-12:00pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:00-12:30 pm</td>
<td>Story Time</td>
</tr>
<tr>
<td>12:30-1:00pm</td>
<td>Half Day Pickup / Free Play</td>
</tr>
<tr>
<td>1:00-2:00pm</td>
<td>STEM Activity</td>
</tr>
<tr>
<td>2:00-3:00pm</td>
<td>Sports</td>
</tr>
<tr>
<td>3:00-3:30pm</td>
<td>Camp closing meeting</td>
</tr>
<tr>
<td>3:30-4:00 pm</td>
<td>Free Play &amp; Pick Up</td>
</tr>
</tbody>
</table>
LIT at OCP & STEM
Leaders in Training

This program is for youth entering 7th and 8th grade. Leaders in training are learning how to be active and impactful within their community. The LIT experience will incorporate the focus of the camp where the program takes place. LITs will be participating in teambuilding activities, engage in student driven service learning projects, and develop the talents necessary to work with their peers and younger children. The focus of the leader in training program is volunteerism and guided education. LITs are integrated into the camp program and receive hands-on experience working with CIT and counselors. LITs will have an augmented camp day that includes fun camp activities for themselves as well as learning portions of the day where they might be interacting directly with groups of children, such as leading camp games and activities. By the time their session concludes, they will have the leadership skills necessary to become MetroWest YMCA community champions!

Who: Youth entering grades 7-8 who are interested in having fun with teambuilding, engaging in service learning, and growing their talents that are necessary for working with younger youth. Must have a desire to learn, grow and work together with others in a small teen community.

Where:
OCP: MetroWest YMCA, Framingham Branch
280 Old Connecticut Path, Framingham

STEM: East School, 90 Oak Street, Natick

When: June 29 – August 21, Monday-Friday, 9:00am-4:00pm. LITs are strongly encouraged to attend multiple weeks so that they can actively participate in the different aspects of the service learning projects.

How to apply: Interested youth should apply online at metrowestymca.org/teencamps. Must complete and submit an LIT Program application to be eligible.

Please contact: schoolsout@metrowestymca.org
(508) 435-9345

Training Program Benefits:

- Have fun serving as role models by making an impact in the lives of our campers.
- Create friendships that last a lifetime while you are mentored by professional YMCA role models.
- Develop skills in communication, conflict resolution, problem solving, child development, child guidance, planning, preparing, and leading activities with children of all ages.
- Walk away with a strong work ethic that can apply to any leadership experience.
- Become CPR and First Aid Certified.
GYMNASTICS CIT
Gymnastics Counselor in Training

This program is designed to give teens a fun and positive camp experience while providing on-the-job junior camp counselor training. Gymnastics CITs will have the opportunity to help lead activities, prepare for gym shows, and learn what it takes to be an outstanding counselor and instructor. This program is for those who are interested in learning how to work with children while developing and improving their own leadership skills.

Who: Teens entering grades 9 and 10 who love gymnastics, would like to share that love with younger children and would like to get hands-on experience in training as a gymnastics counselor and instructor. Must have a strong desire to guide and be engaged with campers, act as a role model, and invested in leading others.

Where: Metrowest YMCA, Framingham Branch
280 Old Connecticut Path, Framingham

When: June 22 - August 28
8:30am – 4:30pm
Required Training Week: June 22-26

Why: Gymnastics CITs can have fun serving as role models making an impact on the lives of younger campers. This is an opportunity to develop skills in preparing and leading activities while being mentored by experienced YMCA staff.

How to apply: Please complete the Gymnastics CIT Packet. Applications will be available on February 1st and are due by May 1st.

Please contact:
Cody Ross
cross@metrowestymca.org
(508) 879-4420 x262

CIT at OCP, STEM, & OAK STREET PRODUCTIONS
Counselor in Training

The CIT program at Camp OCP, Y STEM, and Oak Street Productions is for teens who want to be a part of a working team and leadership community at our summer learning camps. The CIT experience will incorporate the focus of the camp where the program takes place. CITs will attend a required one-week training to prepare for a summer supporting camp counselors and building relationships with campers. During the following weeks, CITs will assist counselors in camper groups and leading activities throughout the day. CITs will connect with their CIT Support Counselor every afternoon to receive guidance, support and feedback. The valuable experience gained in the CIT program can be used on college entrance essays, for community service, and future employment in the community. Outstanding CITs may be considered for employment as counselors once they turn 16.

Who: Youth entering grades 9-10 who are interested in guiding and engaging with campers, acting as a role model, and leading others. Must have a strong desire to guide and be engaged with campers, act as a role model, and invested in leading others.

Where: MetroWest YMCA, 280 Old Connecticut Path, Framingham (for Camp OCP) and East School, 90 Oak Street, Natick (for STEM and Oak Street Productions)

When: June 22 – August 28, Monday-Friday, 9:00am-4:00pm
Required Training Week: June 22-26
CITs must work at least 4 of the 8 remaining weeks.

How to apply: Interested youth should apply online at metrowestymca.org/teencamps. The application can be found online at metrowestymca.org/teencamps or available at the Member Service Desk. Those interested must complete and submit a CIT program Application and an in-person interview. Completing the LIT program is not required. Must commit to the full training (6/22-6/26). Must commit to at least 4 of the 8 remaining program weeks.

Please contact: schoolsout@metrowestymca.org
(508) 435-9345 x115
LET’S GET STARTED!
Registration Begins:
Members - Monday, January 20, 2020
Non-Members - Monday, February 17, 2020

TWO EASY WAYS TO REGISTER:
Online Go to www.metrowestymca.org & click on the “Camp Registration” tab.
In Person Visit us at either of our branches in Hopkinton or Framingham.

PAYMENT OPTIONS
All options will require a $25 deposit per week ($50/two-week session) at time of registration. All AM/PM Care options must be paid in full at the time of registration.
1) May 31st Deadline – Pay your remaining balance no later than May 31. Or...
2) Payment Plans – Please refer to our “Registration Instructions” web page for our payment options at www.metrowestymca.org/register-for-camp

CAMPDOC – YOUR ONLINE CAMPER PROFILE
Campdoc is a secure online service that brings ease and convenience to completing your child’s additional registration information, uploading health records/physical exams and much more. You will receive an email from CampDoc within a few weeks of registration with additional information. If your child was a camper here last year, your information has been saved in CampDoc and may only require you to review and update. All CampDoc information is due by June 1. After June 1, all information must be provided at the time of registration; including but not limited to physicals/immunizations, medication authorizations, allergy plans, etc. Registrations will not be considered complete and children will not be able to attend until all forms and documents are provided.

PAYMENT AND CANCELLATION POLICY
1) Families will be immediately charged a non-refundable deposit of $25 per week per child.
2) Prior to April 1, you may transfer your deposit to other camp programs. After April 1, deposits are non-transferrable. Remaining fees may be refunded without deposit.
3) Cancellations must be made prior to May 31 to receive a full refund without deposit. After May 31 there will be no refunds, credits or money transfers of any kind for withdrawal, failure to attend registered sessions, or partial attendance.
4) After June 1 all new camp registrations must be done in person by coming into the branch. All CampDoc forms will be filled out at the time of registration- please bring all required physicals and forms with you.
5) A YMCA credit or refund without deposit may be issued if a participant is unable to attend camp due to a prolonged illness/injury lasting 3 days or more. This request must be made prior to the end of the camp session and must be accompanied by a doctor’s note.
6) All requests for changes to camp registrations must be done in writing via email or letter to the correct camp office. Changes require a 2 week notice and not considered completed until confirmed in writing from the camp office.
7) All previous Y balances must be paid prior to camp registration. If any Y past due balance is unpaid, your child will be unenrolled from camp and they will not be able to attend. There will be no refunds, credits or pro-rating for missed days.
8) Families who have registered at our member rate must keep their membership active from time of registration through the end of the month their children are participating in camp. Memberships may not be placed on hold.
9) All information collected is kept securely by the YMCA. Credit/Debit card information is not accessible by YMCA staff and is kept in a secure system.
10) There will be a $10 late pick up fee per child for the first 10 minutes late. You will be charged $5 for every 5 minutes after.
11) If your child is on a waitlist, we will contact you if an opening is available. Full tuition will be due at the time of enrollment. Waitlists are monitored regularly.

VOUCHER AND CONTRACTED SLOTS
If your child is currently on a Department of Early Education and care (EEC) subsidy through a voucher/contracted slot at the MetroWest YMCA or previously had a summer only voucher for the MetroWest YMCA, you will be contacted by our business office with registration instructions. Deposits are not required. If you have a voucher outside of the MetroWest Y, the current voucher must be provided before the time of registration for the deposit to be waived or you will be responsible for leaving a $25 deposit per session per child.

REGISTRATION CHECKLIST
☐ Plan your camp weeks
☐ Fill in form- with dates and codes
☐ Decide to register in person or online
☐ If new to online - set up your MetroWest YMCA online account
☐ Credit/debit card or check for deposit
☐ Go online & click camp registration tab
After registration:
☐ Watch for CampDoc email to complete your campers online account and upload health forms and additional information.
<table>
<thead>
<tr>
<th>Week</th>
<th>Date Range</th>
<th>Activity</th>
<th>Entry Grade</th>
<th>Price 1</th>
<th>Price 2</th>
<th>Price 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Jun 22 - 26</td>
<td>MY FIRST SUMMER</td>
<td>K-4</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
</tr>
<tr>
<td>2</td>
<td>Jul 6 - 10</td>
<td>CAMP CLEARBROOK</td>
<td>K-4</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
</tr>
<tr>
<td>3</td>
<td>Jul 27 - 31</td>
<td>CAMP OCP, Entering Grades 1-6</td>
<td>K-4</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
</tr>
<tr>
<td>4</td>
<td>Jul 13 - 17</td>
<td>CAMP OCP, Entering Grades 1-6</td>
<td>Grades 3-5</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
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<tr>
<td>5</td>
<td>Jul 20-24</td>
<td>CAMP OCP, Entering Grades 1-6</td>
<td>Grades 6-8</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
</tr>
<tr>
<td>6</td>
<td>Aug 3-7</td>
<td>CAMP OCP, Entering Grades 1-6</td>
<td>Grades 9-10</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
</tr>
<tr>
<td>7</td>
<td>Aug 10-14</td>
<td>CAMP OCP, Entering Grades 1-6</td>
<td>Grades 11-12</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
</tr>
<tr>
<td>8</td>
<td>Aug 17-21</td>
<td>CAMP OCP, Entering Grades 1-6</td>
<td>K-4</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
</tr>
<tr>
<td>9</td>
<td>Aug 24-28</td>
<td>CAMP OCP, Entering Grades 1-6</td>
<td>Grades 3-5</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
</tr>
<tr>
<td>10</td>
<td>Aug 24-28</td>
<td>CAMP OCP, Entering Grades 1-6</td>
<td>Grades 6-8</td>
<td>$200</td>
<td>$200</td>
<td>$200</td>
</tr>
</tbody>
</table>

Notes:
- **Non-Member (NM) rate is Pink.**
- **Youth Rate is Green (YM).**
- **Family Member (FM) rate is in Black.**
- **Camp OCP, Entering grades 1-6, 7:30am-6:00pm**
- **MY FIRST SUMMER, Ages 3-5, Half & Full Day options**
- **CAMP CLEARBROOK, Entering Grades K-4, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 5 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 3 Days, Half Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Full Day Camp**
- **CAMP OCP, Entering Grades 1-6, 2 Days, Half Day Camp**

*Non-Member rate is Pink (NM).*
*Youth rate is Green (YM).*
*Family Member (FM) rate is in Black.*

Prices are subject to change without notice. All camp pricing on this page is based on your current membership type.
Within its available resources, the MetroWest YMCA will provide summer camp and membership regardless of a family’s ability to pay. Partial financial assistance through our ASSIST program will be awarded to those who can demonstrate their inability to pay the full fee. Funds are secured by volunteers during the YMCA’s Annual Campaign. Visit member services or download an application online.

The MetroWest YMCA is proud to incorporate the Choose To Be Nice program into our summer camps. These fun, camper-centered activities are designed to foster empathy, kindness, and lifelong values that will help children become resilient and compassionate individuals. #choosetobenice