



Individual Health Care Plan

The Department of Early Education and Care requires that all children attending either a Group or School Age program, with a chronic medical condition or allergy, have documentation of an Individual Health Care Plan placed in his/ her file.

Name of child: _____ Date of birth: _____

Chronic medical condition or allergy: _____

Description of chronic medical condition or allergy: _____

Symptoms of chronic medical condition or allergy: _____

Medication or treatment that may be necessary while the child is in care at the Y: _____

When medication or treatment should be given while the child is in care at the Y: _____

Potential side effects of the treatment: _____

Potential consequences to the child's health if treatment is not administered: _____

Name and phone number of Child's Health Care Practitioner: _____

Signature of child's health care practitioner _____ date _____

Signature of child's parent or guardian _____ date _____

Plan is valid for one year from the date it was written unless it is withdrawn sooner. In addition, the Individual Health Care Plan will need to be renewed annually as long as the child is attending an Early Childhood Center or School's Out program. If the child's condition requires treatment (i.e. medication, inhaler) that will need to take place at the Y, the parent, physician or designee, school nurse, or the MetroWest YMCA health care consultant of will need to train the Y staff on the proper administration of the treatment.