OUR CAUSE IS OUR COMMUNITY

METROWEST YMCA
Report to the Community
2018 Annual Meeting
Dear Friends of the MetroWest YMCA,

Our Cause is our Community, and it is a role and a responsibility we take seriously. We understand that a strong community needs a strong Y, and we are grateful for our caring, dedicated team of volunteers, staff, donors and partners who move our mission into motion every day. Their passion and compassion help ensure that we are there when families need us most.

2017 was an exciting year filled with life-changing impact and powerful stories. From instilling self-confidence and self-esteem in thousands of young children to developing leadership skills in our teens and from teaching life-saving aquatics skills and safety around the water to providing critical programs for those battling Cancer, Parkinson’s and Diabetes, we are positioned to meet the emerging and ever-changing needs of our community.

Together, we are making that impact possible. Together, we are building bridges of understanding throughout the 8 communities we are privileged to serve. And together, we are strengthening the foundations of community every day.

Thank you for being a special part of our Y family and for your thoughtful gifts of time, talent and treasure.

Thank you for making a difference!

Anne Madara
Chair, Board of Directors

Richard A. MacPherson
President & CEO
We greatly appreciate the many community donors, volunteers and partners who have supported our Y’s work in 2017.

AN EVENING OF MAGIC

The 12th Annual MetroWest YMCA Charity Auction was a great success! Our heartfelt gratitude goes to the sponsors, auction item donors, and the many event attendees. More than $100,000 was raised to ensure that we are there when families need us most.

Presenting Sponsor
MetroWest Medical Center

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ADI Contracting
Framingham State University
Herb Connolly Auto Group
Fletcher Tilton PC
Rubicon Builders

Platinum Sponsors
Middlesex Savings Bank
Solect Energy
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Boston Private
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MassBay Community College
Phil Ottaviani, Realty Executives of MetroWest
Precor
Samet & Company
Southboro Medical

Silver Sponsors
Consigli Construction
Gray Equity Management
Interactive Fitness
Needham Bank

Bronze Sponsors
Aimee Siers, Realtor Century 21
Decision Insight
Framed in Time
The Real Hopkinton Housewives

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Joya Casey, Clerk
Richard A. MacPherson, President & CEO

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Henry Connors
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JB Dowd
Louise Donahue
Janet Drummey
Faith Easter
Adrian Haugabrook
George Hulme
Helen Lemoine
Burt Marmer
Mark Miller
Scott Richardson
Penny Williams
2,153 youth became active, honed their skills and learned important life lessons through instructional and competitive sports programs, gymnastics and dance and enrichment programs.

2,364 children made memories that last a lifetime swimming, hiking and making friends at our summer camps in Hopkinton and Framingham.

942 children enrolled in MetroWest YMCA Early Learning Centers and School’s Out before and after-school programs, developing their academic, social and emotional needs outside of school and home.

2,505 children and youth learned life-long water safety skills, became comfortable in water and gained confidence through swimming lessons.

1,140 teens participated in weekly Y Teen Nights and afterschool activities, which provide a fun, safe, character building alternative for Friday & Saturday evenings.

176 families with 260 children participated in Play, Learn, and Grow Together groups and our Early Childhood Community Fair through the Family and Community Engagement Grant, which promotes and supports the healthy growth and development of young children birth through age 8 by strengthening families and advocating for high quality learning experiences.

A YEAR IN REVIEW
2017 HIGHLIGHTS

Youth Development

At the Y, strengthening community is our cause. We believe the positive, lasting personal and social change can only come about when we all work together to improve the lives of everyone in our community.

Healthy

1,140 teens participated in weekly Y Teen Nights and afterschool activities, which provide a fun, safe, character building alternative for Friday & Saturday evenings.

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176 families with 260 children participated in Play, Learn, and Grow Together groups and our Early Childhood Community Fair through the Family and Community Engagement Grant, which promotes and supports the healthy growth and development of young children birth through age 8 by strengthening families and advocating for high quality learning experiences.

A visit to the State House
Community Champion Award Winner
Fletcher Tilton PC
Going Solar with Solect Energy
Honoring the Hoyts
Living

Social Responsibility

Believe the positive, lasting personal and social change we invest in our kids, our families and our communities.

1,255 seniors participated in the MetroWest YMCA’s therapeutic swimming, strength training and specially designed senior fitness and aquatics programs.

295 people participated in Chronic Disease Prevention and Intervention Programs: YMCA Diabetes Prevention Program, Matter of Balance, Moving for Better Balance, Enhance Fitness, Parkinson’s Disease Wellness, and Tuft’s Teen Weight Management Program.

42 Cancer Survivors were supported through LIVESTRONG® at the YMCA.

5,425 program attendees explored new interests in the outdoor education programs, taking on team-building challenges that increased self-esteem and developed interpersonal skills at our MetroWest YMCA Family Outdoor Center in Hopkinton.

659 volunteers generously donated their time in program support and instructor roles, policy making and fundraising.

1 in 8 people in our programs received financial assistance.

More than $1,200,000 was provided in direct financial assistance and subsidized programs to 2,750 children, teens, families and seniors.

The Magic of Giving
Advocacy Day
Community Partner Award Winner Framingham State University
Sierra Trading Post Grand Opening
YOUR GIFT MATTERS
2017 Annual Campaign Donations & Program Funders
We are privileged and honored to recognize these outstanding METROWEST YMCA 2017 investors helping us be there, when children and families need us most.

BENEFACCTOR’S CLUB
Anonymous
Boston Athletic Association
Chris & Heather Connolly
Woolsey & Bea Conover
Pete Donahue Scholarship Fund
MetroWest Health Foundation
MetroWest Medical Center
MetroWest Prevention and Wellness Trust
Middlesex Savings Bank
Rodman For Kids
In Memory of Betsy Anderson
In Memory of Rosanne Bergman

CHAIRMAN’S CLUB
ADI Contracting
Ashland Sporting Association
Herb Connolly Auto Group
Demoulas Foundation
Digital Federal Credit Union
Fletcher, Tilton PC
Framingham State University
John C. & Eunice B. Morrison
Charitable Foundation
Oak Realty
Rubicon Builders

PRESIDENT’S CLUB
AAF CPAs
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Fitts Insurance
Framingham Union Aid Association
Stephen Gorgol
Steven Greenberg
Kimberly Hutchinson
H & K Insurance
Interactive Fitness
Aparna & PK Kumar
Gerry Leone
Liberty Mutual Foundation
Rick and Celia MacPherson
Macy’s
Anne Madara & Patricia Mock
Mandozzi Family
Dr. Paula S. Martin
MassBay Community College
MetroWest YMCA Stingrays Swim Team
Mark & Sally Miller
Sue Moschini
Norwood Bank
Nicole & Emmett G. Price
Phil Ottaviani - Realty Executives
Precor
Romano Family
Graham Ruggie
Samet & Company
Denise Schepici
David Shennett
Select Energy
Southboro Medical
Swim Team Parents
MathWorks
Miller-Pineault Family
Morgan Family
Sherlock/Squair Family
Townsend MacCoun
Scott Umbell & Dayton Godon
Mark Uriage
Josée Vachon & Javier Cevallos
Waisgerber Family
Walgrens
Waters Corp
Stephen Williams
Alex & Judy Wong
Yale Appliance & Lighting
Mary Young

OFFICIAL CHARITY

THANK YOU FOR MAKING A DIFFERENCE!

SPECIAL THANKS!
Thank you to the BAA and the members of the 2017-18 MetroWest YMCA Boston Marathon Team:

Samantha Brand
Kevin Bray
Jillian Costa
Juan Cruz
Trent Dailey
Chris Hays
Sarah Kasper
John Kelley
Chris Lagan
Sandy Neargarder
Delia Nowak
Mini Nguyen
Patrick Rosendale
Olivia Sorenson
David Templeton
**STATEMENT OF ACTIVITY**
**YEAR ENDED DECEMBER 31, 2017**

**SUPPORT AND REVENUE:**

<table>
<thead>
<tr>
<th></th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Fees</td>
<td>$6,554,714</td>
</tr>
<tr>
<td>Membership Dues</td>
<td>2,772,803</td>
</tr>
<tr>
<td>Contracts and Grants</td>
<td>841,360</td>
</tr>
<tr>
<td>Contributions and United Way Allocations</td>
<td>650,413</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>79,402</td>
</tr>
<tr>
<td><strong>Total Support and Revenue</strong></td>
<td>$10,898,692</td>
</tr>
</tbody>
</table>

**EXPENSES:**

<table>
<thead>
<tr>
<th></th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth Development</td>
<td>6,897,874</td>
</tr>
<tr>
<td>Healthy Living</td>
<td>1,748,092</td>
</tr>
<tr>
<td>Social Responsibility</td>
<td>280,899</td>
</tr>
<tr>
<td>General and Administrative</td>
<td>1,014,588</td>
</tr>
<tr>
<td>Fundraising</td>
<td>352,472</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$10,293,925</td>
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</tbody>
</table>

**NON-OPERATING ACTIVITIES:**

<table>
<thead>
<tr>
<th></th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bequest</td>
<td>173,161</td>
</tr>
<tr>
<td>Investment return, net of fees</td>
<td>127,238</td>
</tr>
<tr>
<td><strong>Total Non-Operating Activities</strong></td>
<td>$300,399</td>
</tr>
</tbody>
</table>

**Changes in Net Assets from Operations** | $604,767

**NET ASSETS, Beginning of Year** | $9,661,766

**NET ASSETS, End of Year** | $10,566,932

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**STATEMENT OF FINANCIAL POSITION**
**AS OF DECEMBER 31, 2017**

**CURRENT ASSETS:**

<table>
<thead>
<tr>
<th></th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$2,597,992</td>
</tr>
<tr>
<td>Accounts Receivable, Net of Allowance for Uncollectibles</td>
<td>203,419</td>
</tr>
<tr>
<td>Prepaid Expenses and Other</td>
<td>172,311</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td>$2,973,722</td>
</tr>
</tbody>
</table>

**Investments** | 1,187,853

**Property and Equipment, net** | 9,877,095

**Total Assets** | $14,038,670

**LIABILITIES:**

<table>
<thead>
<tr>
<th></th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Liabilities:</td>
<td></td>
</tr>
<tr>
<td>Current Portion of Bond Payable</td>
<td>$121,936</td>
</tr>
<tr>
<td>Accounts Payable</td>
<td>177,027</td>
</tr>
<tr>
<td>Accrued Expense and Other</td>
<td>150,248</td>
</tr>
<tr>
<td>Deferred Revenue</td>
<td>529,322</td>
</tr>
<tr>
<td><strong>Total Current Liabilities</strong></td>
<td>$978,533</td>
</tr>
</tbody>
</table>

**Bond Payable, Net of Current Portion** | 2,493,205

**Total Liabilities** | $3,471,738

**NET ASSETS:**

<table>
<thead>
<tr>
<th></th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted:</td>
<td></td>
</tr>
<tr>
<td>Operating</td>
<td>2,319,627</td>
</tr>
<tr>
<td>Property and Equipment</td>
<td>7,261,954</td>
</tr>
<tr>
<td>Board Designated</td>
<td>803,965</td>
</tr>
<tr>
<td><strong>Total Unrestricted</strong></td>
<td>10,385,546</td>
</tr>
</tbody>
</table>

**Temporarily Restricted** | 121,386

**Permanently Restricted** | 60,000

**Total Net Assets** | $10,566,932

**Total Liabilities and Net Assets** | $14,038,670

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**IMPACT BY THE NUMBERS**

**Financial Statements**

**Financial Assistance**

2017 Distribution Total: $1,200,921
One out of eight people at the Y receives financial assistance.

- Summer Camp: $440,395
- Membership & Instructional: $356,316
- Child Care: $332,438
- Youth & Teen Outreach: $71,772

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The MetroWest YMCA is a 501(c)3 charitable organization.
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