



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# METROWEST YMCA

7/22/2021

## **Summer Camp and Other Job Opportunities in Framingham, Hopkinton, and Natick**

At the MetroWest YMCA, our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you! Individuals must already have the ability to legally work in the United States. MetroWest YMCA Membership and potential paid sick time are benefits! Equal Opportunity Employer.

**PHYSICAL DEMANDS FOR CAMP JOBS:** Ability to plan, lead and physically participate in a range of activities in a variety of outdoor/indoor settings. Walking and standing for extended periods of time and sitting for shorter periods of time. Must be able to see and hear activities and problems as they occur. Must be able to adapt to varied weather conditions. Be able to lift a minimum of 25 pounds. Moderate noise environment.

### **Full Time and Part Time Seasonal Summer Camp Counselors**

The MetroWest YMCA is looking for both full time and part-time Seasonal Summer Camp Counselors for summer 2021 at our camps in **Framingham and Hopkinton**. Help change our camper's lives through learning at camp. We need leaders to help guide our campers through a summer of fun and learning. Applicants should have a warm, friendly, assertive personality; be sensitive to the feelings and needs of others; be able to relate well to children; and be willing to fulfill responsibilities in accordance with program goals. Program hours are from 7:30am - 6:00pm. **Pay: \$13.50/hour to start!**

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### **Full Time and Part Time Seasonal Summer Lifeguards – Framingham and Hopkinton**

The Lifeguard is responsible for maintaining safe swimming conditions in the pool, deck, and surrounding areas. Creates a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures. Maintains effective, positive relationships with the members, participants and other staff. Maintains active surveillance of the pool area. Is proactive in injury prevention. Knows, understands, and consistently applies safety rules, policies and guidelines for aquatic area. Maintains accurate records as required by the YMCA and/or the state Health Department code. Performs equipment checks and ensures appropriate equipment is available as needed. Checks the pool for hazardous conditions when arriving and during shift. Cleans pool deck area when not guarding, as required, and takes appropriate action. Requires ability and desire to

interact with and provide service to people of all ethnic backgrounds, ages, and lifestyles.

**Pay starting at \$15.00/hour!**

#### **QUALIFICATIONS:**

Must be 16 years or older with current YMCA or American Red Cross Lifeguard Certification, CPR for the Professional Rescuer, and First Aid. Bilingual applicants (Portuguese or Spanish) are encouraged to apply.

#### **PHYSICAL DEMANDS:**

Must be able to hear and see activities and problems as they occur. Ability to lift equipment, and to lift a small to average size person.

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### **Part Time Seasonal Summer Sports Instructor**

An energetic Seasonal Summer part-time Sports Instructor is needed with a background in and the ability to teach any of the following sports: Basketball, Baseball/T-ball, Soccer, Pickleball, Ninja Warrior, Gymnastics, and/or Golf. **Pay from \$14.00/hour!**

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### **Seasonal Summer Camp Facilities Maintenance and Cleaner – Framingham and Hopkinton**

Under the direction of the Buildings & Grounds Director and in accordance with MetroWest YMCA Association policies, the General Maintenance & Cleaning worker will assist in the maintenance and upkeep of equipment and grounds at designated YMCA facilities in Framingham, Hopkinton and possibly other sites. **Pay starting at \$13.50/hour!**

#### **QUALIFICATIONS**

Must be 18 years of age or older and have a high school diploma or GED.

Knowledge of the safe operation of standard landscaping equipment and other tools.

Requires ability to work independently after being given initial instruction.

Requires the ability to effectively communicate in a positive and professional manner with members, supervisors and co-workers.

Position requires a valid driver's license and satisfactory driving record.

Must have reliable transportation for regular travel to various locations.

#### **PHYSICAL DEMANDS:**

Constantly moves about for extended periods of time positioning self to access various areas.

Regularly handles, adjusts or controls various tools and equipment.

Requires ability to thoroughly inspect, detect and assess appearance, function and condition of equipment, buildings and grounds.

Frequently ascends and descends stairs and ladders.

Must have ability to lift, transport and stack supplies, furniture and materials weighing up to 70 pounds.

Work is performed indoors and outdoors and while performing the duties of the job may include exposure to various weather conditions.

Regularly exposed to dust, dirt, cleaning products, chemicals and solvents.

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## **Seasonal Summer Food Service Coordinators - Framingham**

The Seasonal Summer Food Services Coordinators manage all food production for the Child and Adult Food Care Program (CACFP) and Summer Food Service Program (SFSP). Works in partnership with the Nutrition Coordinator to oversee food preparation, workforce development, and volunteers. This position is responsible for all production, presentation, procurement, inventory, storage and delivery. Must be a self-starter, leader, and highly motivated individual. MetroWest YMCA is hiring for the Clearbrook Snack Shack in Framingham. **Pay starting from \$16 per hour!**

### **ESSENTIAL FUNCTIONS:**

1. Assist with menu creation and food preparation in compliance with Y-USA Healthy Eating and Physical Activity (HEPA) standards, MetroWest YMCA policies and budget and CACFP and SFSP meal patterns.
2. Ability to work with teenagers in workforce development, oversee part time staff
3. Manage inventory
4. Manage CACFP and SFSP documentation and procedures to ensure compliance
5. Provide leadership, support and guidance to ensure that food quality standards, food safety guidelines and customer service expectations are met.
6. Assist in preparing, packaging, transporting, cleaning and all other functions needed in the kitchen
7. Serve as a HEPA champion to implement across Association

### **QUALIFICATIONS:**

1. Experience with large volume cooking preferred
2. ServSafe certification
3. Knowledge and experience with the Department of Early Education and Care nutrition regulations and the Department of Elementary and Secondary Education CACFP and SFSP Standards preferred
4. The ability to develop positive, effective working relationships with, staff, children & families, volunteers, school administrators, members, community leaders and other agencies
5. Driver's license and access to personal vehicle for transporting food to sites.

6. Previous experience with diverse populations preferred.
7. Bilingual in Spanish or Portuguese a plus.
8. Ability to work weekends and evenings as needed.

**PHYSICAL DEMANDS:**

Ability to push, pull, lift and carry on a frequent and continuous basis weights of up to 60 pounds

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## **Part Time Swim Instructors – Year Round and Seasonal Summer**

Part-time shifts are available for **certified and experienced Swim Instructors!** Locations are Framingham (year round) and Hopkinton (summer seasonal). Training is also available for candidates that have experience working with youth. Swim Instructors maintain a supportive, positive atmosphere that welcomes and respects all individuals and provides direct leadership, instruction, and motivation for students in swim classes. Monday through Friday from 4:00pm - 6:00pm; Saturday from 9:00am - 12:00pm. Instructs swimming lessons in accordance with YMCA guidelines, having prepared lesson plans, and supports members and program participants in achieving their goals. Develops and maintains positive relationships with volunteers, members, program participants, and colleagues at all levels of the organization; helps participants and families connect with each other and the YMCA; and encourages parent or caregiver involvement. Maintains records as required such as attendance and progress reports. Follows all YMCA policies, rules, regulations, and procedures, including emergency and safety procedures. Completes incident and accident reports as necessary. Organizes and puts away needed class equipment. Reports damaged equipment. Trains and supervises class aides as assigned. **Pay starting at \$13.50/hour!**

**QUALIFICATIONS:**

YMCA Swim Instructor certification or equivalent, CPR for the Professional Rescuer, AED, Basic First Aid and Emergency Oxygen certifications required. Must be able to demonstrate Swim Instructor skills in accordance with YMCA standards. Ability to instruct and observe participants in proper stroke techniques. Ability to lift equipment, and to lift a small to average size child. Be at least 16 years of age.

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## **Swim team coach – part time – Framingham**

**POSITION SUMMARY:** Under the direction of the Head Swim Coach, the Swim Team Coach will be responsible for implementing and supervising all team practices. The Swim Team Coach will attend coaches' meetings, parent meetings, and scheduled swim meets.

**ESSENTIAL FUNCTIONS:**

- Coaches participants in accordance with YMCA guidelines and conducts practice drills as created by Head Coach and/or Aquatics Director.
- Builds effective, authentic relationships with swimmers and parents. Encourages parental involvement and identifies potential volunteers.

- Engages in positive behaviors that make swimmers and families feel welcome, connected and confident in their choice to be part of the Stingrays Swim Team.
- Maintains accurate records as required by the YMCA (i.e. attendance, progress reports, etc.) and/or the state health department code.
- Attends staff meetings and trainings as scheduled.
- Coaches in the water and/or from the pool deck as necessary depending on skill or level. Gives feedback and corrections for each swimmer throughout the entire practice and maintains a safe environment at all times.
- Follows all YMCA policies, rules, regulation and procedures, including emergency and safety procedures. Completes incident and accident reports as necessary.
- Sets up and puts away team equipment. Keeps equipment organized during practice time and reports damaged equipment to Head Coach or Aquatics Director.
- Performs other duties as assigned.

#### **QUALIFICATIONS:**

USA Swimming certifications Levels I, II, and III

Swim Coaches Safety Certification

YMCA Competitive Swim Level 1 & 2 Certification or ability to obtain certification within 90 days of employment

Lifeguard, CPR/AED, First Aid certification from American Red Cross or equivalent

#### **WORK ENVIRONMENT & PHYSICAL DEMANDS:**

- Ability to stand, walk, talk, see and hear, reach with hands and arms and stoop and kneel.
- Ability to instruct and observe participants in proper stroke techniques.
- Ability to lift equipment, and to lift a small to average size child.

### **Part Time Project ABC Early Childhood Support Specialist – Year Round - Framingham**

Project ABC: Helping Families Advocate, Belong, and Connect is a Department of Early Education and Care (EEC) Coordinated Family and Community Engagement Grant (CFCE), managed by the MetroWest YMCA. The grant currently serves the communities of Ashland, Holliston, Hopkinton and Natick. A qualified candidate will enjoy working in a fast paced, creative environment. The Project ABC Early Childhood Support Specialist will organize and facilitate family and community engagement activities and supply resources and referrals as needed for parents with children birth through school age, while in compliance with the MetroWest YMCA's philosophy, policies, and practices. Desired personal qualities include

understanding and open mindedness, flexibility, warmth and a passion for working with children and families, both independently and in a team environment.

### **ESSENTIAL FUNCTIONS:**

1. Develop warm, positive, authentic relationships and maintain consistent, open communication with children, families and community partners.
2. Enthusiastic facilitation of virtual and in-person playgroups for children and their caregivers.
3. Create and maintain a highly active social media presence for Project ABC.
4. Provide resources and referrals as needed to assist families and children with both simple and complex needs.
5. Develop, plan, and facilitate parent/child playgroups serving all of the four locations in Ashland, Holliston, Hopkinton and Natick.
6. Work closely with the Project ABC Coordinator and other Project ABC staff team members to ensure the successful planning and facilitation of educational programming for parents, Project ABC Advisory Council Meetings, and community events, as well as outreach and referral work on behalf of at-risk children and families as needed.
7. Build trusted relationships and provide frequent and consistent communication with individuals and community partners.

### **QUALIFICATIONS:**

- Experience working with families and young children. Background and experience supporting children and families with complex needs with complex needs, deep understanding of trauma informed care, and skills in identifying and working to engage and support at-risk children and/or families is preferred.
- Bachelor's degree in Early Childhood Education or a related field or equivalent is strongly preferred along with a commitment to ongoing professional development.
- Ability to relate effectively to diverse groups of people from all social and economic segments of the community.
- Marketing or public relations experience or interest is preferred
- Access to personal transportation and able to commute weekly to locations in Ashland, Holliston, Hopkinton and Natick.
- Excellent organizational skills, basic administrative skills and computer competency.
- Marketing or public relations experience or interest is a plus.

### **WORK ENVIRONMENT & PHYSICAL DEMANDS:**

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Physical demands include the ability to lift 10 pounds and the stamina to maintain energy and focus in large group facilitation with young children in both indoor and outdoor locations.

While performing the duties of this job, the employee is regularly required to use a computer for extended periods of time and be able to communicate using a computer and phone/smart device.

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## **Part Time Before and After School Program Instructors – School Year – Ashland, Framingham, Hopkinton, Natick, and Wayland**

Do you love to work with youth? Do you want a part-time position that will help build your resume with professional skills? Do you want to work in an organization that cares about your professional development, with lots of opportunity for growth? Look no further! The MetroWest YMCA is looking for passionate, flexible and motivated candidates to work in their School's Out Department as Before and After School Program staff. These roles not only support youth in the Before and After School Program setting, but are a great foundation for someone either looking for a career in the YMCA or transferable skills they can take to any career. **Pay \$13.50 – 19.00 per hour!**

What do Before and After School program staff do?

Part Time Instructors and Enrichment Specialists in the Before and After School Program help youth navigate through the activities on the daily schedule. These activities include; sports, arts & crafts, academic/homework time, teambuilding, group games, dance, cooking and so much more. Instructors are encouraged to bring their own passions and interests to the programs, so the calendar of events are constantly evolving. Successful instructors have great communication skills, demonstrate consistency with the students and are able to be flexible in a fast-paced environment.

What's in it for me?

Before and After School Program Instructors receive a competitive hourly pay rate, a MetroWest YMCA membership, paid sick leave, opportunities for training and professional development, ability for upward mobility and so much more.

### **The MetroWest YMCA has part time openings in our School's Out Before and After School Programs located in Ashland, Framingham, Hopkinton, Natick and Wayland.**

Before School and After School staff members oversee the safety and supervision while assisting with the program planning for a group of children in grades K-5 in accordance with YMCA guidelines and state licensing requirements.

Applicants must be at least 16 years of age with experience working with children, or a strong desire to start a career in education. Applicants should have a warm, friendly, assertive personality; be sensitive to the feelings and needs of others; be able to relate well to children; and be willing to fulfill responsibilities in accordance with program goals.

Before School Hours: 7:00 – 9:00 a.m. Monday – Friday

After School Hours: 2:30 – 6:00 p.m. Monday – Friday

Part Time open positions -- Flexible part time schedules available.

### **Responsibilities and Duties**

- Enrichment Specialists: ensure activities are delivered correctly and help to mentor less experienced staff
- Instructors: lead the group, running daily activities and are responsible for insuring their groups overall safety
- Assistant Instructors: assist with running the activities

### **Qualifications and Skills**

- Assistant Instructors: at least 16 years of age
- Instructors and Enrichment Specialists: at least 18 years of age and at least one year working with school age children in a program setting
- Staff must possess First Aid and CPR certifications within six months of date of hire and must be committed to the mission and goals of the YMCA.

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### **Part Time Preschool/Toddler Support Teachers – Year Round - Framingham**

Join the Y's dedicated, energetic and caring staff in a creative, supportive environment as a part-time Preschool/Toddler Support Teacher. This part-time position is Monday through Friday from 7:30am - 12:30pm. Applicants must be experienced with EEC Preschool/Toddler Teacher Certification. Experience with NAEYC criteria is a plus. Bilingual candidates (Portuguese or Spanish) are encouraged to apply. **Pay from \$14.00/hour!**

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### **Part Time Preschool/Toddler Teacher Assistants – Year Round - Framingham**

Join the Y's dedicated, energetic and caring staff in a creative, supportive environment as a part-time Preschool/Toddler Teacher Assistant. Preschool/Toddler Teacher Assistants are needed to provide classroom support for NAEYC accredited early childhood center. Hours are Monday through Friday from 3:00-5:00pm. There is the possibility of additional morning substitute hours. Applicant must be EEC Preschool/Toddler Teacher certified or have Early Education college credits working towards certification. Bilingual candidates (Portuguese or Spanish) are encouraged to apply. **Pay from \$13.50/hour!**

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### **Part Time Child Watch Staff – Year Round - Framingham**

Engages with and provides supervision to the children in the care of the Child Watch program. **Pay starting at \$13.50/hour!**

#### **ESSENTIAL FUNCTIONS:**

1. Provides a friendly, inviting, supportive environment for the children in the care of the Child Watch program.



2. Maintains a safe and clean environment at all times.
3. Assists in the separation of children from parent as they are dropped off.
4. Redirects children who are behaving inappropriately, and anticipates and proactively intervenes to prevent accidents and incidents.
5. Works with children in adjusting to the Child Watch room.
6. Initiates group activities including reading, arts and crafts, blocks, etc. as is appropriate for the children involved.
7. Transports children to and/or from specialty classes as directed by and with the knowledge of the Child watch supervisor.
8. Assists in opening and closing procedures as is appropriate for scheduled shift.
9. Assists in administrative tasks including sign-in and out procedures as requested by Child Watch coordinator.
10. Follows procedures and policies specific to the Child Watch room.
11. Follows emergency procedures and report all accidents or incidents immediately and according to the policies of the organization.
12. Provides coverage for one's scheduled shift in the event of an absence by contacting other staff, and informs the Child Watch coordinator in advance of such absences.
13. Attends staff meetings and trainings as scheduled and required.
14. Applies the four core values (caring, honesty, respect and responsibility) to all functions and responsibilities.
15. Represents the MetroWest YMCA in a positive and professional manner at all times.

#### **QUALIFICATIONS:**

Must have experience in working with children ages 2 months- 10 years old. Must be able to respond to critical situations. Must be able to communicate verbally with children, parents and staff.

#### **PHYSICAL DEMANDS:**

Must be able to lift and/or carry children as needed.

Must be able to see and hear the children in the care of the Childwatch program.

Must be able to get up and down from the floor.

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### **Part Time Nutrition Food Prep – Year Round - Framingham**

Part Time Nutrition Food Prep ensures that all food is prepared and packaged with accuracy, efficiency, and in a timely manner. Ensures that the Child and Adult Care Food Programs (CACFP) and Summer Food Service Program (SFSP) have access to healthy food during program hours and supports healthy eating practices across the MetroWest YMCA. **Pay starting at \$13.50/hour!**

### **ESSENTIAL FUNCTIONS:**

- Peel, chop, slice, blend, and cook all fresh fruits, vegetables, and protein foods as directed and needed
- Prepare and package grab-and-go items including but not limited to salads, sandwiches, quinoa bowls, parfaits, granola bars, and more
- Ensure cleanliness of Kitchen space including dishwashing and daily maintenance
- Assist in transportation and delivery of food
- Uses approved recipes and production standards to ensure proper quality, serving temperatures and standard portion control

### **QUALIFICATIONS:**

1. Experience with commercial food handling and preparation
  2. Completion or in process of attaining ServSafe certification
  3. Ability to develop positive, effective working relationships with team members, children and families, volunteers, school administrators, members, community leaders, and other agencies
  4. Ability to provide resources that promote healthy nutrition and choices that address children's nutritional needs in a positive and professional way, reflecting an attitude that values diversity
  5. Valid Driver's license and access to a personal vehicle for transporting food to sites
  6. Previous experience with diverse populations preferred
  7. Bilingual (Portuguese or Spanish) a plus but not required
  8. Ability to work weekends and evenings
  9. Sufficient strength, agility and mobility to perform essential functions of the position
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### **Part Time Member Services – Year Round – Framingham**

Part time Member Service Welcome Desk staff are needed on Mondays, Saturdays, and Sundays to help handle the day-to-day operations of the Membership desk. The Member Services Representative will be responsible for providing frontline member service to members and guests by contributing to a welcoming, supportive environment. Will be responsible for facilitating communication to and between members, guests and staff. Responsible for monitoring facility access and security, and for maintaining the integrity and organization of the Member Service area. Additional responsibilities include membership and program sales and management of incoming phone calls. **Pay starting at \$13.50/hour!**

### **QUALIFICATIONS:**

Applicants should have prior customer service experience. Bilingual applicants (Portuguese or Spanish) are encouraged to apply. CPR/First Aid certification required, or the ability to obtain certification within 3 months of start date.

Past customer sales experience preferred. Working knowledge of computers and experience with a variety of software applications. Ability to learn proprietary software to enter or edit member information, take photo IDs, and scan member cards. Ability and desire to interact with and provide exceptional service to people of all ethnic backgrounds, ages, and lifestyles.

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### **Part Time Group Exercise Instructor (up to 5 hours/week) – Year Round - Framingham**

Under the direction of the Wellness Director and in accordance with the policies established by the Board of Directors of the MetroWest YMCA, along with the mission and goals of the YMCA, the part-time (up to 5 hours/week) Group Exercise Instructor will be responsible for leading group exercise classes that follow standards determined by the YMCA and the certifying agency, and that meet the class description as agreed upon between the Instructor and Group Exercise Coordinator. **Pay up to \$25.00/hour!**

#### **QUALIFICATIONS:**

1. Required certifications/training: National certification (ACE, NETA, AFAA, NASM) in group fitness instruction, YMCA Foundations of Group Exercise certification or training/certification in a specific fitness specialty, and CPR with AED and First Aid certifications
2. Excellent communication, interpersonal skills, self-motivated and an enthusiastic team member
3. One year of experience teaching group wellness classes preferred

#### **PHYSICAL DEMANDS:**

1. Must be able to physically demonstrate the group exercise classes being offered
2. Monitor class participants, provide feedback, and offer modifications as appropriate
3. Respond to emergencies, following current policies and submit complete, accurate, and legible accident or incident reports as needed

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### **Part Time Wellness Floor Attendants – Year Round – Framingham**

Wellness Floor Attendants are responsible for providing a safe and welcoming environment within the Y's Wellness Center. Wellness Floor Attendants do this through connecting members to resources of the Y, enforcing policies and procedures within the Wellness Center, and facility maintenance and cleaning within the Wellness Center. This position also provides support to Wellness initiatives, administrative needs, and programming. **Pay starting at \$13.50/hour!**

#### **ESSENTIAL FUNCTIONS:**

1. Cleaning the fitness floor following COVID precautions
2. Ensures that members are aware of and following the procedures and policies of the Wellness Center including COVID regulations
3. Conducts wellness consultations, and works with members to develop strategies to reach their health and fitness goals.
4. Provides orientation to new members on the use of strength and cardiovascular equipment.
5. Demonstrate interest and show intent to learn and grow within the health and wellness field.
6. Provides a welcoming environment to members using the fitness facilities.
7. Follows MetroWest YMCA emergency procedures and files accident or incident reports as required.
8. Works cooperatively with the Wellness staff team to ensure the safety of the fitness facilities by returning weight plates, dumbbells, mats, and other equipment to their proper locations and by keeping all exits clear of equipment, fans, furniture, or anything else that would impede access to the exits. Records any problems with equipment.

#### **QUALIFICATIONS: (for additional qualifications, see next page)**

1. Current national certification in CPR/AED with First Aid
2. Interest in the health & wellness/ fitness field
3. BS degree in exercise science, kinesiology, or related field or national fitness certification preferred

4. Strong interpersonal and communication skills, and an interest and ability in working with individuals of all fitness levels, with special emphasis on Health Seekers and chronic disease prevention and management
5. Must be able to relate and communicate to Members and staff and be able to interpret and carry out the mission and goals of the MetroWest YMCA.

**PHYSICAL DEMANDS:**

Must have the ability to hear and see activities and problems as they occur. Must be able to physically demonstrate the safe and proper use of strength and cardiovascular equipment.

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**Part Time Personal Trainer – Year Round - Framingham**

Part time Personal Trainers are needed to provide a safe and welcoming environment within the Wellness Center, support and guide member's on proper use of strength and cardiovascular equipment, connect members to resources of the MetroWest YMCA, and train members in one-on-one settings or small groups. Personal Trainers also provide support to Wellness initiatives and programming. Personal Trainers maintain a safe and clean environment by following Wellness principles and policies of the Wellness Center.

**ESSENTIAL FUNCTIONS:**

1. Administers health screening forms and waivers to members, and requests medical clearance as necessary.
2. Conducts wellness consultations, and works with members to develop strategies to reach their health and fitness goals.
3. Provides orientation to new members on the use of strength and cardiovascular equipment.
4. Provides personal training to members.
5. Leads small group training specialty classes as determined by Health & Wellness Director.
6. Demonstrates up-to date knowledge, skills, and intent to learn and grow.
7. Thinks creatively when working with special populations and different work environments.
8. Provides support and feedback to members using the fitness facilities.
9. Ensures that members are using the equipment safely, and are aware of and following the procedures and policies of the Wellness Center.
10. Follows MetroWest YMCA emergency procedures and files accident or incident reports as required.
11. Works cooperatively with Wellness staff team to ensure the cleanliness of the Wellness Center by cleaning equipment, making sure that all areas are free from litter and discarded newspapers, ensuring that equipment wipe dispensers and hand sanitizer dispensers are full, and broken equipment is reported properly.
12. Works cooperatively with the Wellness staff team to ensure the safety of the fitness facilities by returning weight plates, dumbbells, mats, and other equipment to their proper locations and by keeping all exits clear of equipment, fans, furniture, or anything else that would impede access to the exits.

13. Records any problems with equipment.

**QUALIFICATIONS:**

1. Current national certification in CPR/AED with First Aid.
2. Current personal training certification.
3. BS degree in exercise science, kinesiology, or related field (preferred).
4. Strong interpersonal and communication skills, and an interest and ability in working with individuals of all fitness levels, with special emphasis on Health Seekers and chronic disease prevention and management.
5. Must be able to relate and communicate to Members and staff and be able to interpret and carry out the mission and goals of the MetroWest YMCA.

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**Part Time Facilities Cleaner – Saturdays - Year Round – Framingham**

An individual is needed for the Y's Framingham location on Saturdays to clean the facility.  
**Pay \$13.50/hour!**

**QUALIFICATIONS:**

Prior cleaning experience helpful.

**PHYSICAL DEMANDS:**

Ability to physically move about the facility, use stairs and elevator, work with cleaning equipment and chemicals, and move/lift/push up to 40 pounds. Be able to walk frequently.

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**Qualified and interested applicants please submit a cover letter and resume to [Employment@metrowestymca.org](mailto:Employment@metrowestymca.org) or apply online at [www.metrowestymca.org](http://www.metrowestymca.org), Jobs or Now Hiring tab and click on the "Click Here to Fill Out and Submit an Application"**

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**280 Old Connecticut Path, Framingham, MA 01701**