



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

METROWEST YMCA

April 2023

Assistant Culinary Instructor – Part Time – Hopkinton

At the MetroWest YMCA, our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you! **Pay \$15.00/hour!** Equal Opportunity Employer.

POSITION SUMMARY:

Under the supervision of the Director of Nutrition Education and in accordance with the policies and procedures established by the Board of Directors, the **Assistant Culinary Instructor** is responsible for assisting in cooking classes for a variety of ages to encourage healthy lifestyles and encourage cooking in everyday life.

The Assistant Culinary Instructor must possess positive and effective written and verbal communication skills, the ability to assist with multiple tasks simultaneously, skills in working with both staff and participants, and ability to create and facilitate a positive learning environment for a range of ages and abilities.

ESSENTIAL FUNCTIONS:

1. Assist in teaching provided lesson plans related to basics of nutrition and healthy eating to participants.
2. Foster an environment of fun and learning for all.
3. Assist with practice basic cutting skills, measuring techniques, and food safety.
4. Assist with set up and break down of the teaching kitchen before and after every class including cleaning dishes and equipment, and inventory of materials, equipment, and ingredients.
5. Assist with the safety, cleanliness, and organization of the teaching kitchen during programming including washing dishes, countertops, and spills as they occur.
6. Assist with grocery shopping as needed.
7. Ensures a positive working and program environment emphasizing all YMCA initiatives.
8. Deliver high quality programming through positive and professional communication with participants and staff.
9. Performs other duties and responsibilities as assigned.
10. Maintains all certifications and training hours necessary for the position.

QUALIFICATIONS:

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The incumbent must be mature, display good judgment, and have strong organizational skills and the ability to relate well with participants. A personal commitment to addressing the needs of the community, demonstrating a healthy professional demeanor and an understanding of the YMCA mission and philosophy are essential.

Individuals must be available during some evenings and on some weekends.

The position requires little to no culinary or leadership skills. The desire to develop and practice leadership, coaching and training skills is required. Must be able to interpret and carry out the mission and goals of the MetroWest YMCA. Bilingual ability a plus. Must be physically capable to set up program equipment and have the ability to hear and see activities and problems as they occur. Work as an integral member of the Nutrition Department and have the ability to handle multiple functions at the same time.

Maintain up to date CPR, First Aid, Child Abuse Prevention, and other job related trainings. Actively pursue training, learning experiences, and certifications as they relate to responsibilities.

PHYSICAL DEMANDS:

1. Must be physically capable to set up program equipment and have the ability to hear and see activities and problems as they occur.
2. Able to safely and competently physically operate and facilitate in remote areas in varying environmental conditions.
3. Ability to complete all required trainings for this position
4. Ability to lift/support up to 50lbs in program environments

Qualified and interested applicants please submit a cover letter and resume to Employment@metrowestymca.org or apply online.

TO APPLY, CLICK HERE TO FILL OUT THE APPLICATION. THEN, SAVE YOUR APPLICATION AND EMAIL IT TO EMPLOYMENT@METROWESTYMCA.ORG