

| Athletics | | All Stars | | | | |
|-------------|----------------------|----------------------|----------------------|----------------------|----------------------------|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | |
| 9:00-9:15 | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | |
| 9:20-10:05 | Sports | Sports | Ropes | Sports | Sports | |
| 10:20-11:05 | Sports | Sports | Ropes | Sports | Sports | |
| 11:05-11:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen | |
| 11:20-12:05 | Lunch | Lunch | Lunch | Lunch | Lunch | |
| 12:20-1:05 | Swim | Swim | Swim | Swim | Swim | |
| 1:20-2:05 | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen, Nature | |
| 2:20-3:05 | Boating | Low Ropes | Sports | Busy Bodies | Lower Archery | |
| 3:05-3:20 | Snack | Snack | Snack | Snack | Snack | |
| 3:20-3:35 | Flag | Flag | Flag | Flag | Flag | |
| 3:35-4 | Dismissal | Dismissal | Dismissal | Dismissal | Dismissal | |

| Athletics | | Dream Team | | | | |
|-------------|----------------------|----------------------|----------------------|----------------------------|----------------------|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | |
| 9:00-9:15 | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | |
| 9:20-10:05 | Sports | Sports | Ropes | Sports | Sports | |
| 10:20-11:05 | Sports | Sports | Ropes | Sports | Sports | |
| 11:05-11:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen | |
| 11:20-12:05 | Lunch | Lunch | Lunch | Lunch | Lunch | |
| 12:20-1:05 | Swim | Swim | Swim | Swim | Swim | |
| 1:20-2:05 | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen, Nature | Change & Sunscreen | |
| 2:20-3:05 | Low Ropes | Boating | Sports | Lower Archery | Busy Bodies | |
| 3:05-3:20 | Snack | Snack | Snack | Snack | Snack | |
| 3:20-3:35 | Flag | Flag | Flag | Flag | Flag | |
| 3:35-4 | Dismissal | Dismissal | Dismissal | Dismissal | Dismissal | |

| Athletics | Champs | | | | |
|-------------|----------------------|----------------------|----------------------|-----------------------------|----------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| 9:00-9:15 | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack |
| 9:20-10:05 | Sports | Sports | Sports | Sports | Sports |
| 10:20-11:05 | Sports | Boating | Busy Bodies | Sports | Lower Archery |
| 11:05-11:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen |
| 11:20-12:05 | Lunch | Lunch | Lunch | Lunch | Lunch |
| 12:20-1:05 | Swim | Swim | Swim | Swim | Swim |
| 1:20-2:05 | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen, & Ropes | Change & Sunscreen |
| 2:20-3:05 | Low Ropes | Sports | Sports | Ropes | Sports |
| 3:05-3:20 | Snack | Snack | Snack | Snack | Snack |
| 3:20-3:35 | Flag | Flag | Flag | Flag | Flag |
| 3:35-4 | Dismissal | Dismissal | Dismissal | Dismissal | Dismissal |

| Athletics | Olympians | | | | |
|-------------|----------------------------|---------------------------|----------------------|----------------------|----------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| 9:00-9:15 | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack |
| 9:20-10:05 | Sports | Sports | Sports | Sports | Sports |
| 10:20-11:05 | Sports | Sports | Sports | Sports | Sports |
| 11:05-11:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen |
| 11:20-12:05 | Lunch | Lunch | Lunch | Lunch | Lunch |
| 12:20-1:05 | Swim | Swim | Swim | Swim | Swim |
| 1:20-2:05 | Change & Sunscreen, Nature | Change & Sunscreen, Ropes | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen |
| 2:20-3:05 | Busy Bodies | Ropes | Low Ropes | Boating | Upper Archery |
| 3:05-3:20 | Snack | Snack | Snack | Snack | Snack |
| 3:20-3:35 | Flag | Flag | Flag | Flag | Flag |
| 3:35-4 | Dismissal | Dismissal | Dismissal | Dismissal | Dismissal |

| Athletics | Masters | | | | |
|-------------|-----------------------|----------------------|----------------------|-----------------------------|----------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| 9:00-9:15 | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack |
| 9:20-10:05 | Sports | Sports | Sports | Sports | Sports |
| 10:20-11:05 | Sports | Sports | Sports | Sports | Sports |
| 11:05-11:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen |
| 11:20-12:05 | Lunch | Lunch | Lunch | Lunch | Lunch |
| 12:20-1:05 | Swim | Swim | Swim | Swim | Swim |
| 1:20-2:05 | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen | Change & Sunscreen, & Ropes | Change & Sunscreen |
| 2:20-3:05 | Busy Bodies | Lower Archery | Boating | Ropes | |
| 3:05-3:20 | Snack | Snack | Snack | Snack | Snack |
| 3:20-3:35 | Flag | Flag | Flag | Flag | Flag |
| 3:35-4 | Dismissal | Dismissal | Dismissal | Dismissal | Dismissal |
| Athletics | Rookies Training Camp | | | | |
| | Monday | Tuesday | Wednesday | Thursday | Friday |

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|-------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 9:00-9:15 | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack |
| 9:20-10:05 | Skills | Skills | Skills | Skills | Skills |
| 10:20-11:05 | Drills | Drills | Drills | Drills | Drills |
| 11:05-11:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen |
| 11:20-12:05 | Lunch | Lunch | Lunch | Lunch | Lunch |
| 12:20-1:05 | Nature | Busy Bodies | Upper Archery | Climbing Wall | Boating |
| 1:05-1:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen |
| 1:20-2:05 | Sports | Sports | Sports | Sports | Sports |
| 2:15-2:45 | Swim | Swim | Swim | Swim | Swim |
| 2:45-3:15 | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack |
| 3:20-3:35 | Flag | Flag | Flag | Flag | Flag |
| 3:35-4 | Dismissal | Dismissal | Dismissal | Dismissal | Dismissal |

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|-----------|------------------------------|---------|-----------|----------|--------|
| Athletics | Junior Varsity Training Camp | | | | |
| | Monday | Tuesday | Wednesday | Thursday | Friday |

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|-------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 9:00-9:15 | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack |
| 9:20-10:05 | Skills | Skills | Skills | Skills | Skills |
| 10:20-11:05 | Drills | Drills | Drills | Drills | Drills |
| 11:05-11:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen |
| 11:20-12:05 | Lunch | Lunch | Lunch | Lunch | Lunch |
| 12:20-1:05 | Busy Bodies | Climbing Wall | Nature | Boating | Lower Archery |
| 1:05-1:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen |
| 1:20-2:05 | Sports | Sports | Sports | Sports | Sports |
| 2:15-2:45 | Swim | Swim | Swim | Swim | Swim |
| 2:45-3:15 | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack |
| 3:20-3:35 | Flag | Flag | Flag | Flag | Flag |
| 3:35-4 | Dismissal | Dismissal | Dismissal | Dismissal | Dismissal |

| Athletics | Varsity Training Camp | | | | |
|-------------|-----------------------|----------------------|----------------------|----------------------|----------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| 9:00-9:15 | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack | Group Huddle & Snack |
| 9:20-10:05 | Skills | Skills | Skills | Skills | Skills |
| 10:20-11:05 | Drills | Drills | Climbing Wall | Drills | Drills |

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|-------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| 11:05-11:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen |
| 11:20-12:05 | Lunch | Lunch | Lunch | Lunch | Lunch |
| 12:20-1:05 | A&C | Boating | Lower Archery | Busy Bodies | Gaga |
| 1:05-1:20 | Sunscreen | Sunscreen | Sunscreen | Sunscreen | Sunscreen |
| 1:20-2:05 | Sports | Sports | Sports | Sports | Sports |
| 2:15-2:45 | Swim | Swim | Swim | Swim | Swim |
| 2:45-3:15 | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack | Change, Sunscreen, & Snack |
| 3:20-3:35 | Flag | Flag | Flag | Flag | Flag |
| 3:35-4 | Dismissal | Dismissal | Dismissal | Dismissal | Dismissal |