

# Strengthening Families



Many of you are familiar with the playgroups that Project ABC runs at the libraries in Ashland, Holliston and Hopkinton. These programs are designed to help prepare your child for school and beyond. You may not be aware that Project ABC does much, much more. We offer opportunities for parent education and engage in multiple community events.

Perhaps the most important of all that Project ABC has to offer you and your community is **resources, referrals** and **access**. If you are looking for a quality preschool program or extracurricular programming for your school aged child up to eight years of age, we can help. If you have concerns about your child's growth and development or their behaviors, we are connected to a large network of providers and services to help you get more information and make sure your child has every advantage for success.

Lastly, we know that sometimes there are more hidden needs such as food, housing, domestic violence and more. If you need help, we are here with compassionate confidential assistance to meet your needs.

If you are a family with children ages 0-8 living in Ashland, Holliston or Hopkinton you are eligible to participate in the free programming and services offered by Project ABC. We are here to strengthen families, and support parents and children. Send us an email so we can connect!