

## VIRTUAL Y – MEMBER JOB AID

MetroWest YMCA Virtual Y website: <https://metrowestvirtualymca.y.org/>

Where you will find all your virtual class livestreams, on-demand content, and blogs.

### BEFORE YOU BEGIN

1. Make sure you have an active membership.
  - a. If you need assistance updating your membership please contact the Member Services department via phone 508-879-4420 or e-mail [memberservices@metrowestymca.org](mailto:memberservices@metrowestymca.org).
2. Make sure you have a Personify login.
  - a. If you need assistance getting your Personify login (different than MotionVibe) please contact Katrina Ladd ([kladd@metrowestymca.org](mailto:kladd@metrowestymca.org) or 508-879-4420 ext. 238) or the Member Services department (508-879-4420 or e-mail [memberservices@metrowestymca.org](mailto:memberservices@metrowestymca.org)).

### HOW TO LOGIN TO VIRTUAL Y?

1. Go to <https://metrowestvirtualymca.y.org/>
2. Click on “ENTER VIRTUAL Y”

# Sign In

**ENTER VIRTUAL Y**

3. Use your MetroWest YMCA Username and Password to login.



Please login to continue.

Username:

Password:

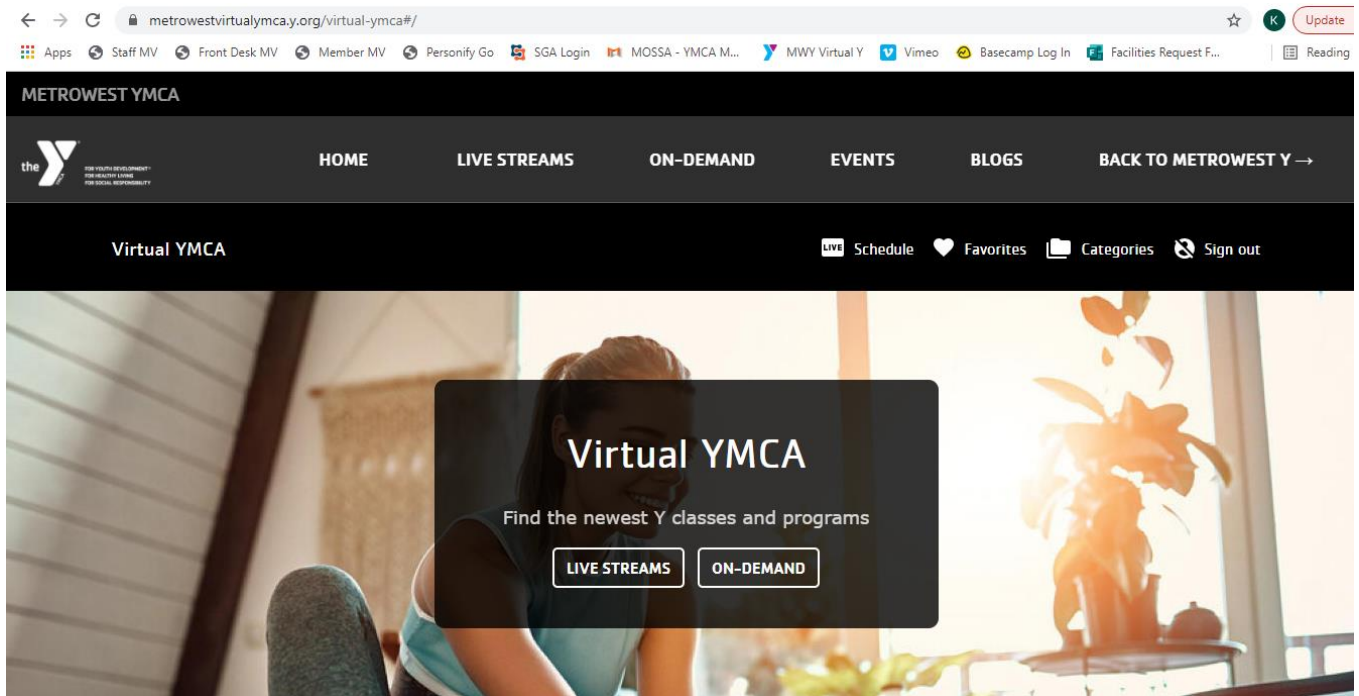
Go

I would like to reset my password. [Click here.](#)  
I would like to update my Username. [Click here.](#)  
I forgot my password. [Click here to reset.](#)  
I would like to register for a new account. [Click here to register.](#)

Remember my login information for 90 days.

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### 4. Then you are in! Virtual Y Home Page



### HOW TO ACCESS A LIVESTREAM CLASS?

1. After logging into Virtual Y and reaching the Virtual Y home page, click “Live Streams.”



2. Then the livestream schedule will show up. Click on the class you are looking to start.

