

# DANCE

## YOUTH DEVELOPMENT



**Winter 2019 Session**  
**January 2-February 16, 2019**

**Preschool Dance class prices**  
**Mon-Tue Classes \$54 members / \$108 non-members**  
**Wed-Sat Classes \$62 members / \$124 non-members**

**School Age Dance class prices**  
**Mon-Tue Classes \$63 members / \$126 non-members**  
**Wed-Sat Classes \$73 members / \$146 non-members**

### PRE-SCHOOL DANCE CLASSES

#### Plié Pre Ballet, Ages 3-4

An introduction to ballet with beginning development of ballet concepts including turn out, coordination, spatial awareness, and listening skills. Students will begin positions of the feet and introductory movement vocabulary.

Wednesday.....11:15-11:45am  
 Saturday.....9:45-10:15am

#### Shakers Jazz/Hip Hop Combo, Ages 3-5

Let your little one be introduced to the basics of jazz and hip hop dance. In this class your child will be introduced to basic jazz and hip hop steps. This is a fast moving class with an emphasis on fun!

Wednesday.....10:45 - 11:15am  
 Saturday.....10:15 - 10:45am  
 Saturday.....11:00 - 11:30am

#### Passé Combo Ballet/Jazz, Ages 3-5

This class is designed to give your child the opportunity to learn the basics of ballet and jazz dance. The class will be half ballet and then switch to Jazz dance the second half of class.

Friday.....5:00-5:30pm  
 Saturday.....11:00-11:30am

### SCHOOL AGE DANCE CLASSES

#### Tendu Ballet, Ages 5-7

A beginner level ballet class with further concentration on proper body alignment, balance, and coordination. Basic ballet steps such as first through fifth position, plié, tendu, chasé, and arabesque will be introduced.

Thursday.....5:00 - 6:00pm  
 Saturday.....11:30am-12:30pm.

#### Jeté Intermediate Ballet, Ages 7+

This class is for dancers with 1 year or 2 sessions of previous ballet experience or instructor approval. The goal of intermediate ballet is to impart the fundamentals of classical ballet. Class will focus on basic ballet technique, proper body alignment, terminology, and musicality. Students will be introduced to barre and center work.

Friday.....4:00-5:00pm

#### Movers Hip-Hop, Ages 6-8

Hip hop is a high-energy class that will really get your child moving and having fun! Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Class includes upper and lower body conditioning as well as a rigorous warm-up to help prepare students for movement combinations.

Wednesday.....4:00-5:00pm  
 Friday.....4:00-5:00pm  
 Saturday.....11:30-12:30pm

#### Movers Hip-Hop, Ages 8+

Hip hop is a high-energy class that will really get your child moving and having fun! Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Class includes upper and lower body conditioning as well as a rigorous warm-up to help prepare students for movement combinations.

Tuesday.....4:15-5:15pm  
 Friday.....4:00-5:00pm  
 Saturday.....12:30-1:15pm

#### All Arouns Introduction to Dance, Ages 7+

This Class will introduce your child to different types of dance including but not limited to; jazz, ballet, hip-hop, and musical theater. This is a great class for the beginner dancer that wants to try out more than one style of dance.

Thursday.....4:00-5:00pm

#### Teen Hip Hop 13+

Hip hop is a high-energy class that will really get you moving and having fun! Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Class includes upper and lower body conditioning as well as a rigorous warm up to help prepare students for movement combinations. Class is held in the Multipurpose room.

Friday.....6:00-7:00pm

#### Free Style Hip Hop

Learn hip hop in a different way- this class is to encourage your dancer to bring out their own style. Instructor will teach how to move to certain beats and connect with music. This class will help build dancers confidence while they discover a different way of dancing!

Wednesday.....5:00-5:30pm

### ADULT DANCE CLASSES

#### Partner Dancing Ages 18+

Bring out your inner dancing with the stars self. Beginners and intermediate levels welcomed. There will be a variety of different styles taught while listening to an array of music. This class is held in the Group Exercise Studio

Friday.....7:00-8:00pm

#### Adult Hip Hop, 18+

Hip hop is a high-energy class that will really get you moving and having fun! Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Class includes upper and lower body conditioning as well as a rigorous warm up to help prepare students for movement combinations. Listen to the classics and the new hits of today's music while learning how to dance. **Beginners are welcome!** This class is held in the Group Exercise Studio

Wednesday.....2:30-3:30pm