

# CHANGEMAKER CAFÉ

## Breakfast

Available until 10am

### Egg & Cheese on WG English Muffin 4

Scrambled egg and melted cheese on a toasted whole-grain english muffin

### Breakfast Burrito Bowl 6

Scrambled egg, turkey sausage, cheese and homefries

### Morning Snack Pack 5

Fresh cut fruit, yogurt, granola and a hardboiled egg

### Overnight Oats 4

Old-fashioned oats, chia seeds, yogurt and milk.

Rotating flavors each day.

\*Check with our team for today's choice!\*



## Smoothies

### Chunky Monkey 6

Banana, milk of choice, sunbutter & chocolate protein powder

### Berry Good 5

Mixed berries, banana, carrot, yogurt & coconut water

### Green Machine 6

Kale, spinach, Granny Smith apple, cucumber, pineapple, ginger, lemon & coconut water

### Add Ins: 2

Chia Seeds & Protein Powder



## Snacks

### Fresh Cut Fruit Salad 4

### Yogurt Parfait 5

### Vegetable Crudité 4

Served w/ Ranch or Hummus

### Mozzarella Cheese Stick 1

### Assorted Chips 1

### Chef's Special "Snack Pack" 4

\*Check with our team for today's pick!\*

### Energy Bites (2 each) 1



## Beverages

### Small Hot Coffee 2

### Large Hot Coffee 3

### Iced Coffee 3

### Hot Tea 2

### Assorted Seltzer Water 1

### Bottled Water 1

## All Day Options

### Sandwiches

### Sunbutter & Jelly on WG Bread 4

### Chicken Salad on WG Bulkie 5

House made chicken salad with lettuce on a whole-grain bulkie roll

### Ham & Cheese on WG Bun 4

### Vegetable Wrap 5

House-made hummus, mushroom, onion, shredded carrots, cucumber, roasted red pepper, lettuce & tomato on a whole-grain wrap

### Turkey Club Wrap 5

Turkey, turkey bacon, lettuce & tomato on a whole-grain wrap

### Chicken Caesar Wrap 5

Grilled chicken, romaine lettuce, parmesan cheese and croutons on a whole-grain wrap

## Salads

### Garden Salad 5

Lettuce, tomato, onion, shredded carrot & cucumber

### Caesar Salad 5

Romaine lettuce, shredded parmesan cheese, croutons

### Greek Salad 5

Mixed greens, cucumber, roasted red pepper, red onion, feta & olives

### Protein Additions:

Grilled Chicken 1

Tuna Salad 1

Chickpeas 1

### Assorted Dressings:

Golden Italian, Balsamic Vinaigrette, Greek & Caesar

**Monday-Friday**

**9 AM - 2 PM**

**3 PM - 6 PM**

**Saturday & Sunday**

**9 AM - 2 PM**

