

METROWEST YMCA

LOCATIONS & HOURS

Framingham Branch

280 Old Connecticut Path Framingham, MA 01701 508-879-4420 Mon-Fri. 5 AM - 10 PM Sat & Sun. 7 AM - 7 PM

Clearbrook Swim Club

120 Parker Road Framingham, MA 01702 508-405-0305 11 AM - 7 PM

Hopkinton Outdoor Center

45 East Street Hopkinton, MA 01748 508-435-9345 Mon-Fri. 9 AM - 5 PM Evenings & weekends per program schedule

Hopkinton Swim Club

Mon-Fri. 4 PM - 7 PM Sat & Sun. 11 AM - 7 PM



JULY 2025: MEMBER CALENDAR

Click on each event for additional details and registration.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

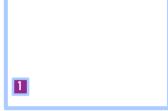
THURSDAY

FRIDAY

SATURDAY











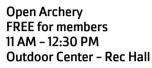


4TH OF JULY

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Framingham Branch: CLOSED Clearbrook & Hopkinton pools: Open 11 AM - 7 PM





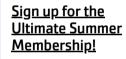
Pickle & Preserve: Pickling

Basics Workshop

9:30 AM - 11 AM

Outdoor Center





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HOPKINTON SUMMER DAY CAMP

Family Event: Fun in the Sun 6 PM - 7:30 PM **Outdoor Center**

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FREE POP-UP CLASS:

Chair Yoga & Your Brain 11 AM - 11:55 AM Framingham Branch Registration opens 7/4 in Ý360

12

Intro to Hiking 1PM - 3 PM **Outdoor Center**

FREE POP-UP CLASS:

Stretch and Release 9:30 AM - 10:30 AM Framingham Branch Registration opens 7/6 in Y360 Boxing Clinic - \$25

8:30 AM - 10 AM Framingham Branch







CAMP OCP

Family Event: Banana Olympics 6 PM - 8 PM Framingham Branch

Y STEAM CAMP

Family Event: Banana Olympics 6:30 PM - 8 PM East School, Natick

Family Dinner Night: Farm to **Table Flatbreads** 5:30 PM - 7:30 PM **Outdoor Center**

Open Climb FREE for members

6 PM - 9 PM Outdoor Center - Rec Hall



EXPLORE EVENTS:



Take a GroupEx class!

Reserve your spot in Y360.

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CAMP CLEARBROOK Family Picnic Clearbrook Swim Club

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Outdoor Center



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