



METROWEST YMCA

LOCATIONS & HOURS

Framingham Branch
280 Old Connecticut Path
Framingham, MA 01701
508-879-4420
Mon-Fri, 5 AM – 10 PM
Sat & Sun, 7 AM – 7 PM

Clearbrook Swim Club
120 Parker Road
Framingham, MA 01702
508-405-0305
11 AM – 7 PM

Hopkinton Outdoor Center
45 East Street
Hopkinton, MA 01748
508-435-9345
Mon-Fri, 9 AM – 5 PM
Evenings & weekends per program schedule

Hopkinton Swim Club
Mon-Fri, 4 PM – 7 PM
Sat & Sun, 11 AM – 7 PM

EXPLORE EVENTS:



JULY 2025: MEMBER CALENDAR

Click on each event for additional details and registration.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<div>Find a Summer Eats site near you! >></div> <div>SUMMER EATS</div>		<div>4TH OF JULY</div> <div>Framingham Branch: CLOSED Clearbrook & Hopkinton pools: Open 11 AM – 7 PM</div>	<div>Open Archery FREE for members 11 AM – 12:30 PM Outdoor Center – Rec Hall</div>
<div>Sign up for the Ultimate Summer Membership!</div>	<div>THE ULTIMATE SUMMER MEMBERSHIP</div>			<div>HOPKINTON SUMMER DAY CAMP</div> <div>Family Event: Fun in the Sun 6 PM – 7:30 PM Outdoor Center</div>	<div>FREE POP-UP CLASS: Chair Yoga & Your Brain 11 AM – 11:55 AM Framingham Branch Registration opens 7/4 in Y360</div>	<div>Pickle & Preserve: Pickling Basics Workshop 9:30 AM – 11 AM Outdoor Center</div> <div>Intro to Hiking 1 PM – 3 PM Outdoor Center</div>
<div>FREE POP-UP CLASS: Stretch and Release 9:30 AM – 10:30 AM Framingham Branch Registration opens 7/6 in Y360 Boxing Clinic – \$25 8:30 AM – 10 AM Framingham Branch</div>				<div>CAMP OCP</div> <div>Family Event: Banana Olympics 6 PM – 8 PM Framingham Branch</div> <div>Y STEAM CAMP</div> <div>Family Event: Banana Olympics 6:30 PM – 8 PM East School, Natick</div>	<div>Family Dinner Night: Farm to Table Flatbreads 5:30 PM – 7:30 PM Outdoor Center</div> <div>Open Climb FREE for members 6 PM – 9 PM Outdoor Center – Rec Hall</div>	
	<div>Take a GroupEx class! Reserve your spot in Y360.</div>				<div>CAMP CLEARBROOK</div> <div>Family Picnic Clearbrook Swim Club</div>	<div>HOPKINTON SUMMER DAY CAMP</div> <div>Family Event: Banana Olympics 6 PM – 7:30 PM Outdoor Center</div>
		<div>Tomato Harvest & Recipe Share Workshop 5 PM – 6 PM Outdoor Center</div>				