



175^{YEAR}
ANNIVERSARY

NO PLACE



Like This Place

Six amazing summer day camps
MetroWest YMCA
June 22 - August 28, 2026



THE Peace of Mind PLACE

The MetroWest YMCA is the area's trusted leader in youth development.

For over 65 years, the MetroWest YMCA has offered enriching summer day camps and programs for area youth ages 3-15. With six unique camps and more than 30 engaging options, there's something to spark every child's curiosity. What truly sets us apart is how our camps foster connection for the entire family, strengthen community, and create joyful memories for all.

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Important Information:

Camp Dates: June 22 – August 28, 2026

Registration

Members: January 19 | Community: February 2

Information Sessions – Starting in January!

Hopkinton Summer Day Camp
Camp Clearbrook
Ninja Sports Camp
OCP Summer Program
Y STEAM Summer Program
Stepping Stones Summer Program

All information sessions will be virtual. Visit our website for dates and additional details:



Highly Experienced Staff

With over 50 years of collective camp leadership, our executive team ensures excellence from the top down. They are supported by layers of experienced program staff who provide front-line staff with the mentorship and resources needed to successfully implement our curriculum.

Our counselors complete 30+ hours of leadership, safety, and child development training - including a Youth Mental Health & Inclusion Certification. This results in a powerful camp experience that fosters community and builds crucial skills in empathy, leadership, and social awareness.

We're not just a camp—we're a mission-backed team of youth development professionals.

Licensed

The MetroWest YMCA summer learning programs are licensed by the Department of Early Education and Care. All other MetroWest YMCA Camp programs comply with the regulations of the MA Department of Public Health and are licensed by the local Board of Health. All staff and volunteers are subject to SORI and CORI checks by the Commonwealth of Massachusetts, and our counselors are LEAD mental health certified.

Daily Photos and Highlights

Once you register, you will receive an invitation to our internal BAND app for camp parents where we will share daily photos, highlights and fun moments from camp. Ahead of each week, you will receive a newsletter from Camp Leadership with important updates and reminders.

A Community Where Everyone Belongs

We strive to be an inclusive camp community and work to accommodate children with diverse needs wherever possible. Our dedicated inclusion staff will work with families. Parents value our focus on creating a safe, welcoming space where children feel comfortable.

Follow us on social!

@metrowestymca





The Y Difference

“We tried two other camps before and came back to the Y—nothing compares to the connection and care our son experienced here.”
-Hopkinton Camp Parent



Swim Lessons and Water Safety Included!

Y campers enjoy both recreational “free swim” and swim instruction from “America’s Swim Instructor.” No matter where your child starts, they will feel proud of their growth and confidence in the water by the end of camp!

- On the first day of each week, children will be evaluated to determine their swim level for pool access. Campers will be assigned color-coded necklaces indicating their pool access (deep, shallow, shallow w/ lifejacket).
- Each week, we will send home a “Camper Card” so you can see your child’s progress.

Note: Stepping Stones Summer Program is the only camp that does not include swim lessons and instead engages in water play (e.g. sprinklers, water tables, etc.).



Health-focused in Every Way

The MetroWest YMCA is committed to food access and offers free nutritious meals at Camp Clearbrook, Ninja Sports Camp, OCP Summer Program, and Stepping Stones. Lunch is available for \$30/week at Hopkinton Summer Day Camp and Y STEAM Camp. We focus on fresh, often locally-sourced foods, providing snacks with fruits or vegetables and meals for various dietary needs. Some of our food is grown in our 32 on-site garden beds. All food follows USDA, SFSP, and HEPA guidelines. For questions contact Maggie Lynch, RDN, LDN: MLynch2@metrowestymca.org



Celebrating Character

Our camp experience encourages our core values of caring, honesty, respect and responsibility by recognizing these qualities in our campers. On a daily basis, our counselors highlight examples of campers helping build our community and leading with values by awarding character-based “Camp Champs” Character Award bracelets.



Total-family Health and Well-being

One of the benefits of choosing the MetroWest YMCA for summer camp is gaining access to a year-round community that supports your entire family’s well-being - from your health and wellness goals, to your social support.

The Y offers a one-stop-shop for programs and events that nurture your whole family’s body, mind, and spirit.

Become a member and join us for:

- Summer Swim Clubs (Clearbrook and Hopkinton Outdoor Center)
- Open Pickleball at the Hopkinton Outdoor Center and Framingham Branch
- Free Special Events
- Wellness Center & Unlimited Group Exercise Classes in Framingham
- Enrichment and Outdoor Adventure

Join at the Framingham Branch Family Level and you will get access to both the Framingham Branch and the Hopkinton Outdoor Center. Please note, Hopkinton Outdoor Center Members will be eligible for the Youth/Teen rate on camp.



THE Find Your *Friends* PLACE

Summer camp at the Y is where friendships grow
and community thrives!

Day camp is more than just summer fun—it's where kids form lasting friendships, celebrate personal milestones, and find a place where they truly belong. Our staff are specially trained to create opportunities for campers to build these meaningful relationships. It's also a place where families find support, neighbors come together, and community takes root.



FUN FOR THE WHOLE FAMILY

Throughout the spring and summer, we have opportunities to connect and meet friends. Bring the whole family to experience a little bit of camp magic, and don't miss our signature event, Banana Olympics!

Hopkinton Summer Day Camp

Fun in the Sun, July 9, 6:00 PM - 7:30 PM
Penny Carnival, July 24, 6:00 PM - 7:30 PM
Banana Olympics: August 7, 6:00 PM - 7:30 PM



Camp Clearbrook

Family Pool Party, July 10, 6:30 PM - 8:00 PM
Lunch with Your Camper, July 30, 12:00 PM - 1:00 PM

Y STEAM Summer Program

Banana Olympics, July 16, 6:30 PM - 8:00 PM
STEAM Showcase, August 6, 6:30 PM - 8:00 PM



OCP Summer Program

Ninja Sports Camp

Waterpalooza: July 10, 6:30 PM - 8:00 PM
Banana Olympics: July 31, 6:30 PM - 8:00 PM



SAVE THE DATES!



Where outdoor fun sends kids to camp!
Wednesday, July 15 | Outdoor Center

Join us for an adults-only fundraiser to support our Y summer camps! Show off your yard-game skills, enjoy a delicious burger bar, and connect with fellow families while learning how the Y's programs make a meaningful impact in our communities! Registration information will be available at the beginning of camp. Stay tuned!



Free fun for the whole family!

Camps at a Glance



Hopkinton Summer Day Camp (pg. 5-12)

Ages 3 – entering grade 10

One-week sessions

9:00 AM – 4:00 PM (extended care available)

MetroWest YMCA Outdoor Center | 45 East Street | Hopkinton, MA 01748

Set on 122 scenic acres, this day camp offers kids endless outdoor adventure with intentionality and curated exploration of a variety of topics, all within comfortable small groups. Our age-based camp units—Juniors, Middlers, and Seniors—offer an age-appropriate mix of traditional camp fun—swimming, archery, ropes courses, arts, hiking trails, boating and more—all in a safe, nurturing environment. Campers build skills and confidence as they explore 20+ specialty camps like cooking, sports, drama, robotics, wilderness, and movie making. With leadership programs for teens, it's everything you want in a camp—well-run, worry-free, and unforgettable. Transportation is available.



Transportation available!



Stepping Stones Summer Program (pg. 13)

Ages 4 – entering kindergarten

One-week sessions

9:00 AM – 4:00 PM (extended care available)

YMCA Early Learning Center | 282 Old Connecticut Path | Framingham, MA 01701

This summer program puts learning in the context of play and helps your child explore new things and build social skills in a safe environment. Most of the camp day is spent outdoors. Campers enjoy water play, movement songs, nature activities, gardening, and arts and crafts.



Y STEAM Summer Program (pg. 14)

Entering grades 1-6

One-week sessions

9:00 AM – 4:00 PM (extended care available)

East School | 90 Oak Street | Natick, MA 01760

This summer program will keep your child's mind and body active all summer long. The curriculum focuses on STEAM (science, technology, engineering, art, and math), and includes traditional camp activities like sports and swimming. Campers will engage in science experiments and games led by knowledgeable camp staff and will have so much fun they won't realize how much they are learning! Includes outdoor swimming (recreational and swim lessons) and transportation to and from Clearbrook Swim Club.



Ninja Sports Camp (pg.15)

Entering grades 1-6

One-week sessions

9:00 AM – 4:00 PM (extended care available)

MetroWest YMCA | 280 Old Connecticut Path | Framingham, MA 01701

Campers will learn a variety of different indoor and outdoor sports, and build their own Ninja Obstacle Course each week! They will also participate in traditional camp activities including swimming, games, and arts and crafts.



Camp Clearbrook (pg. 16) **A partial-day camp. Most flexible!**

Entering grades 1-6

2, 3, and 5 day options

9:00 AM – 2:00 PM

MetroWest YMCA Clearbrook Swim Club | 120 Parker Road | Framingham, MA 01702

Families enjoy this flexible, part-day camp featuring traditional camp activities like games, sports, arts and crafts, as well as swim lessons and recreational swim. The Clearbrook Swim Club has a splash pad, gaga ball, garden beds, lawn games, and more!



OCP Summer Program (pg. 17)

Entering grades 1-8

2,3, and 5 day options

9:00 AM – 4:00 PM (extended care available)

MetroWest YMCA | 280 Old Connecticut Path | Framingham, MA 01701

This summer program offers fun mix of traditional camp activities as well as off-site field trips, special guest visitors, and the opportunity to explore various subjects through play. With a focus on reading, expression, and 21st Century skill-building, this summer program will build creativity and a sense of belonging in your child. The camp day includes recreational swimming and swim lessons. Field trips to local attractions like the Zoo and Art Museum are included.

New flexible, part-time week options!



HOPKINTON SUMMER DAY CAMP

Ages 3-16

MetroWest YMCA Outdoor Center
45 East Street | Hopkinton, MA 01748



Where curiosity grows into capability!

Juniors, Middlers, and Seniors Units

This camp is organized into three age-based units—Juniors, Middlers, and Seniors—each supported by dedicated staff to foster a safe, community-focused experience. Our units offer traditional one-week camp sessions all summer, as well as specialty camps scheduled throughout the season. Specialty camps provide unique, hands-on projects and activities in specific areas of interest. Campers also enjoy swim lessons, recreational swim, and activities like archery, boating, and nature exploration.

2026 Camp Themes

Week 1: The Happiest Week at Camp	June 22-26
Week 2: Decades Time-Warp	June 29-July 3
Week 3: Camp-wide Western Adventure	July 6-10
Week 4: Colors Unleashed! Spirit Week	July 13-17
Week 5: Under the Big Top Adventures	July 20-24
Week 6: Sunshine & Splash Celebration	July 27-31
Week 7: Going for the Gold	August 3-7
Week 8: Pop Goes the Culture	August 10-14
Week 9: Heroes & Sidekicks Unite	August 17-21
Week 10 (Closing Week): Out of This World	August 24-28



Camp Schedule

9:00 AM - 4:00 PM
June 22 - August 28 (10 weeks)



Flexible one-week camp programs with optional AM/PM care



30+ specialty camp options designed to support your child's growth and development



Transportation available from 20 bus stops in Ashland, Framingham, Holliston, Hopkinton, Marlborough, Natick, Sherborn, Sudbury, Upton, and Wayland
\$45 for all, one way per week

Camp Add Ons

- Lunch: \$30 per week
 - AM care: 7:00 AM - 9:00 AM
 - PM care: 4:00 PM - 6:00 PM (w/ snack)
- AM/PM care pricing (same price, paid separately)
Hopkinton: Family Member \$60 | Youth Member \$63 | Community Member \$74
Framingham (includes transportation to and from Hopkinton): Family Member \$75 | Youth Member \$79 | Community Member \$94

Questions? Contact:

Stephan Lockney, Associate Executive Director of Camping Services: slockney@metrowestymca.org
Brittany Quinones, Business Manager: bquinones@metrowestymca.org | 508-435-9345 x110



TRADITIONAL CAMPS

One-week sessions offered all weeks

JUNIORS UNIT: Ages 3 – Entering grade 1

Scamper Camp: Age 3 – entering Kindergarten

Camp Carol: Entering grade 1

Family Member \$415 | Youth or Hopkinton Member \$482 | Community Member \$519

Junior Campers enjoy a close-knit experience with a 1:5 staff-to-camper ratio, giving kids a fun and supportive introduction to camp and the outdoors. They participate in traditional camp activities, swim lessons, and age-appropriate adventure programs while building friendships, teamwork skills, and confidence.

MIDDLERS UNIT: Entering grades 2-5

Camp Bob-O-Link: Entering grade 2

Family Member \$401 | Youth/Hopkinton Member \$465 | Community Member \$502

Explorers: Entering grade 3

Bob White: Entering grades 4 & 5

Family Member \$388 | Youth/Hopkinton Member \$450 | Community Member \$489

Our Middler Unit offers campers the space, support, and opportunity for growth. They will enjoy a balanced mix of traditional camp activities, swim lessons, archery, ropes courses, and canoeing on the Ashland Reservoir, all within supportive groups with a 1:10 staff-to-camper ratio.

SENIORS UNIT: Entering grades 6-9

Adventure: Entering grades 6 & 7

Adventure Plus: Entering grades 8 & 9

Family Member \$388 | Youth/Hopkinton Member \$450 | Community Member \$489

Senior campers thrive in a close-knit community, engaging in more advanced activities in arts, sports, and outdoor adventures that promote personal growth and teamwork. They develop new skills through progressive challenges like archery and hatchet throwing, kayaking, and paddleboarding—all while building confidence, lasting relationships and a sense of belonging. Adventure Plus will also go on field trips.

Leadership Camps – Entering grades 7-10

Leaders-in-Training (LIT) Entering grades 7 & 8

Family Member \$573 | Youth/Hopkinton Member \$665 | Community Member \$717

Counselors-in-Training (CIT) Entering grades 9 & 10

Family Member \$369 | Youth/Hopkinton Member \$429 | Community Member \$462

LITs will participate in leadership development, volunteerism, and service learning projects as a small group, plus experience traditional camp activities like swimming, boating, and ropes. CITs will receive workplace readiness and leadership training and will help supervisors lead camp group activities.



Sample Daily Schedule Middlers Traditional Camp

9:00 AM - Unit Huddle
9:25 AM - Archery/Target Sports
10:15 AM - Arts & Crafts
11:05 AM - Lunch
11:55 AM - Recreational Swim
1:35 PM - Gaga Ball
2:25 PM - Low Ropes Teambuilding
3:15 PM - Camper of the Day Recognition
3:30 PM - Dismissal



SPECIALITY CAMP OFFERINGS 2026

Browse all of our specialty camps and use the color-coded key below to see what's being offered in each unit!*

● = Juniors, ages 3 - entering grade 1 ● = Middlers, entering grades 2-5 ● = Seniors, entering grades 6-9

*Check the following pages to see which specialty camps are being offered to which age groups within each unit.

Hopkinton Summer Camp 2026		Week 1 22-Jun	Week 2 29-Jun	Week 3 6-Jul	Week 4 13-Jul	Week 5 20-Jul	Week 6 27-Jul	Week 7 3-Aug	Week 8 10-Aug	Week 9 17-Aug	Closing Week 24-Aug
Sports	3v3 Basketball		●●		●●		●●		●●		
	All Stars Sports Camp	●	●	●		●		●			
	Champs Sports Camp	●	●	●	●	●	●	●	●	●	
	Pickleball Adventure Camp			●●		●●		●●			
	Rookies Sports Camp	●●	●●	●●	●●	●●	●●	●●	●●	●●	
Creative Arts	Action Movie Flix			●●							
	Advanced Magic					●●					
	Art Creations		●●		●●		●●	●●			
	Art Explorations								●	●	
	Beginner Magic				●●	●●					
	Ceramics			●			●				
	Comic Strip & Spy Intelligence								●●		
	Creative Quest								●●		
	Creative Kitchen			●	●	●	●	●	●	●	
	Disney Music Then & Now								●		
	Entrepreneurship & Board Game Design								●●		
	Instrument Playground	●									
STEM & Robotics	Musical Theater Performers (Annie)	●●									
	Musical Theater Performers (Moana)								●●		
	Pokemon Stop Motion Flix			●●							
	Advanced Mining and Building							●●			
	Amazing Race			●●							
	Amusement Park Adventures							●			
	Junior Builders	●									
	Junior Engineers								●		
	Mechanical Engineering Adventures			●●							
Outdoor Education	Robo Pets	●									
	Robotics: AttackBots						●				
	Robotics: Mega Machines						●				
	STEAM Survivor								●		
Outdoor Education	Gardening Camp			●	●	●	●	●	●		
	Heels Down Ranch Camp			●●	●●	●●	●●	●●	●●		
	Pathfinders Wilderness				●●		●●		●●		
	Wilderness Skills				●●		●●	●●			
Leadership Opportunities	Leader-in-Training (LIT)			●		●		●			
	Counselor-in-Training (CIT) Training Week	●	●								



SPECIALITY CAMPS (within units)

Sample Daily Schedule Middlers Specialty Camp

9:00 AM - Unit Huddle
9:30 AM - Specialty Camp Activity
12:05 PM - Lunch
12:45 PM - Rock Climbing
1:35 PM - Nature Exploration
2:25 PM - Recreational Swim
3:15 PM - Camper of the Day Recognition
3:30 PM - Dismissal

KEY

Browse all of our specialty camps and use the color-coded key below to see what's being offered in each unit. Unless otherwise noted, the specialty camps will be available to the entire age range in the unit shown.

- = Juniors, ages 3 - entering grade 1
- = Middlers, entering grades 2-5
- = Seniors, entering grades 6-8 (9th graders can do Adventure Plus)

SPORTS

3v3 Basketball Skills & Play

● ● Grades 6-8

Weeks 2, 4, 6, 8

Fast-paced, fun, and perfect for developing real-game instincts, our 3v3 Basketball Skills & Play Camp is designed for athletes who want to build their skills and confidence on the court. Campers will participate in drills, challenges, and game play. Coaches break down core fundamentals—ball handling, passing, spacing, cutting, defensive positioning, and finishing at the rim—while teaching communication, teamwork, and decision-making. Campers are grouped by age and ability.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595

All Stars Sports Camp

● Grades 6-8

Weeks 1-9

Campers will learn the values of teamwork, fair play, respect, and hard work while being exposed to various sports like soccer, basketball, pickleball, street hockey, lacrosse, and cricket, and more! The focus is on fun, skills, drills, and playing time, where campers will be introduced to athletic training concepts in a fun way.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595

Champs Sports Camp

● Grades 3-5

Weeks 1-9

Campers will learn the values of teamwork, fair play, respect, and hard work while being exposed to various sports, like soccer, basketball, pickleball, street hockey, gaga ball, badminton, disc golf, lacrosse, wiffle ball, and cricket! The focus is on skills, drills, playing time, and introducing campers to athletic training concepts.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595

Pickleball & Adventure Camp

● Grades 3-5 ● Grades 6-8

Weeks 3, 5, 7

Campers will learn the fundamentals of pickleball in a fun, supportive environment. Through age-appropriate instruction and small group play, they will build core skills including proper grip, serving, footwork, scoring, and rally strategy. Campers progress at their own pace, moving from basic techniques to game play, teamwork, and sportsmanship. Beginners learn the essentials while more experienced players expand their skills through drills, mini matches, and guided challenges.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595

Rookies Sports Camp

● Entering grade 1 ● Entering grade 2

Weeks 1-9

Campers will learn the values of teamwork, fair play, respect, and hard work while being exposed to various sports, like soccer, basketball, street hockey, gaga ball, badminton, disc golf, lacrosse, wiffle ball, and more. The focus is on fun, skill development, and playing time. They will also participate in traditional camp activities such as high and low ropes, archery, and swimming.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595



Local coaches and student athletes will stop by all summer long to run sports clinics for our campers!

CREATIVE ARTS

Action Movie Flix

● ● Grades 6-8

Week 3

There will be no limits to your action-packed movie when you learn to use a green screen and camera tricks. You'll collaborate to write, act, & direct a movie where you'll learn action choreography to perform stunts and thrill the audience. Adventure awaits! *\$35 production fee included in the price of program. All flix will be professionally edited and downloadable within a month after program ends. Taught by IncrediFlix staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Advanced Magic

● ● Grades 6-8

Week 5

Building on the skills learned in Beginners, this class explores more complex magic sleights and techniques, some of which require memorization and simple math. It also includes how to perform tricks for large audiences, basic stagecraft, and working as a team/assistant to make the magic happen. All magic props will be supplied or constructed at each class. Videos of famous magic performances will be shown and discussed as models of techniques and showmanship.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Art Creations

● ●

Weeks 2, 4, 6, 7

In this program, campers will explore various techniques such as acrylic painting, collaging, drawing, and layering. Creativity will blossom as we work with painting tools and everyday objects to learn how we can make art out of anything! Offered in partnership with the Hopkinton Center for the Arts.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595

Art Explorations

Offered in partnership with the Hopkinton Center for the Arts, these camps will foster imagination and inspiration.

Mythical Monsters

● Week 9

We'll get inspiration from all around us, including insects, the worlds of Harry Potter, Pokémon, Wings of Fire, and stories about folklore and mythology. We will draw, paint, and sculpt our designs.

Storybook Art

● Week 8

Make characters and stories come to life as we explore characters and themes of some classic and contemporary picture books and create them through a variety of media, including drawing, painting, collage, and puppet making.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Beginner Magic

● ● Grades 6-8

Weeks 4, 5

Magician Pat Farenga will teach campers close-up magic using sleight of hand, theatrical skills, and other techniques. Whether it's a card trick, mind reading, or making something disappear, your camper will learn how to keep everyone entertained. At the end of the week, campers will showcase their magical skills for their fellow campers in a performance. All magic props will be supplied or constructed at each class.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Ceramics

●

Week 6

● Grades 6-8

Week 3

Campers will learn hand-building, sculpture techniques, and various ways to build structurally sound vessels and small to medium-sized sculptures. They will be able to paint their projects but will have to wait until they are glazed and fired in the kiln to pick them up. Offered in partnership with the Hopkinton Center for the Arts.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Comic Strip & Spy Intelligence Creative Quest

● ● Grades 6-8

Week 8

IncrediQuest Camps help kids learn life skills through hands-on fun! In this program, campers dive into the world of storytelling, creating their own comic strips or graphic novels from start to finish. Taught by IncrediQuest staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Creative Kitchen Cooking Camp

●

Weeks 3, 4, 6, 8, 9

● Grades 6-8,

Weeks 5, 7

In this fun, hands-on program, campers work together to create tasty recipes with fresh produce from our onsite garden. Along the way, they'll gain confidence in kitchen safety and using culinary tools. Parents with campers who have allergies are encouraged to reach out to Karley, Director of Nutrition Education, at: kbesozzi@metrowestymca.org before registration.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Disney Music Then & Now

● Grades 2-3

Week 8

Dive into the magic of Disney music, from classics like Snow White to today's hits! Campers will sing, play theater games, create crafts, and enjoy fun activities that bring their favorite Disney songs to life. Offered in partnership with the Hopkinton Center for the Arts.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775



Specialty Camps (cont.)

Entrepreneurship & Board Game Design

● Grades 6-8

Week 8

IncrediQuest Camps inspire kids to learn life skills through hands-on fun! In Entrepreneurship & Board Game Design, campers explore how to turn ideas into real projects, pitch their own business concepts like 'Shark Tank,' and design unique board games to play with family and friends. Taught by IncrediQuest staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Instrument Playground

● Grade 1

Week 1

Young musicians are invited to explore all of the instrument families in this week filled with sound! Everyone will have the chance to play a little bit of everything including strings, brass, winds, percussion and more! Through fun activities and musical games, we'll have a blast while also learning basic concepts in music theory and ear training reinforcement. Campers will even be given the chance to create their own instrument! Offered in partnership with the Hopkinton Center for the Arts.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Musical Theater Performers

Offered in partnership with the Hopkinton Center for the Arts, your child will discover their inner performer and step into the spotlight in this interactive theatre experience! Through fun drama games, imagination, and activities, campers will learn iconic songs and scenes from the chosen play, explore the basics of acting, and prepare final short productions!

Annie ● Grades 6-8

Week 1

This week, campers will explore Little Orphan Annie's adventure from the hard-knock life of Miss Hannigan's orphanage to the grand mansion of Oliver Warbucks, and the unwavering optimism she sees at every turn.

Moana ● Grades 6-8

Week 8

This summer, join the adventures of Moana, Maui the Demigod, and everyone they meet along their journey!

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Pokémon Stop Motion Flix

● Grades 6-8

Week 3

Make your own stop-motion movie using Pokémon characters. Create fires, explosions, and massive floods to incorporate in your epic battles or team up to save the day. Work in small groups to storyboard, film, and voice-over your adventure, and no Pokémon knowledge needed to join the fun! *\$35 production fee included in the price of program. Flix emailed within a month. Taught by IncrediFlix staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850



STEM & ROBOTICS

Advanced Mining & Building

● Grades 4-5 ● Grades 6-8

Week 7

Minecraft® lovers unite! Snapology's Advanced Mining & Building is a technical class involving advanced Minecraft® building using LEGO® bricks and game-play experience. Students will learn the art of crafting and stirring up their own potions using LEGO® bricks. You came, you saw, you mined at Snapology's Advanced Mining & Building! Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Amazing Race

● Grades 4-5 ● Grades 6-8

Week 3

Send your camper on a Snapology trip around the world to explore different cultures through flags, cuisine, art, and landmarks! They'll work together to tackle challenges in various "countries," racing to the finish line, all while building problem-solving skills and appreciating cultural differences. Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Amusement Park Engineering

● Grades 2-3

Week 7

Campers become engineers of amusement park rides, learning physics and engineering concepts that make rides thrilling. Using LEGO® and power packs, they design and build unique rides, experiencing the science behind the fun. Taught by Snapology Staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Junior Builders

●

Week 1

Does your little learner love to tinker? Snapology's Junior Builders program lets them build functional models like amusement park rides, boats, ramps, and cars using DUPLO® blocks! Working alongside peers, campers learn teamwork and collaboration in a safe, creative environment. Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Junior Engineering

●

Week 8

Snapology's Junior Engineers program allows learners to build functional models such as elevators, rides, robotic dogs, and spinning tops with LEGO® DUPLO® bricks. Campers collaborate with peers, learning the importance of teamwork and engineering design principles. Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Specialty Camps (cont.)

Mechanical Engineering Adventures

● Grades 1 ● Grades 2-3 Week 3

Is your camper a curious builder, tinkerer, or budding engineer? Mechanical Engineering Adventures introduces the basics of simple machines, physics, and engineering design. Campers build moving LEGO® models, explore how mechanical parts work, and test new design ideas through hands-on activities and games. Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Robotics

Taught by Snapology staff, campers learn all about sensors, gears, pulleys, and programming while using Bluetooth to bring models to life, and develop coding and building skills through creative challenges.

Attack Bots ● Grades 2-3 Week 6

Create military-inspired robotic models like catapults, crossbows, and battleships.

Mega Machines ● Grades 2-3 Week 6

In Mega Machines, campers build motorized vehicles and machines—trucks, space rovers, helicopters—using LEGO® Education WeDo 2.0.

Robo Pets ● Week 1

Campers explore robotics by building simple animal-inspired machines, then control them via Bluetooth and icon-based coding. They learn fundamental engineering and programming concepts while designing habitats for their robotic animals. Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

STEAM Survivor

● Grades 2-3 Week 8

Snapology's STEAM Survivor challenges campers with daily design and task building. Working with teammates, they earn Survivor Bucks to purchase supplies or prizes while practicing critical thinking and the engineering design process in a purposeful way. Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

OUTDOOR ADVENTURE & EDUCATION

Gardening Camp

● Grades 3-5 Weeks 5,7

● Grades 6-8 Weeks 3, 4, 6, 8

Dig in and get your hands dirty in our onsite gardens! With 32 raised beds and two “hoop houses” to explore, campers will discover how to grow their own food, harvest fresh produce, and even try their hand at worm wrangling! Each day brings new adventures in sustainable farming, creative eco-crafts, taste tests, and farm-to-table cooking fun.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Heels Down Horseback Riding & Ranch Camp

● Weeks 3, 4, 5, 6, 7, 8

Campers will visit Willow Brook Farm in Holliston to experience riding and ranch life. On M/W/F, campers will learn to ride on one of the farm's horses in small group riding lessons with a trained instructor. Additionally, they'll learn to lead, care for, tack, bathe, groom, and ride bareback. On Tu/Th, campers will learn to handle, feed, and care for goats, sheep, alpacas, donkeys, miniature horses, and more!

Willow Brook will supply a required ASTM riding helmet and riding boots for all campers. Campers must wear long pants/leggings for riding, socks, and closed-toed shoes/sneakers.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Pathfinders Wilderness Survival

● ● Grades 6-8 Weeks 4, 6, 7

Each day will be a new adventure in our camp forest! Campers will learn basic safety and survival skills and will work as a team to practice using tools, gaining a greater understanding of our camp home! They'll design and build basic shelters and forts such as ground-level forts, lean-to-forts, leaf huts, and more! We will partner with Owl Eyes Wilderness Survival to offer this program.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Wilderness Skills

● ● Grades 6-8 Weeks 4, 6, 7

We're teaming up with Owl Eyes Wilderness Survival to teach campers essential survival skills, including building shelters, starting fires with one match or flint and steel, purifying water, and navigating with a map and compass.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775





THE Discover Your Potential PLACE

In our Leadership Camps, teens develop valuable skills
and become confident leaders in the community!

LEADER-IN-TRAINING (LIT)

Entering grades 7 & 8

The Leaders-in-Training (LIT) program focuses on leadership development, volunteerism, and service learning. LITs build their leadership skills, contributing to the camp community, and working with peers and younger children. LITs are campers and they will also spend a portion of their day engaged in camp activities like swimming, sports, art, and adventure. The LIT program is an excellent precursor for the CIT program.

Family Member \$573 | Youth/Hopkinton Member \$665 | Community Member \$717

Must choose at least one two-week session: Weeks 3&4, 5&6, or 7&8

How to Register

1. Register online for one two-week LIT session
2. Complete and submit this form:



Contact & Location

Stephan Lockney, Associate Executive Director of
Camping Services
slockney@metrowestymca.org

MetroWest YMCA Outdoor Center
45 East Street | Hopkinton, MA 01748

COUNSELOR-IN-TRAINING (CIT)

Entering grades 9 & 10

Counselors-in-Training (CITs) is for teens who want to join a working team and leadership community. CITs receive mandatory training and assist counselors with camp groups and activities while focusing on workplace readiness, youth engagement, and community leadership. They learn Y policies and are considered for employment at 16 if they excel. CITs shadow leadership roles and attend regular meetings for guidance, ending their summer with a celebratory field trip.

Family Member \$369 | Youth/Hopkinton Member \$429 | Community Member \$462

Must train weeks 1 and 2. Then, choose three additional weeks.

How to Apply

1. Complete and submit a CIT Program Application (below)
2. Attend an in-person information session
3. Formally register online once accepted
4. Attend mandatory training 1st or 2nd week
5. Choose three additional weeks



"The CIT program showed me
patience, gratitude, and maturity. I
thank everyone for helping me learn
how to work through any challenges I
encountered." - Rachel, 2024 CIT



SCAN TO
COMPLETE FORM





STEPPING STONES SUMMER PROGRAM

Ages 4 – Entering Kindergarten



A summer of discovery designed to spark curiosity and nurture early learning!

Stepping Stones is an Early Learning Center program led by EEC-certified preschool educators. Children will spend a majority of the day outdoors while enjoying water play, movement songs, nature activities, art, story time, games, and more!

2026 Camp Themes

Week 1: Fun in the Sun	June 22-26
Week 2: Red, White & Blue	June 29-July 3
Week 3: Exploring with Bubbles	July 6-10
Week 4: Beach/Ocean	July 13-17
Week 5: Pirates	July 20-24
Week 6: On the Farm	July 27-31
Week 7: Circus	August 3-7
Week 8: Summer Olympics	August 10-14
Week 9 (Closing Week): Welcome to the Jungle	August 14-21

*Themes subject to change to incorporate the children's interests.

Sample Daily Schedule

7:30 AM - Start of AM care
9:00 AM - Arrival & Introductions
9:20 AM - Group Meeting
9:30 AM - Morning Snack
10:00 AM - Morning Activity (Bubble wands)
11:00 AM - Story Time
11:30 AM - Field Games (Soccer, bean bag toss)
12:00 PM - Lunch
1:00 PM - Water Play
3:00 PM - Afternoon Snack
3:30 PM - Music & Movement
4:00 PM - Free Play/Dismissal/Start of PM care



Camp Add Ons

- AM care: 7:00 AM - 9:00 AM
- PM care: 4:00 PM - 6:00 PM

AM/PM care pricing: Family Member \$60 | Community Member \$74 (same price, paid separately)

Pricing

Family Member \$415
Youth/Hopkinton Member \$482
Community Member \$519



Questions? Contact:

Elizabeth DeAlmeida, Program Director: EDeAlmeida@metrowestymca.org | 508-879-4420 x251
Kathleen Glennon, Director of Family Services: kglennon@metrowestymca.org | 508-879-4420 x246



Y STEAM SUMMER PROGRAM

Entering grades 1-6



Summer fun meets learning with hands-on projects that inspire curiosity and creativity!

Y STEAM Summer Program is a boutique specialty program that explores science, technology, engineering, art, and math (STEAM) through challenges and experiments. It also includes traditional camp activities like songs, games, and recreational and instructional swimming at the the Clearbrook Swim Club. Counselors will guide campers in team-building enrichment exercises to prevent summer learning loss, foster social-emotional skills, and inspire a love for learning, while keeping campers active in body and mind.

2026 Camp Themes

Week 1: Maker Week	June 22-26
Week 2: Chemistry	June 29-July 3
Week 3: Robotics Part 1	July 6-10
Week 4: Robotics Part 2	July 13-17
Week 5: Fantastic Mathematics	July 20-24
Week 6: Water World	July 27-31
Week 7: Mission Space	August 3-7
Week 8: Health Science & Nutrition	August 10-14
Week 9 (Closing Week): Welcome to the Jungle	August 17-21



Sample Daily Schedule (Tuesday-Friday)

7:00 AM – Start of AM Care
 8:45 AM – Drop-Off
 9:15 AM – Morning Meeting
 9:20 AM – Travel to Clearbrook Pool
 9:45 AM – Swim
 11:00 AM – Travel to STEAM
 11:30 AM – Lunch
 12:45 PM – LEGO SPIKE, Turing Tumbles, Coding
 1:30 PM – De-Shelled Eggs, Iodine Clocks, Hydraulics
 2:15 PM – Sports & Games (Capture the Flag, Dodgeball)
 3:15 PM – All-Camp Meeting
 3:45 PM – Pick-Up
 4:15 PM – Start of PM Care



Camp Schedule

9:00 AM - 4:00 PM
 June 22 - August 21 (9 weeks)

Location

East School
 90 Oak Street
 Natick, MA 01760

What's Included?

- Materials for creative, hands-on experiments and learning
- Daily swim lessons Tuesday-Thursday
- Free swim on Fridays
- Family Fun Nights

Camp Add Ons

- Lunch: \$30/week
- AM care: 7:00 AM - 9:00 AM
- PM care: 4:15 PM - 6:00 PM (w/ snack)

AM/PM care pricing: Family Member \$75 | Community Member \$94 (same price, paid separately)

Pricing

Family Member \$415
 Youth/Hopkinton Member \$482
 Community Member \$519

Questions? Contact:

Zach Sullivan, Program Director: zsullivan@metrowestymca.org
 Kathleen Glennon, Director of Family Services: kglennon@metrowestymca.org | 508-879-4420 x246



NINJA SPORTS CAMP

Entering grades 1-6



A high-energy camp where kids build agility, confidence, and friendships!

Ninja Sports Camp provides a well-rounded, action-packed experience. Grouped by age—Rookies (5-6 years old), Junior Varsity (7-8 years old), and Varsity (9 & up)—campers enjoy a variety of sports like basketball, soccer, volleyball, and yoga, while building agility and strength on a dynamic indoor ninja obstacle course. In addition, they can dive into swimming lessons and free swim, unleash their creativity in arts & crafts, and engage in exciting games of gaga ball.

2026 Camp Themes

Week 1: Jersey Week	June 22-26
Week 2: Pirate Week	June 29-July 3
Week 3: Ninja Skills	July 6-10
Week 4: Superheroes	July 13-17
Week 5: Beach Day	July 20-24
Week 6: Animal Planet	July 27-31
Week 7: Tie Dye	August 3-7
Week 8: Heritage Week	August 10-14
Week 9: Movie Stars	August 17-21
Week 10 (Closing Week)*: Outer Space	August 24-28

Sample Daily Schedule

7:30 AM – Start of AM Care
9:00 AM – Free Play in the Gym
9:30 AM – Morning Meeting
10:00 AM – First Activity: Ninja Course
10:45 AM – Second Activity: Indoor Gym Sports (basketball, lacrosse, floor hockey)
11:30 AM – Third Activity: Outdoor Sports (soccer, wiffleball, gaga ball)
12:15 PM – Lunch
1:00 PM – Swim (30-minute lesson + 15 minutes free swim)
1:45 PM – Free Play & Crafts
2:45 PM – Outdoor Activity: Camp Games (capture the flag, tug-of-war, ultimate frisbee)
4:00 PM – Snack & Start of PM Care



Camp Schedule

9:00 AM - 4:00 PM
June 22 - August 28 (10 weeks*)

Location

MetroWest YMCA
280 Old Connecticut Path
Framingham, MA 01701

What's Included?

- Breakfast, lunch, snack
- Swim lessons, Monday through Thursday
- Free swim on Fridays
- Family Fun Nights

Camp Add Ons

- AM care: 7:30 AM - 9:00 AM
- PM care: 4:00 PM - 6:00 PM

AM/PM care pricing: Family Member \$75 | Community Member \$94 (same price, paid separately)

Pricing

Family Member \$401
Youth/Hopkinton Member \$465
Community Member \$502

*Please note that Week 10 (Closing Week) will be half day programming, 9:00 AM - 12:00 PM. Stay tuned for more info!

Questions? Contact:

Brendan LeBlanc, Camp Director: lbrendan@metrowestymca.org
Arlene Wilson, Business Manager: awilson@metrowestymca.org | 508-879-4420 x223



CAMP CLEARBROOK

Entering grades 1-6



A part-day camp where kids dive into swimming, games, arts, and meaningful summer friendships!

Camp Clearbrook is a small to mid-sized, part-day program for youth entering grades 1-6, offering flexible scheduling options with 2-, 3-, or 5-day enrollment. Campers enjoy a well-rounded curriculum with swim lessons, recreational swimming, arts & crafts, social-emotional learning (SEL) activities, traditional camp games, and sports—ideal for kids who enjoy a variety of activities. The site features a large outdoor pool, splash pad and lawn area.

2026 Camp Themes

Week 1: Let Summer Begin	June 22-26
Week 2: Adventureland	June 29-July 3
Week 3: States Week	July 6-10
Week 4: Dino Week	July 13-17
Week 5: Lost in Space	July 20-24
Week 6: Around the World	July 27-31
Week 7: STEM Week	August 3-7
Week 8: Beach Bash	August 10-14
Week 9: Camp's Got Talent	August 17-21
Week 10 (Closing Week): Time Capsules	August 24-28



Sample Daily Schedule

8:45 AM – Drop-Off & Breakfast
9:00 AM – Morning Meeting & Team-Building Activities
9:30 AM – Activity Block: Crafts, sports, and field games (Gaga ball, kickball, tennis)
10:45 AM – Swim Lessons
11:15 AM – Lunch
12:00 PM – SEL Activity (kindness displays, gratitude wall, compliment circle)
12:30 PM – Free Swim
1:15 PM – End-of-Day Camp Meeting & Celebration/Recognition
2:00 PM – Pick-Up



Camp Schedule

9:00 AM - 2:00 PM
June 22 - August 28 (10 weeks)

Location

Clearbrook Swim Club
120 Parker Road
Framingham, MA 01702

Choose Your Schedule

- 2 days (Tues/Thurs)
- 3 days (Mon/Wed/Fri)
- 5 days of camp per week

What's Included?

- Breakfast and lunch
- Daily swim lessons
- Family Fun Nights

Pricing

5 days

Family Member \$286
Youth/Hopkinton Member \$332
Community Member \$357

3 days

Family Member \$201
Youth/Hopkinton Member \$234
Community Member \$252

2 days

Family Member \$144
Youth/Hopkinton Member \$167
Community Member \$180

Questions? Contact:

Jen Hyman, Camp Director: jhyman@metrowestymca.org | 508-879-4420 x281
Arlene Wilson, Business Manager: awilson@metrowestymca.org | 508-879-4420 x223



OCP SUMMER PROGRAM

Entering grades 1-8

NEW! Flexible 2, 3, or 5-day options



A flexible option where kids stay engaged through hands-on learning and field trips!

Camp OCP is a medium-sized summer day camp that offers enrichment activities, physical activity, and field trips! With a focus on preventing summer learning loss, camp curriculum enhances skills in English language arts, global learning, STEM, and social-emotional development. Each week includes exciting themed activities along with special onsite guests or field trips—such as visits to the Boston Museum of Science, local zoos, and other fun destinations. Campers are grouped by grade or developmental level to ensure the best experience for every child.

2026 Camp Themes

Week 1: It's Summertime!	June 22-26
Week 2: World Games Week	June 29-July 3
Week 3: OCP Carnival	July 6-10
Week 4: Animal Kingdom	July 13-17
Week 5: Exploration Expedition	July 20-24
Week 6: Week of Wellness	July 27-31
Week 7: Wild West Adventure	August 3-7
Week 8: Let's Go Green!	August 10-14
Week 9 (Closing Week): End-of-Summer Celebration	August 17-21



Sample Daily Schedule

7:00 AM - Start of AM Care
 9:00 AM - Start of Camp & Unit Meeting
 9:20 AM - Group Activity: Ice Breakers, Rules, Expectations
 10:10 AM - Activity (Ex: Arts & Crafts)
 11:00 AM - Activity (Ex: Teambuilding)
 11:45 AM - Lunch
 12:30 PM - Field Game (Ex: Soccer)
 1:45 PM - Swim
 3:00 PM - Activity (Ex: STEM, SEL activity)
 3:45 PM - Group Meeting & Camper of the Day
 4:00 PM - Dismissal/Start of PM Care



Camp Schedule

9:00 AM - 4:00 PM
 June 22 - August 21 (9 weeks)

Location

MetroWest YMCA
 280 Old Connecticut Path
 Framingham, MA 01701

What's Included?

- Breakfast and lunch
- Swim lessons and free swim throughout the week
- Family Fun Nights
- Weekly field trips or special guests

Camp Add Ons

- AM care: 7:00 AM - 9:00 AM
- PM care: 4:00 PM - 6:00 PM (w/ snack)

AM/PM care pricing: Family Member \$75 | Community Member \$94 (same price, paid separately)

Pricing

5 days

Family Member \$415
 Youth/Hopkinton Member \$482
 Community Member \$519

3 days

Family Member \$311
 Youth/Hopkinton Member \$361
 Community Member \$389

2 days

Family Member \$208
 Youth/Hopkinton Member \$242
 Community Member \$260

Questions? Contact:

Bill Mitchell, Program Director: wmitchell@metrowestymca.org
 Kathleen Glennon, Director of Family Services: kglennon@metrowestymca.org | 508-879-4420 x246

THE Y MISSION

The Y is a charitable organization that nurtures the potential of every youth and teen, improves the health and well-being of MetroWest residents, and gives back to the community. For over 65 years, the MetroWest YMCA has supported campers' well-being and provided opportunities that they can carry with them for life.

We serve Ashland, Framingham, Holliston, Hopkinton, Natick, Sherborn, Sudbury, Wayland, and beyond!



CAMP POLICIES & REGISTRATION

Member Registration: Monday, January 19, 2026 | All Others: Monday, February 2, 2026

- **Registration, In Person:** Visit our branches in Framingham (280 Old Connecticut Path) or Hopkinton (45 East Street).
- **Registration, Online:** Go to www.metrowestymca.org/Camp. Create an account if you don't already have one.
- **Deposit:** A \$50 non-refundable deposit per week, per child is required at registration. Buses, extended day, and lunch must be paid at the time of registration.
- **Installment Plan:** June camps (weeks 1, 2) due May 15. July camps (weeks 3, 4, 5, 6) due June 15. August camps (weeks 7, 8, 9, closing) due July 15.
- **Transfers:** Deposits can be transferred to other camp programs until April 1, after which deposits are non-transferable.
- **Cancellation Deadline:** May 31. After this date, no refunds, credits, or transfers will be issued, and camp balances must be paid according to the installation plan.
- **Changes or Transfers:** Requests must be made in writing via email by May 31. No phone requests accepted.
- **Membership Requirements:** Membership must remain active for the full duration of camp attendance to qualify for member rates. Inactive memberships will incur non-member rates.
- **Late Payments:** A \$15 fee applies if payment is one week late. Unpaid balances may result in unenrollment. All prior balances must be cleared before registering.
- **Insufficient Funds:** Our credit card processing company (E-Card) will charge a \$20 non-refundable draft decline fee for insufficient funds.
- **Waitlist Policy:** If you are on a waitlist, you will not be charged until a spot becomes available. Email the Business Manager to learn your spot on the list. Waitlisting for specialty camps does not reserve a spot in traditional camps. Open spots require full tuition upon enrollment, and transfers are penalty-free.
- **Late Pick-Up Fees:** \$10 for the first 10 minutes late, plus \$5 for every additional 5 minutes.
- **Illness or Injury Refunds:** A Y credit (excluding deposits) may be issued for prolonged illness/injury (3+ days) with a doctor's note submitted before the session ends.
- **Financial Assistance:** Flexible membership rates and financial aid through the Y-Assist program are available. Y-Assist is provided thanks to generous donations to our Annual Campaign. Visit Member Services or apply online.
- **Health Records (DocNetwork):** Submit your child's health records, including immunizations and medications, through DocNetwork, starting in spring. **Profiles must be 100% complete two weeks before camp to finalize registration.** Campers need a physical exam and updated immunization records within 18 months of camp.
- **Account Access:** Families can view camp statements online where registration information is securely stored.

For detailed policy descriptions, please visit: MetroWestYMCA.org/camp

Please note: We try to provide clear and accurate information, but the MetroWest YMCA does not assume responsibility for any typos or misprints.



METROWEST YMCA
280 Old Connecticut Path
Framingham, MA 01701

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