

# JANUARY 2026 MEMBER CALENDAR



## LOCATIONS

**Framingham Branch**  
280 Old Connecticut Path  
Framingham, MA 01701  
508-879-4420  
Mon-Fri, 5 AM - 10 PM  
Sat & Sun, 7 AM - 7 PM

**Outdoor Center**  
45 East Street  
Hopkinton, MA 01748  
508-435-9345  
Mon-Fri, 9 AM - 5 PM  
Evenings & weekends per  
program schedule

## EXPLORE EVENTS & REGISTER:



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 <b>NEW YEAR'S DAY</b> <a href="#">See website for hours &amp; schedules</a>	2	3  Cheer Clinic (FREE) 11 AM - 12 PM Framingham Branch
4 	5 <b>January Kickstarter Program begins!</b>	6 <b>Indoor Open Pickleball</b> Early mornings & evenings Outdoor Center <a href="#">Learn more on how to reserve a court</a>	7	8 <b>Nutrition Workshop: Meal Planning &amp; Prep (FREE)</b> 5:45 PM - 6:45 PM Framingham Branch	9 <b>Cooking with Littles: Cranberry &amp; Orange Muffins (\$)</b> 10:15 AM - 11 AM Framingham Branch  Restorative Yoga (\$) 7 PM - 8:15 PM Framingham Branch	10  <b>Open Archery</b> 11 AM - 12:30 PM Outdoor Center
11 <b>MOSSA Party</b> Group Fight, 9:15 AM Group Active, 10 AM Group Power, 10:45 AM Framingham Branch  Reserve your spot in YMCA360	12 <b>Weigh to Change begins</b> Framingham Branch	13 <b>LIVESTRONG® at the YMCA begins</b> Framingham Branch	14 <b>Job Interview Prep Workshop (\$)</b> 5:30 PM - 7 PM Outdoor Center	15	16 <b>Cooking with Littles: Rainbow Veggie Soup (\$)</b> 10:15 AM - 11 AM Outdoor Center	17 <b>Kids Cooking: Winter Soup &amp; Homemade Bread (\$)</b> 1 PM - 3 PM Outdoor Center  Intro to Pickleball (\$) 3 PM - 4 PM Outdoor Center
18 <b>Take a GroupEx class!</b> Reserve your spot in YMCA360	19 <b>Summer camp registration opens!</b>  Kids' Day Out (\$) 8 AM - 5 PM Framingham Branch	20 <b>Morning Mingle (FREE)</b> 9:30 AM - 11:45 AM Framingham Branch	21	22 <b>Winter Sowing: Start Seeds the Simple, Sustainable Way (\$)</b> 5:30 PM - 6:30 PM Outdoor Center	23 <b>Family Dinner Night: One Pot Wonders (\$)</b> 5:30 PM - 7:30 PM Outdoor Center	24
25 	26	27	28	29 <b>Intro to Pickleball (\$)</b> 5:30 PM - 6:30 PM Outdoor Center	30 <b>Open Climb (FREE)</b> 6 PM - 9 PM Outdoor Center - Rec Hall	31