



Metrowest YMCA, Hopkinton Summer Day Camp MIDDLERS UNIT SPECIALITY CAMPS, 2026

● = Middlers, ages 7-10 (entering grades 2-5)

| Hopkinton Summer Camp 2026 | | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 | Week 9 | Closing Week |
|----------------------------|---|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------------|
| | | 22-Jun | 29-Jun | 6-Jul | 13-Jul | 20-Jul | 27-Jul | 3-Aug | 10-Aug | 17-Aug | 24-Aug |
| Sports | 3v3 Basketball | | | ● | | ● | | ● | | ● | |
| | Champs Sports Camp | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | Pickleball Adventure Camp | | | ● | | ● | | ● | | ● | |
| | Rookies Sports Camp | ● | ● | ● | ● | ● | ● | ● | ● | ● | |
| Creative Arts | Action Movie Flix | | | ● | | | | | | | |
| | Advanced Magic | | | | | ● | | | | | |
| | Art Creations | ● | | | ● | | ● | ● | | | |
| | Art Explorations | | | | | | | | ● | | ● |
| | Beginner Magic | | | ● | | ● | | | | | |
| | Ceramics | | | | | | ● | | | ● | |
| | Comic Strip & Spy Intelligence Creative Quest | | | | | | | | | | |
| | Creative Kitchen | | | ● | ● | | ● | | ● | | ● |
| | Disney Music Then & Now | | | | | | | | ● | | |
| | Entrepreneurship & Board Game Design | | | | | | | | ● | | |
| | Musical Theater Performers (Annie) | ● | | | | | | | | | |
| STEM & Robotics | Musical Theater Performers (Moana) | | | | | | | | | ● | |
| | Pokemon Stop Motion Flix | | ● | | | | | | | | |
| | Advanced Mining and Building | | | | | | | ● | | | |
| | Amazing Race | | | ● | | | | | | | |
| | Amusement Park Adventures | | | | | | | ● | | | |
| | Mechanical Engineering Adventures | | | ● | | | | | | | |
| | Robotics: AttackBots | | | | | | ● | | | | |
| Outdoor Education | Robotics: Mega Machines | | | | | ● | | | | | |
| | STEAM Survivor | | | | | | | | ● | | |
| | Gardening Camp | | | | | ● | | ● | | | |
| | Heels Down Ranch Camp | | ● | ● | ● | ● | ● | ● | ● | | |
| Pathfinders Wilderness | Pathfinders Wilderness | | | ● | | ● | | ● | | ● | |
| | Wilderness Skills | | | ● | | ● | | ● | | ● | |



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3v3 Basketball Skills & Play

Weeks 2, 4, 6, 8

Fast-paced, fun, and perfect for developing real-game instincts, our 3v3 Basketball Skills & Play Camp is designed for athletes who want to build their skills and confidence on the court. Campers will participate in drills, challenges, and game play. Coaches break down core fundamentals—ball handling, passing, spacing, cutting, defensive positioning, and finishing at the rim—while teaching communication, teamwork, and decision-making. Campers are grouped by age and ability.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595

Champs Sports Camp

Weeks 1-9 (grades 3-5)

Campers will learn the values of teamwork, fair play, respect, and hard work while being exposed to various sports, like soccer, basketball, pickleball, street hockey, gaga ball, badminton, disc golf, lacrosse, wiffle ball, and cricket! The focus is on skills, drills, playing time, and introducing campers to athletic training concepts.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595

Pickleball & Adventure Camp

Weeks 3, 5, 7 (grades 3-5)

Campers will learn the fundamentals of pickleball in a fun, supportive environment. Through age-appropriate instruction and small group play, they will build core skills including proper grip, serving, footwork, scoring, and rally strategy. Campers progress at their own pace, moving from basic techniques to game play, teamwork, and sportsmanship. Beginners learn the essentials while more experienced players expand their skills through drills, mini matches, and guided challenges.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595

Rookies Sports Camp

Weeks 1-9 (grade 2)

Campers will learn the values of teamwork, fair play, respect, and hard work while being exposed to various sports, like soccer, basketball, street hockey, gaga ball, badminton, disc golf, lacrosse, wiffle ball, and more. The focus is on fun, skill development, and playing time. They will also participate in traditional camp activities such as high and low ropes, archery, and swimming.

Family Member \$475 | Youth/Hopkinton Member \$552 | Community \$595

Action Movie Flix

Week 3

There will be no limits to your action-packed movie when you learn to use a green screen and camera tricks. You'll collaborate to write, act, & direct a movie where you'll learn action choreography to perform stunts and thrill the audience. Adventure awaits! *\$35 production fee included in the price of program. All flix will be professionally edited and downloadable within a month after program ends. Taught by Incrediflix staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Advanced Magic

Week 5

Building on the skills learned in Beginners, this class explores more complex magic sleights and techniques, some of which require memorization and simple math. It also includes how to perform tricks for large audiences, basic stagecraft, and working as a team/assistant to make the magic happen. All magic props will be supplied or constructed at each class. Videos of famous magic performances will be shown and discussed as models of techniques and showmanship.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Art Explorations

Offered in partnership with the Hopkinton Center for the Arts, these camps will foster imagination and inspiration.

Mythical Monsters

Week 9

We'll get inspiration from all around us, including insects, the worlds of Harry Potter, Pokémon, Wings of Fire, and stories about folklore and mythology. We will draw, paint, and sculpt our designs.

Storybook Art

Week 8

Make characters and stories come to life as we explore characters and themes of some classic and contemporary picture books and create them through a variety of media, including drawing, painting, collage, and puppet making.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Beginner Magic

Weeks 4, 5

Magician Pat Farenga will teach campers close-up magic using sleight of hand, theatrical skills, and other techniques. Whether it's a card trick, mind reading, or making something disappear, your camper will learn how to keep everyone entertained. At the end of the week, campers will showcase their magical skills for their fellow campers in a performance. All magic props will be supplied or constructed at each class.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Ceramics

Week 6

Campers will learn hand-building, sculpture techniques, and various ways to build structurally sound vessels and small to medium-sized sculptures. They will be able to paint their projects but will have to wait until they are glazed and fired in the kiln to pick them up. Offered in partnership with the Hopkinton Center for the Arts.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Comic Strip & Spy Intelligence Creative Quest

Week 8

IncrediQuest Camps help kids learn life skills through hands-on fun! In this program, campers dive into the world of storytelling, creating their own comic strips or graphic novels from start to finish. Taught by IncredilQuest staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Creative Kitchen Cooking Camp

Weeks 3, 4, 6, 8, 9 (grades 3-5)

In this fun, hands-on program, campers work together to create tasty recipes with fresh produce from our onsite garden. Along the way, they'll gain confidence in kitchen safety and using culinary tools. Parents with campers who have allergies are encouraged to reach out to Karley, Director of Nutrition Education, at: kbesozzi@metrowestymca.org before registration.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Disney Music Then & Now

Week 8 (grades 2-3)

Dive into the magic of Disney music, from classics like Snow White to today's hits! Campers will sing, play theater games, create crafts, and enjoy fun activities that bring their favorite Disney songs to life. Offered in partnership with the Hopkinton Center for the Arts.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Entrepreneurship & Board Game Design

Week 8

IncrediQuest Camps inspire kids to learn life skills through hands-on fun! In Entrepreneurship & Board Game Design, campers explore how to turn ideas into real projects, pitch their own business concepts like 'Shark Tank,' and design unique board games to play with family and friends. Taught by IncredilQuest staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850



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Musical Theater Performers

Offered in partnership with the Hopkinton Center for the Arts, your child will discover their inner performer and step into the spotlight in this interactive theatre experience! Through fun drama games, imagination, and activities, campers will learn iconic songs and scenes from the chosen play, explore the basics of acting, and prepare final short productions!

Annie Week 1

This week, campers will explore Little Orphan Annie's adventure from the hard-knock life of Miss Hannigan's orphanage to the grand mansion of Oliver Warbucks, and the unwavering optimism she sees at every turn.

Moana Week 8

This summer, join the adventures of Moana, Maui the Demigod, and everyone they meet along their journey!

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Pokémon Stop Motion Flix Week 3

Make your own stop-motion movie using Pokémons characters. Create fires, explosions, and massive floods to incorporate in your epic battles or team up to save the day. Work in small groups to storyboard, film, and voice-over your adventure, and no Pokémons knowledge needed to join the fun! *\$35 production fee included in the price of program. Flix emailed within a month. Taught by Incrediflix staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Advanced Mining & Building Week 7 (grades 4-5)

Minecraft® lovers unite! Snapology's Advanced Mining & Building is a technical class involving advanced Minecraft® building using LEGO® bricks and game-play experience. Students will learn the art of crafting and stirring up their own potions using LEGO® bricks. You came, you saw, you mined at Snapology's Advanced Mining & Building! Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Amazing Race Week 3 (grades 4-5)

Send your camper on a Snapology trip around the world to explore different cultures through flags, cuisine, art, and landmarks! They'll work together to tackle challenges in various "countries," racing to the finish line, all while building problem-solving skills and appreciating cultural differences. Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Amusement Park Engineering Week 7 (grades 2-3)

Campers become engineers of amusement park rides, learning physics and engineering concepts that make rides thrilling. Using LEGO® and power packs, they design and build unique rides, experiencing the science behind the fun. Taught by Snapology Staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Mechanical Engineering Adventures Week 3 (grades 2-3)

Is your camper a curious builder, tinkerer, or budding engineer? Mechanical Engineering Adventures introduces the basics of simple machines, physics, and engineering design. Campers build moving LEGO® models, explore how mechanical parts work, and test new design ideas through hands-on activities and games. Taught by Snapology staff.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Robotics

Taught by Snapology staff, campers learn all about sensors, gears, pulleys, and programming while using Bluetooth to bring models to life, and develop coding and building skills through creative challenges.

Attack Bots Week 6 (grades 2-3)

Create military-inspired robotic models like catapults, crossbows, and battleships.

Mega Machines Week 6 (grades 2-3)

In Mega Machines, campers build motorized vehicles and machines—trucks, space rovers, helicopters—using LEGO® Education WeDo 2.0.

STEAM Survivor Week 8 (grades 2-3)

Snapology's STEAM Survivor challenges campers with daily design and task building. Working with teammates, they earn Survivor Bucks to purchase supplies or prizes while practicing critical thinking and the engineering design process in a purposeful way. Taught by Snapology staff.

Gardening Camp Weeks 5, 7 (grades 3-5)

Dig in and get your hands dirty in our onsite gardens! With 32 raised beds and two "hoop houses" to explore, campers will discover how to grow their own food, harvest fresh produce, and even try their hand at worm wrangling! Each day brings new adventures in sustainable farming, creative eco-crafts, taste tests, and farm-to-table cooking fun.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Heels Down Horseback Riding & Ranch Camp Weeks 3, 4, 5, 6, 7, 8

Campers will visit Willow Brook Farm in Holliston to experience riding and ranch life. On M/W/F, campers will learn to ride on one of the farm's horses in small group riding lessons with a trained instructor. Additionally, they'll learn to lead, care for, tack, bathe, groom, and ride bareback. On Tu/Th, campers will learn to handle, feed, and care for goats, sheep, alpacas, donkeys, miniature horses, and more!

Willow Brook will supply a required ASTM riding helmet and riding boots for all campers. Campers must wear long pants/leggings for riding, socks, and closed-toed shoes/sneakers.

Family Member \$679 | Youth/Hopkinton Member \$789 | Community \$850

Pathfinders Wilderness Survival Weeks 4, 6, 7

Each day will be a new adventure in our camp forest! Campers will learn basic safety and survival skills and will work as a team to practice using tools, gaining a greater understanding of our camp home! They'll design and build basic shelters and forts such as ground-level forts, lean-to-forts, leaf huts, and more! We will partner with Owl Eyes Wilderness Survival to offer this program.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775

Wilderness Skills Weeks 4, 6, 7

We're teaming up with Owl Eyes Wilderness Survival to teach campers essential survival skills, including building shelters, starting fires with one match or flint and steel, purifying water, and navigating with a map and compass.

Family Member \$620 | Youth/Hopkinton Member \$719 | Community \$775