

# JANUARY 2026 MEMBER CALENDAR



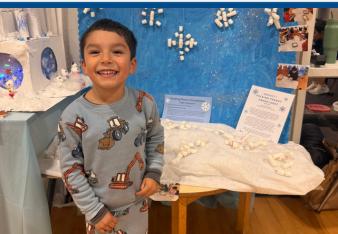
## LOCATIONS

**Framingham Branch**  
280 Old Connecticut Path  
Framingham, MA 01701  
508-879-4420  
Mon-Fri, 5 AM – 10 PM  
Sat & Sun, 7 AM – 7 PM

**Outdoor Center**  
45 East Street  
Hopkinton, MA 01748  
508-435-9345  
Mon-Fri, 9 AM – 5 PM  
Evenings & weekends per  
program schedule

## EXPLORE EVENTS & REGISTER:



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> NEW YEAR'S DAY <u>See website for hours &amp; schedules</u>	<b>2</b>	<b>3</b> Cheer Clinic (FREE) 11 AM – 12 PM Framingham Branch
	<b>5</b> January Kickstarter Program begins!	<b>6</b> Indoor Open Pickleball Early mornings & evenings Outdoor Center <u>Learn more on how to reserve a court</u>	<b>7</b>	<b>8</b> Nutrition Workshop: Meal Planning & Prep (FREE) 5:45 PM – 6:45 PM Framingham Branch	<b>9</b> Cooking with Littles: Cranberry & Orange Muffins (\$) 10:15 AM – 11 AM Framingham Branch  Restorative Yoga (\$) 7 PM – 8:15 PM Framingham Branch	 <b>10</b> Open Archery 12:30 – 1:30 PM Outdoor Center
<b>11</b> MOSSA Party Group Fight, 9:15 AM Group Active, 10 AM Group Power, 10:45 AM Framingham Branch  Reserve your spot in YMCA360	<b>12</b> Weigh to Change begins Framingham Branch	<b>13</b> LIVESTRONG® at the YMCA begins Framingham Branch	<b>14</b> Job Interview Prep Workshop (\$) 5:30 PM – 7 PM Outdoor Center	<b>15</b>	<b>16</b> Cooking with Littles: Rainbow Veggie Soup (\$) 10:15 AM – 11 AM Outdoor Center	<b>17</b> Kids Cooking: Winter Soup & Homemade Bread (\$) 1 PM – 3 PM Outdoor Center  Intro to Pickleball (\$) 3 PM – 4 PM Outdoor Center
<b>18</b> Take a GroupEx class!  Reserve your spot in YMCA360	 <b>19</b> Summer camp registration opens!  Kids' Day Out (\$) 8 AM – 5 PM Framingham Branch	<b>20</b> Morning Mingle (FREE) 9:30 AM – 11:45 AM Framingham Branch	<b>21</b>	<b>22</b> Winter Sowing: Start Seeds the Simple, Sustainable Way (\$) 5:30 PM – 6:30 PM Outdoor Center	<b>23</b> Family Dinner Night: One Pot Wonders (\$) 5:30 PM – 7:30 PM Outdoor Center	 <b>24</b> Open Archery 12:30 – 1:30 PM Outdoor Center
	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b> Intro to Pickleball (\$) 5:30 PM – 6:30 PM Outdoor Center	<b>30</b> Open Climb (FREE) 6 PM – 9 PM Outdoor Center – Rec Hall	 <b>31</b> Open Archery 12:30 – 1:30 PM Outdoor Center