



LOCATIONS

**Framingham Branch**  
280 Old Connecticut Path  
Framingham, MA 01701  
508-879-4420  
Mon-Fri, 5 AM – 10 PM  
Sat & Sun, 7 AM – 7 PM

**Outdoor Center**  
45 East Street  
Hopkinton, MA 01748  
508-435-9345  
Mon-Fri, 9 AM – 5 PM  
Evenings & weekends per  
program schedule

EXPLORE EVENTS  
& REGISTER:



FEBRUARY 2026 MEMBER CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Rally for the Y begins! Framingham Branch	2 Community registration for summer camp opens! Weigh to Change begins (\$) Framingham Branch	3 Member registration for Spring 1 opens Morning Mingle (FREE) 9:30 AM – 11:45 AM (every Tuesday) Framingham Branch	4 Morning Mingle (FREE) 9:30 AM – 11:45 AM (every Wednesday) Framingham Branch	5 Seeds to Love: Plan Your Garden Year (\$) 5:30 PM – 6:30 PM Outdoor Center Nutrition Workshop: Eat Your Heart Out (FREE) 5:45 PM – 6:45 PM Framingham Branch	6 Open Climb (every Friday) 6 PM – 9 PM Outdoor Center	7 Open Archery 12:30 PM – 1:30 PM Outdoor Center
8 Valentine's Day Celebration 1:30 PM – 3 PM Framingham Branch	9	10 Community registration for Spring 1 opens	11	12	13 Cooking with Littles: Heart-Shaped Pizzas (\$) 10:15 AM – 11 AM Framingham Branch Family Dinner Night: Valentine's Feast (\$) 5:30 PM – 7:30 PM Outdoor Center Restorative Yoga (\$) 7 PM – 8:15 PM Framingham Branch	14 Cupid's Archery Party 1 PM – 3 PM Outdoor Center Kids Cooking: Heart-Healthy Breakfast (\$) 1 PM – 3 PM Outdoor Center
15	16 School vacation programs begin this week! <a href="#">Learn more on our website</a>	17 Indoor Open Pickleball Early mornings & evenings Outdoor Center <a href="#">Learn more on how to reserve a court</a>	18	19	20 Open Climb (every Friday) 6 PM – 9 PM Outdoor Center	21 Winter Oly Challenge (ages 4-12) 10:30 AM – 1 PM Framingham Branch NFL Flag Football Workshop (ages 5-9) 2 PM – 3 PM Framingham Branch
22 Take a GroupEx class! Reserve your spot in YMCA360	23	24	25	26	27 Open Climb (every Friday) 6 PM – 9 PM Outdoor Center	28