



NO PLACE Like *This Place*

The Y brings people together to connect, achieve their potential, and belong. Together, we can:

Fight Food Insecurity

Expanding access to healthy meals, we provide hundreds of thousands of meals to youth and families each year, and recently launched a free-choice, on-site market for members called the Nourishing Nook.

Create Healthier Outcomes

Meeting individuals where they are, our dedicated Wellness staff help individuals prevent and manage chronic conditions to reclaim their health and quality of life with free evidence-based programs.

Foster Youth Resiliency

All kids deserve the opportunity to reach their full potential. Through our leadership development programs and Changemaker Academy, young people can explore their interests and build skills.

Join us for Spring Programs, Summer Camp, or a Special Event



Spring Planting Volunteer Day, May 2*
Come volunteer to plant vegetables in our teaching garden!



Family Pickleball Clinic, May 2 *



Intro to Hiking, May 9 *



Family Dinner Night, May 9



Spring Renewal Yoga Retreat, May 17



Community Boating Day, May 30 *



Family Day on the Ropes, June 6 *



Events:



Summer Camp



Spring Programs



*= FREE for members & summer camp families!