



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

METROWEST YMCA JOB DESCRIPTION

Job Title: **Lifeguard**

FLSA Status: Part-Time Hourly

Reports to: Aquatics Director

Location: Framingham, MA

Salary: \$23.00 - \$26.00 per hour based on experience, qualifications, and certifications

Shift: 4:45am – 9:00am

POSITION SUMMARY:

Lifeguards are responsible for maintaining safe swimming conditions in the pool, deck, and surrounding areas. Lifeguards create a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures. Lifeguards maintain effective, positive relationships with the members, participants and other staff. They maintain active surveillance of the pool area, are proactive in injury prevention, and know, understand, and consistently apply safety rules, policies and guidelines for the aquatic area.

OUR CULTURE:

Our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you.

ESSENTIAL FUNCTIONS:

- Maintain safe swimming conditions in the pool, deck and surrounding areas
- Promote member safety and engagement in accordance with YMCA policies and procedures
- Maintain active surveillance of the pool area and is proactive in injury prevention
- Know, understand, and consistently apply safety rules, policies and guidelines for aquatic area
- Maintain accurate records as required by the YMCA and/or the state Health Department code
- Perform equipment checks and ensure appropriate equipment is available
- Check pool for hazardous conditions when arriving and during shift
- Clean pool deck area when not guarding and take appropriate action as required
- Other duties as assigned

QUALIFICATIONS:

- Minimum of 18 years of age
- Current YMCA or American Red Cross Lifeguard Certification required
- CPR for the Professional Rescuer and First Aid Certifications required

ABUSE RISK MANAGEMENT:

Employees who directly supervise youth will:

- Adhere to policies related to boundaries with youth
- Attend required abuse risk management training
- Adhere to procedures related to managing high-risk activities and supervising youth
- Report suspicious or inappropriate behaviors and policy violations
- Follow mandated abuse reporting requirement

WORK ENVIRONMENT & PHYSICAL DEMANDS:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Must possess sufficient strength, agility, mobility and swimming ability to perform the essential functions of the job.
- Must be able to see and hear
- Must be able to sit and stand for extended periods of time
- Must be able to bend, stoop, and lift up to 50 pounds

I have read the above job description and have had the opportunity to ask questions to clarify any part of it which is unclear to me. I understand what is expected of me in this position.

PRINT NAME: _____

SIGNATURE: _____ DATE: _____