



2025 ANNUAL REPORT



MetroWest YMCA 2025 Annual Report

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Letter from the Chair



At the MetroWest YMCA, 2025 was a year defined not only by what we accomplished, but by how we came together to accomplish it.

Every achievement reflected the strength of relationships built across our community, relationships between neighbors, families, volunteers, donors, staff, and partners who believe everyone deserves the opportunity to thrive. Through those connections, we continued creating spaces where people feel supported, valued, and a true sense of belonging.

Whether through wellness initiatives, food access, youth development, community events, or philanthropy, the Y remained a place where individuals of all ages could grow stronger together.

This year's stories demonstrate the many ways our community showed up for one another — moving with purpose, investing in long-term stability, honoring legacy, and building a healthier and more connected MetroWest for all.

Regina Marshall
Chair, Board of
Directors

Y Champions in Action



2025 Dream Big Award Honoree Robin Welch receiving his award from Dave McGillivray and David O'Leary at the annual Auction.



The 2025 Annual Campaign Kick off (Wicked Theme) at the Warren Conference Center.



Marathon Community Breakfast 2025 Inspiration Award Honorees Brendan Aylward & Jacob Wyman receiving their award from Becca Pizzi.



State Senate President Spilka visits the Team Hoyt Community YMCA Vision Room.



2025 Marathon Community Breakfast Inspiration Award Honoree Tim Kilduff and family.



2025 Dream Big Award Honoree Tom Caron receiving his award from Dave McGillivray and David O'Leary at the annual Auction.

Achievement

Launching the Nourishing Nook

In 2025, the MetroWest YMCA officially launched the Nourishing Nook, creating a welcoming and dignified food pantry experience for individuals and families experiencing food insecurity.

Thanks to generous community support, the Nourishing Nook provides access to fresh and shelf-stable groceries while helping families maintain stability during challenging times. More than simply providing food, the space was designed to foster dignity, connection, and care.

This milestone also included the establishment of an endowment dedicated to supporting the Y's food insecurity initiatives, helping ensure long-term sustainability and continued community impact for years to come.





Every achievement starts with a place—and people—who believe in what's possible.



➤ Relationships

Without the support of individuals and partnerships, much of our work would not be possible. These relationships help expand the Y's reach while reinforcing a shared commitment to community wellbeing, inclusion, and belonging.

Honoring the Legacy of Pennye Williams

This year, the MetroWest YMCA community remembered and honored Pennye Williams, former Board President, passionate advocate, and dedicated champion for the Y's mission. Pennye was a fierce advocate and strong voice for the work of the Y in the community. We will forever be grateful for her dedication and leadership.

Pennye's leadership, generosity, and unwavering belief in the power of community helped shape the Y and strengthen countless lives throughout MetroWest. Her legacy continues to inspire our work and reminds us that relationships built through service and compassion can have a lasting impact across generations.





*Alone, we
can do so
little;
together, we
can do so
much.*



➤ Belonging

Across every program and initiative, the MetroWest YMCA continued its commitment to ensuring that every individual and family feels welcomed, supported, and connected.

Connecting to Give Back to the Community

An example of this belonging is highlighted through a group of women who met during the LIVESTRONG at the YMCA program, which supports individuals recovering from cancer treatment. As participants supported one another through recovery, they discovered a shared love of knitting and crocheting and continued gathering together even after the program ended. Through friendship, encouragement, and creativity, they built a lasting community rooted in understanding and support. Together, they created the DREAM BIG Baby Basket for the YMCA's Annual Auction, using their talents to help raise funds in support of future participants.

Their story is a powerful reminder that belonging at the Y extends far beyond the walls of a program. It creates lasting relationships, strengthens community, and inspires people to lift up others along the way.





*At the Y, belonging
means there's a place
for everyone—and
everyone has a place.*



Impact by Program



200 health-seekers

participated in Evidence-Based Health Intervention programs from Parkinson's Wellness and LIVESTRONG at the YMCA provided at low or no cost



397 families

received meal and grocery distributions



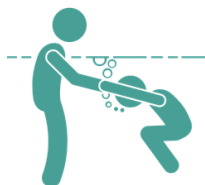
135,834 meals

and snacks provided to children and teens in need



1862 youth

had an impactful summer camp experience, making friends, building confidence and learning skills



1,559 people

took part in our swim lessons, increasing their safety around water skills



65% of children

in our early education programs attend thanks to financial assistance programs

Impact by Numbers

STATEMENT OF ACTIVITIES YEAR ENDED DECEMBER 31, 2025

SUPPORT AND REVENUE:

Program Fees	\$7,038,315
Government Contracts & Grants	4,546,115
Membership Dues	4,040,461
Miscellaneous Income	670,738
Contributions	489,622

Total Support and Revenue	\$16,785,251
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EXPENSES:

Youth Development	9,852,117
Healthy Living	3,867,962
Social Responsibility	129,974
General and Administrative	2,078,246
Fundraising	491,525

Total Expenses	\$16,419,824
Changes in Net Assets from Operations	365,427

NON-OPERATING ACTIVITIES:

Capital Campaign Contributions	1,965,443
Investment Return, net of fees	398,564
Capital Campaign Expenses	(84,676)

Total Non-Operating Activities	2,279,331
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Change In Net Assets	2,644,758
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NET ASSETS, Beginning of Year	25,959,080
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NET ASSETS, End of Year	\$28,603,838
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STATEMENT OF FINANCIAL POSITION YEAR ENDED DECEMBER 31, 2025

ASSETS:

Current Assets:	
Cash	\$8,752,447
Grant and Contribution Receivable, Net of Allowance	695,767
Accounts Receivable, Net of Allowance	6,442
Prepaid Expenses and Other	62,500

Total Current Assets	9,517,156
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Grants and Contribution Receivable, Net	465,879
Investments	4,948,698
Property and Equipment, Net	19,621,280
Construction in Progress	2,154,577

Total Assets	\$36,707,590
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LIABILITIES:

Current Liabilities:	
Current Portion of Bond Payable	\$311,807
Accounts Payable	261,913
Accrued Expense and Other	233,042
Deferred Revenue	405,880

Total Current Liabilities	1,212,642
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Bond Payable, Net	6,891,110
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Total Liabilities	8,103,752
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NET ASSETS:

Without Donor Restrictions:	
Operating	7,836,841
Property and Equipment	14,572,940
Board Designated	0

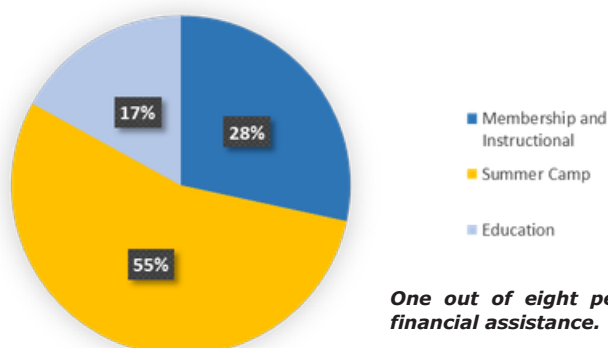
Total Without Donor Restrictions	22,409,781
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With Donor Restrictions	6,194,057
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Total Net Assets	28,603,838
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Total Liabilities and Net Assets	\$36,707,590
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2025 Distribution of Financial Assistance= \$1,015,364



One out of eight people at the Y receives financial assistance.



METROWEST YMCA

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Association Office

100 Waverly Street
Ashland, MA 01721

Clearbrook Family Swim Club

120 Parker Road
Framingham, MA 01702

Education Branch

282 Old Connecticut Path
Framingham, MA 01701

Framingham Regional YMCA

280 Old Connecticut Path
Framingham, MA 01701

Outdoor Center
45 East Street
Hopkinton, MA 01748

Team Hoyt Community YMCA

30 Memorial Drive
Ashland, MA 01721

metrowestymca.org