

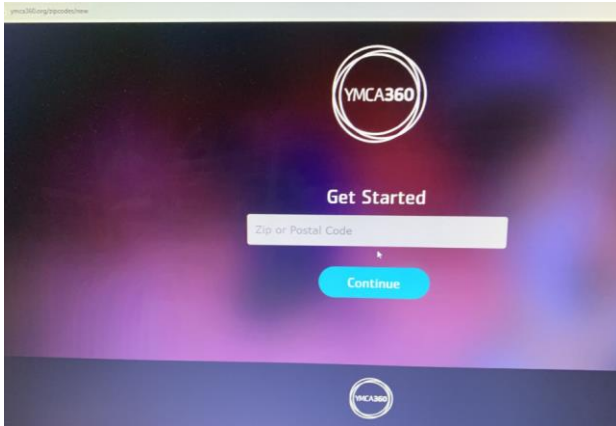
Y360

MEMBER EXPERIENCE

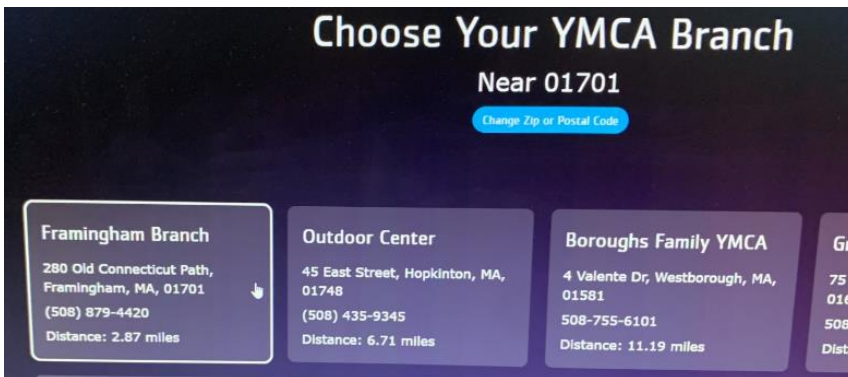
How to sign-in from a computer.

Website www.ymca360.org

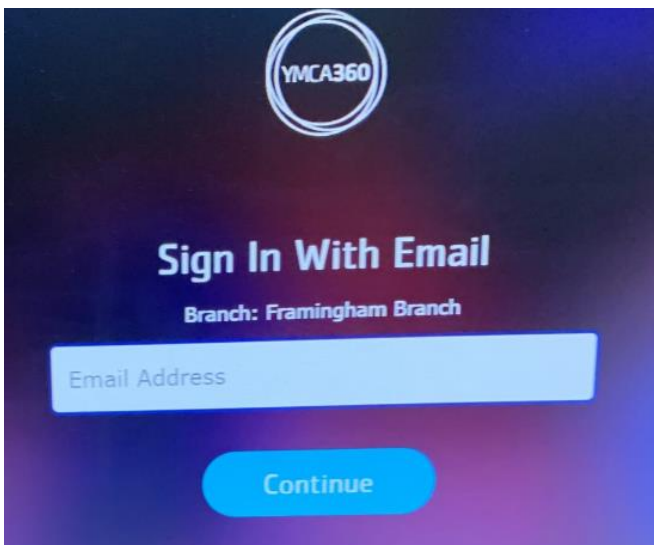
Enter 01701 for Framingham Zip



Select FRAMINGHAM BRANCH



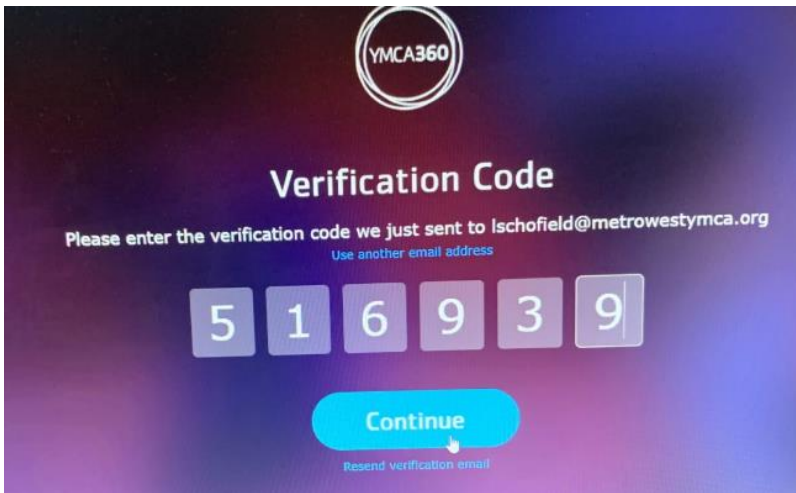
ENTER YOUR E-MAIL



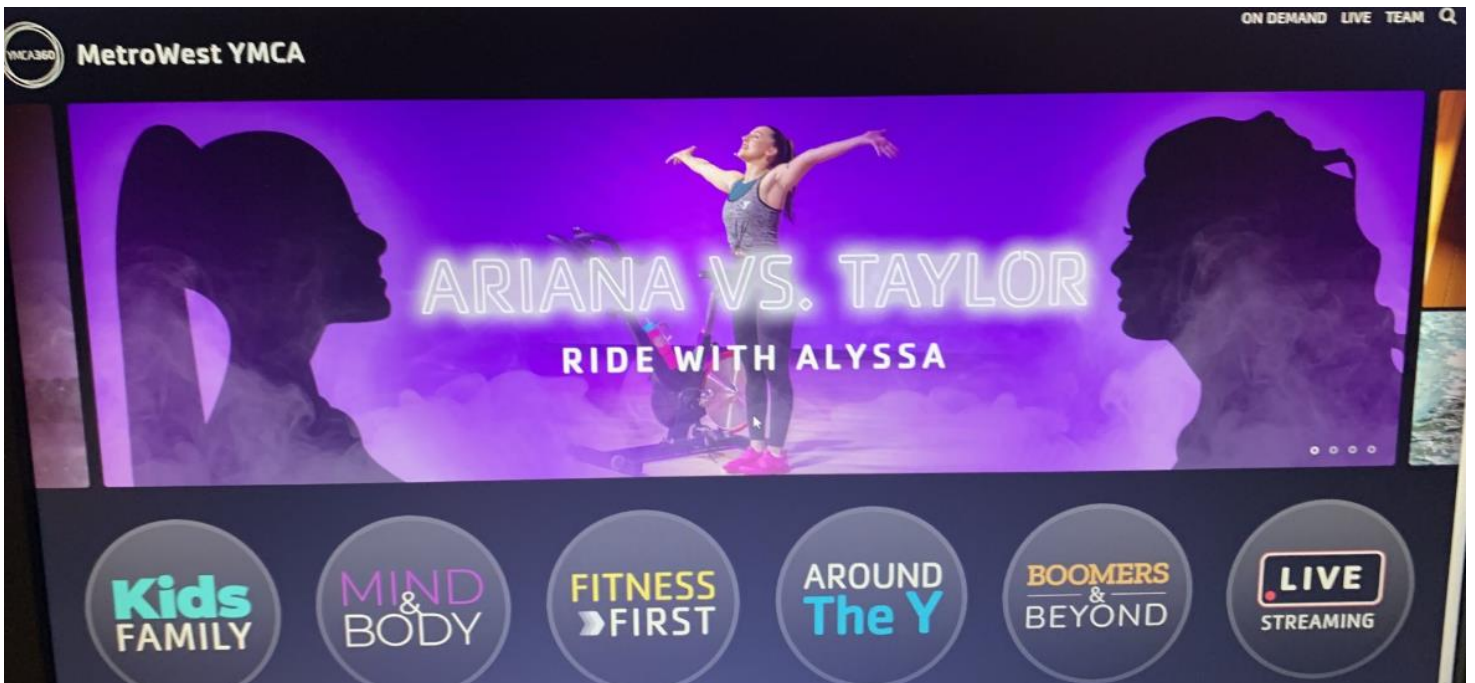
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You will then be sent a 6-digit verification code and enter.



Then you're in! Welcome to YMCA360!

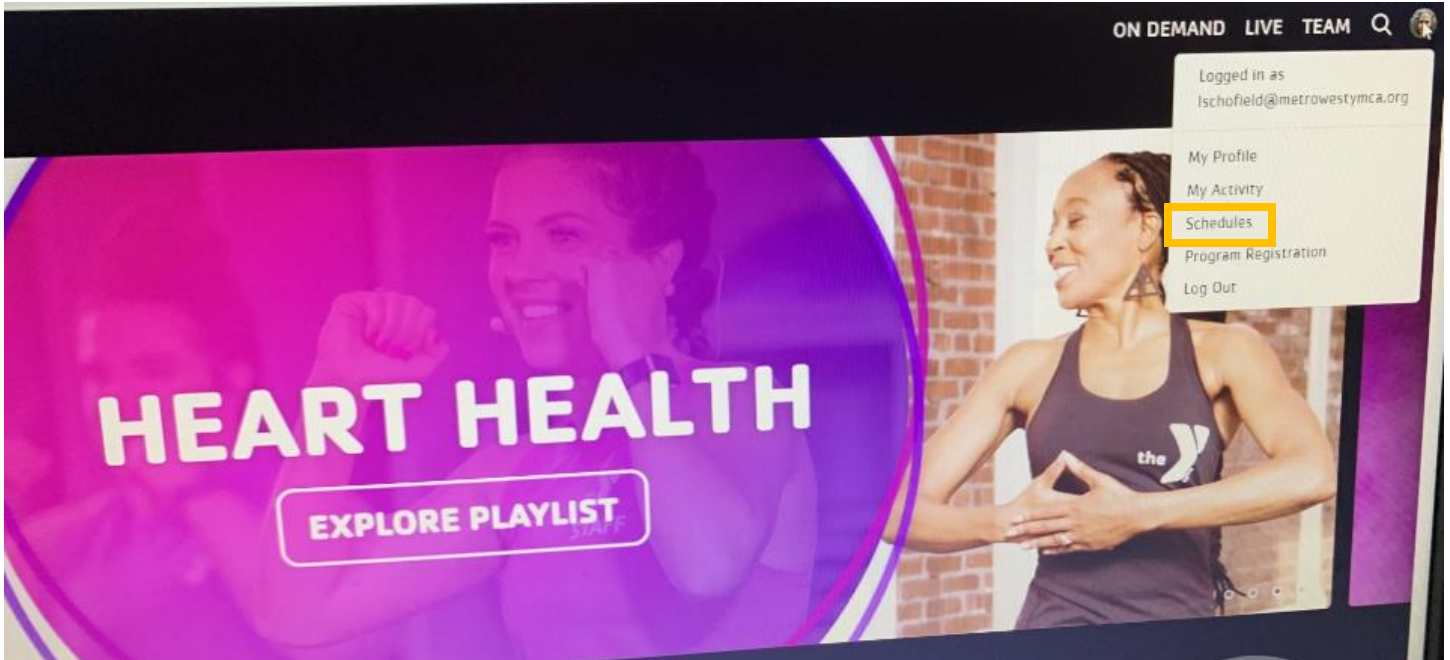


Y360
MEMBER EXPERIENCE

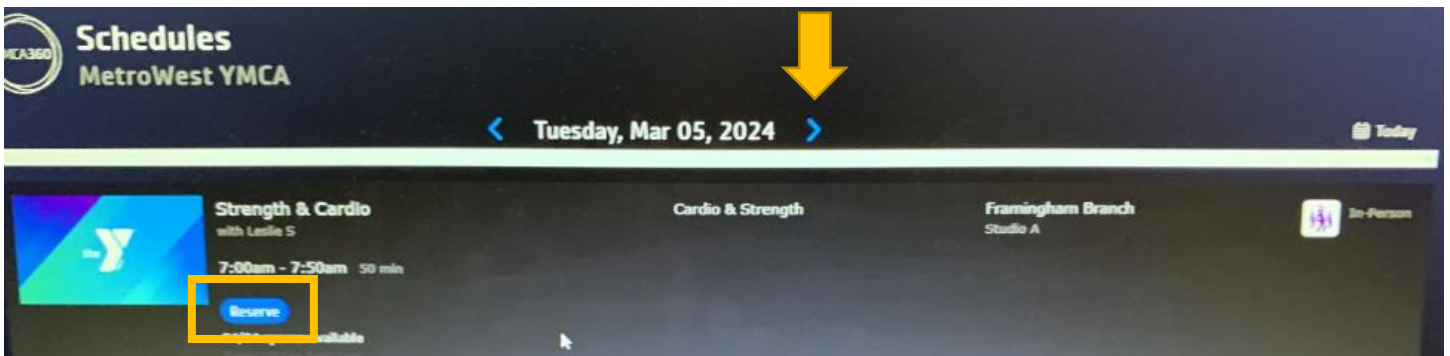
How to reserve a spot in class from a computer.

Website www.ymca360.org

Once logged into YMCA360 go to your menu icon in the top right corner → Schedules



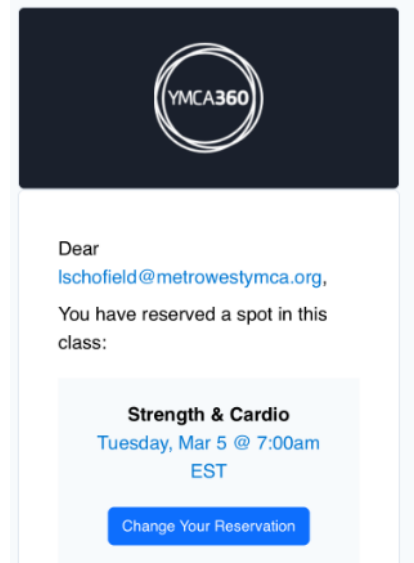
Reservations open 48 hours before your class start time. Use the arrows at the top to find the day of your class. Select RESERVE for the class you want to attend.



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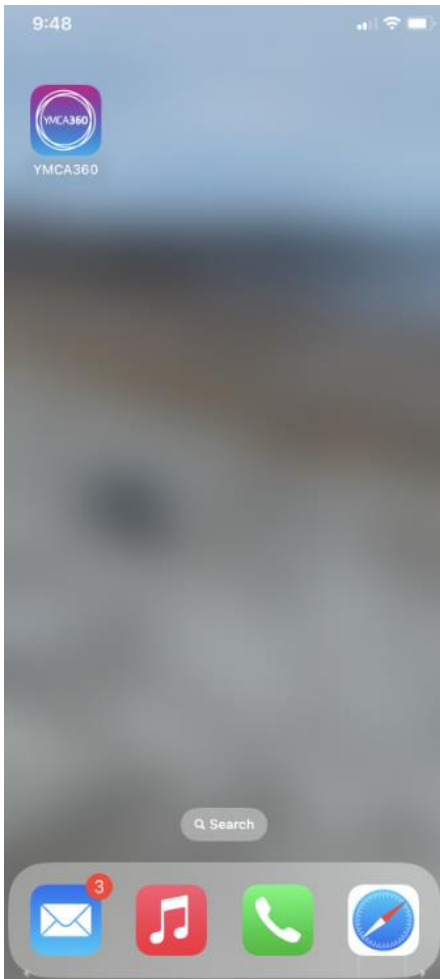
Once your spot is reserved, you will receive a confirmation e-mail like this one. And when you look the class up again it would say CANCEL, indicating you have a spot reserved.



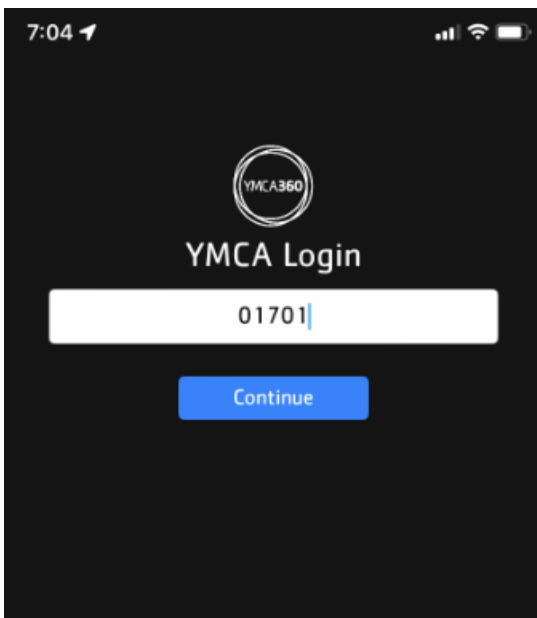
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How to sign-up from the YMCA360 app.

Go to your app store and download YMCA360.



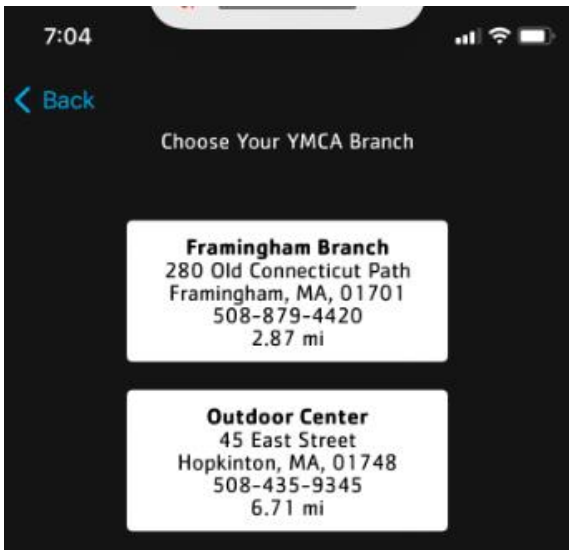
Enter Framingham zip code: 01701.



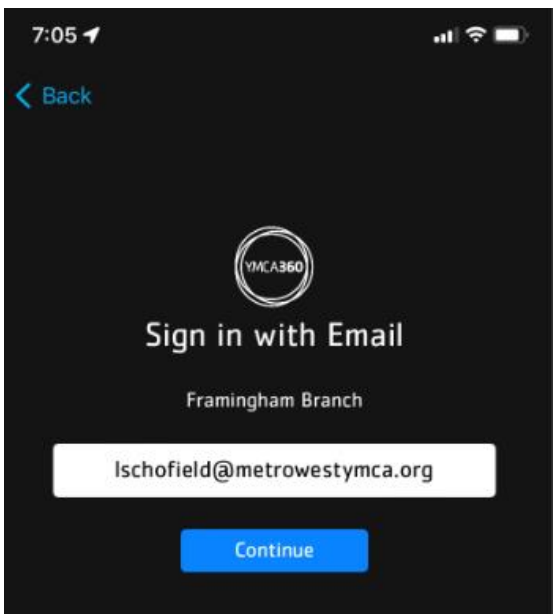
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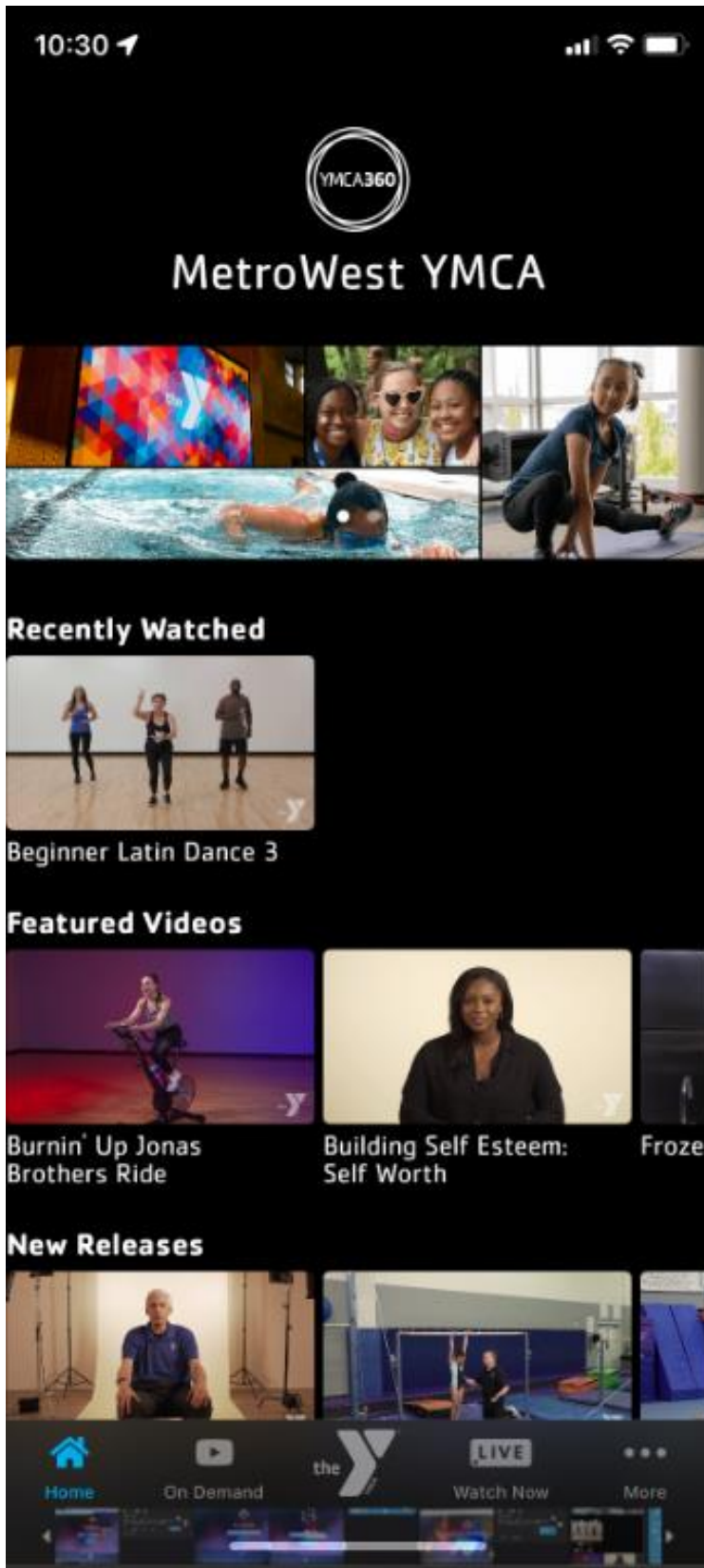
Choose your branch: Framingham.



Enter your e-mail address.



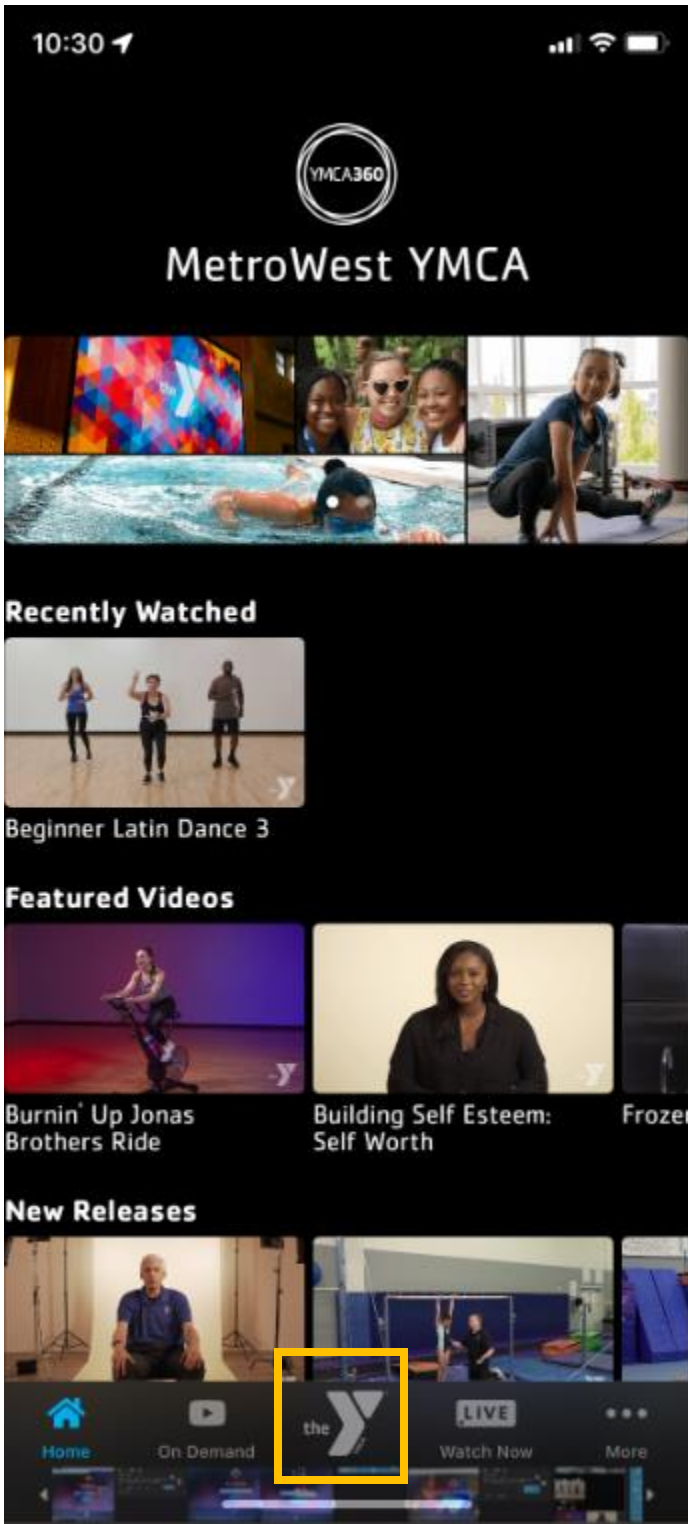
Y360
MEMBER EXPERIENCE
You will receive a verification code via e-mail. Enter it in the app and the you're in! **Welcome to YMCA360 via the app.**



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MEMBER EXPERIENCE

How to reserve a spot in class from the YMCA360 app.

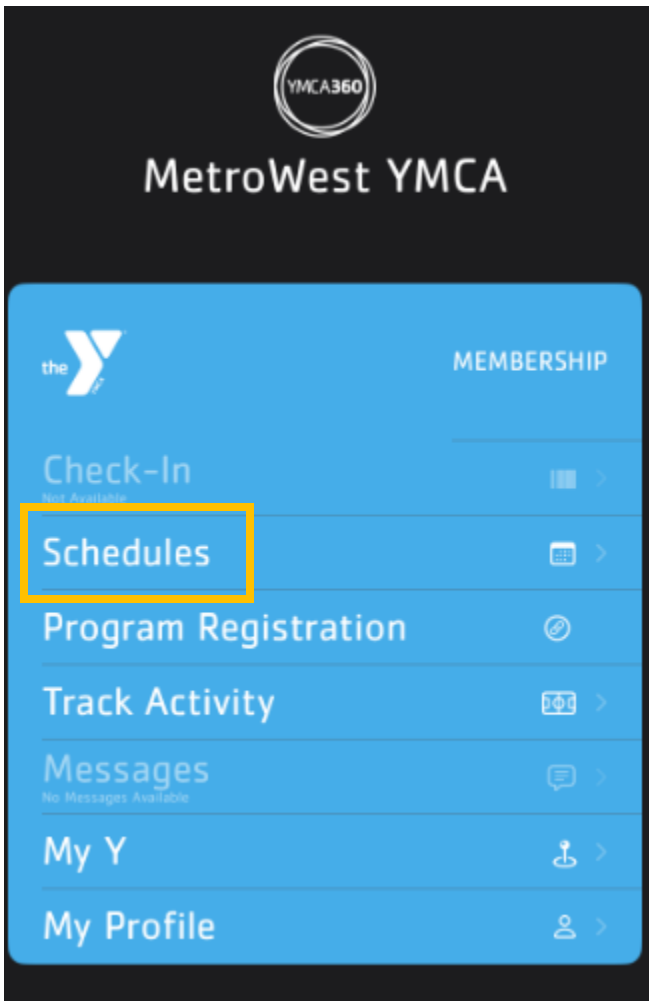
In the app, go to the Y logo (bottom middle).



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Reservations open 48 hours before your class start time. Select **SCHEDULES**.



Select schedule type.



Group Exercise = free drop in classes like Senior Fitness, Yoga, Zumba, and Group Power.

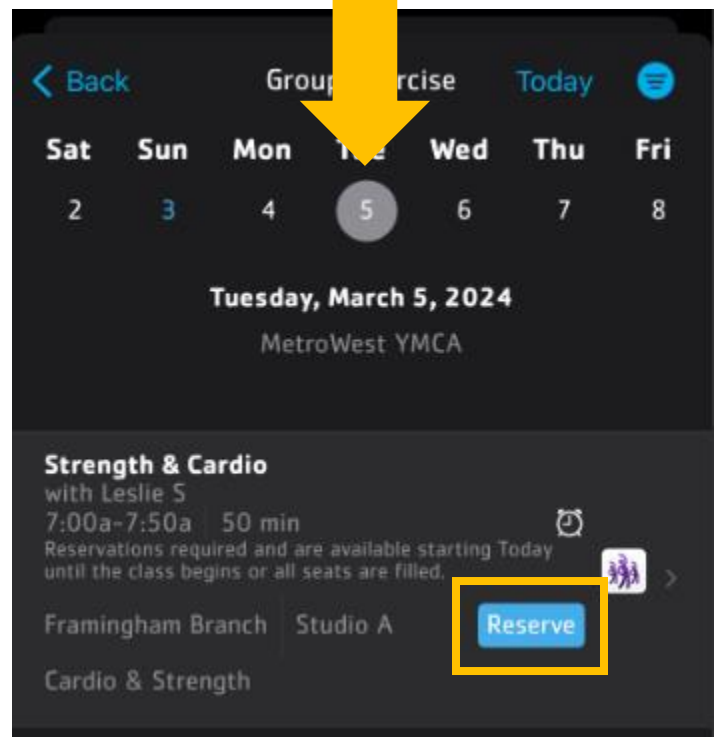
Small Group Training = FT and Equipment Fittings

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The app will default to the current day. Use the calendar at the top to find the day you are looking to take a class. Select the day, find your class, and hit RESERVE.

It will automatically change RESERVE to CANCEL RESERVATION when you have a spot reserved. You will also receive a confirmation e-mail.



Group Exercise Today

Sat Sun Mon Tue Wed Thu Fri

2 3 4 5 6 7 8

Tuesday, March 5, 2024
MetroWest YMCA

Strength & Cardio
with Leslie S
7:00a-7:50a 50 min

Reservations required and are available starting Today until the class begins or all seats are filled.

Framingham Branch Studio A **Cancel Reservation**

Cardio & Strength



Dear Ischofield@metrowestymca.org,
You have reserved a spot in this class:

Strength & Cardio
Tuesday, Mar 5 @ 7:00am
EST

Change Your Reservation